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# Legiate Challenge

Tacoma Community College Vol. IX No. 6, November 9, 1973

## GRCC offers free winterim

While you're watching the snow fall this winter, feeling sorry for yourself, and drinking hot chocolate by the fire, you might consider furthering your education or interests during the December quarter break.

A "Winterim" program, a new concept for community colleges, will begin Dec. 13th at Green River College in Auburn, continuing through Dec. 29th.

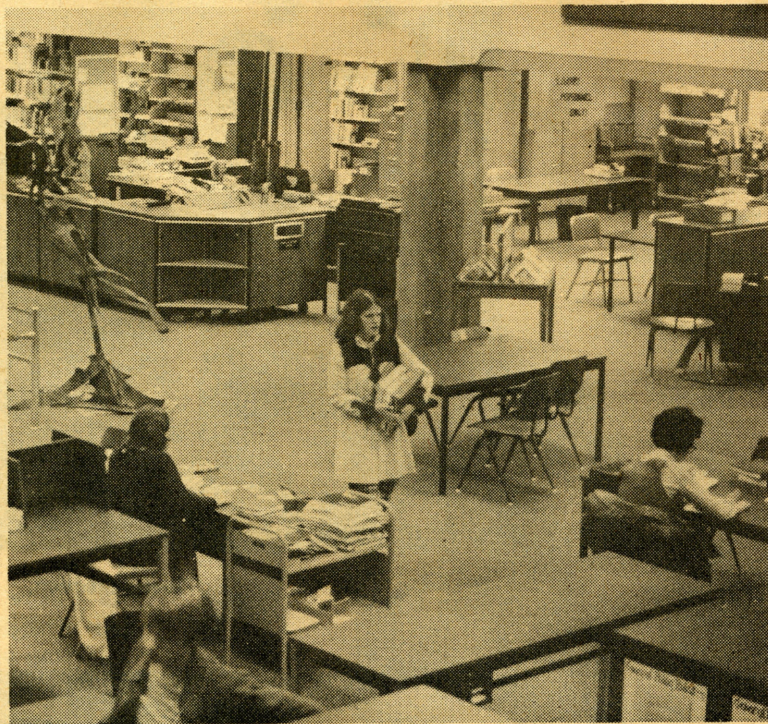
Before confirmation of the program rumors were circulating that it was entirely "free," and was the only one of its kind at any community college in this state.

In answer to the first rumor, the Continuing Education Office at Green River revealed that any student from any school who is currently registered for this fall quarter would be able to attend the "winterim" in conjunction with his previously paid normal quarter fees. In answer to the second rumor, the same office confirmed that this is the first program of its kind for community colleges in this area.

Information regarding this program can be obtained by contacting the Continuing Education Office or the registrar's office at Green River, at 833-9111, ext. 249.

A list of courses not tentatively being offered include Natural Sciences, History, Independent studies, Journalism, Political Science, Transportation, Winter Mountaineering, Library, Management, Ceramics, Music, Speech, Math, Health Ed., Philosophy, Technical, and P.E., to name a few.

Registration for this program begins at Green River November 12th.



TCC's resource center is more than just a bookroom. It is a TV studio, a listening laboratory, and much more.



photo by Mark Matthies

## Resource center offers diverse education and leisure activities

by Cindy Folven

A new broadcasting studio, two unused television studios, and a telephone that ties into a computer named Chester, are just a few of the materials offered by T.C.C.'s Library and Resource center.

KTCC news is broadcast every weekday at 10:50 and 11:50 a.m. plus 8:10 a.m. Monday through Thursday on channel six. The station's two broadcasters; Claudia Barnes, faculty advisor, and student Mark Matthies, have plans to create more interest in their broadcast. With nothing definite yet, there are thoughts of on-location shooting and featuring more interest rousing programs. Channel Six is on a closed circuit network and can only be seen at TCC.

### Unused studios

Next to the newsroom are two "unused" studios. Unused that is for their proper service. Currently movies are shown in them for various classes on campus. Originally set up to produce movies and television programs, the studios were left incomplete through lack of funds. The equipment they have is being used, for the most part, by KTCC news plus the speech and drama classes. Ernest Anderson, head of the audio visual department says of the studios, "There will be no change unless there are expenditures." There is little hope for the studios being completed in the near future. Besides, the broadcasting outfit and studios, the audiovisual department offers films, records, microfilms, and a viewing machine.

The Listening Language lab is also located in the Resource Center. Here one may find a telephone that is connected to a computer in Bellevue, named Chester. Through this phone, a student can hear lectures on foreign languages, medical

reports, special news conferences, Henry Kissinger's latest speeches, and reports on the middle East. For the student who just wants to relax there are comedy routines by Bob Newhart and many others.

### Touch tone

But this phone is not the only way to reach Chester. If you have a touch tone phone you can reach Chester from home, and get the same programs as you can get at T.C.C. Instructions on how to go about this are in the Language/Listening lab.

Besides Chester the Lab has a variety of services, such as an individual film strip viewer known as the Du-Kane machine. By putting in a filmstrip and a cassette and putting on headphones you have your own private teaching machine. Currently the Viewer is only used to show nursing films, as no other types of filmstrips are being stocked for it. Music, anything from classical to jazz to rock can be heard along with recordings of plays, poems, skill development lessons and foreign languages. An added feature of the lab is the lectures recorded there. Many of T.C.C.'s own instructors record their lectures and students may go in and listen to a lecture they may have missed.

### Also classes

In addition to these there are several classes within the building such as speech, foreign languages and study skills. The Ethnic Center is also located here.

Then, taking up about half of the building there is the library itself. It offers books, magazines, newspapers and a quiet place to study. The front hall of the building is taken up by "cubby hole" desks that allow students to sit and talk, study, or read or just watch the people go by.

## Income Tax defeated

## Voter turnout good; several races decided by absentee vote

by Jean Cyr

Voter turnout for the General Election held Nov. 6 was just slightly above the 100,000 predicted by Pierce County Auditor Dick Greco. The actual count is 103,000 with 7,000 absentee ballots still to be counted.

This percentage is more encouraging than the very low interest shown in the primary elections. HJR 37 and Referendum Measure 36 were largely responsible for generating the interest that turned out over 50 percent of the registered voters.

The voter opinion that defeated both of these measures also determined the outcome of the other issues on the ballot and the city government positions.

### Pry 19

Referendum Measure 36, minimum age drinking law, still could be decided favorable when the extraordinarily large number of absentee ballots are counted. Seldom does the trend of the absentee vote differ substantially from the established trend; however, since a substantial number of these ballots are from students away at school, it may make a difference. At latest count the measure was lagging by only

2,000 votes.

Some of the positions for city council and the race for Port Commissioner may be decided by the absentee ballot count also. City council position 4, between Nels Nelson and Ruth Kors, is a closely contested race that can only be decided by a total count of all the absentees. Park Board Position 2, between Frank Jacobs and Lillian Babbitt, is also very close, as is the outcome of the race for School Board between Rev. Brazill and Adele Durkin.

### Cotten leads

The Port Commissioner race, with the votes being divided amongst 12 candidates, has the incumbent Cotten leading, followed by Gelman and McGavick. This race too will be finally decided only on completion of the absentee count.

Incumbent Mayor Gordon Johnston, a moderate progressive candidate, won easily over his conservative opponent George Nalley to give Johnston his second term of mayoral duties to perform.

The other positions for city council were concluded as follows: Sonntag over Wells for Pos. 1; Warnick over Petrarca

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# 'Gamma Rays' zap audience Nov. 12-17

by Larry Manning

While the rest of the campus is quietly engaged in evening classes, TCC's theater may be the most active building around. Teacher — actor — director Chuck Cline has his thespians hard at work on another fine production.

The full title is long and a little confusing: The Effect of Gamma Rays on Man-in-the-Moon Marigolds.

"Gamma Rays" will be presented Nov. 12-17 in the TCC theater. Curtain time is 8 p.m. For box office information call LO 4-7200, ext. 398 from 1 to 4 p.m. weekdays.

### Moving

Paul Zindel, a promising new playwright, has made "Gamma Rays" a play that's guaranteed to move you. The mother (Kathy Keck) hates the world and her children. Her quiet, plain daughter Tillie (Jan Schossow) is doing an experiment on marigolds for school but runs into difficulty with her tyrannical mother and her dominating sister (Marti beth Lloid) who often goes into emotional convulsions. Valerie Groom plays an invalid who burdens the home with her need for constant care. Sarah Ritter plays Tillie's competition in a science fair at the school. The characters are all different and unique as they seem to be the simple marigolds affected by the mother's gamma rays. They will sometimes make you laugh and more often make you cry but most important of all, they will move you.

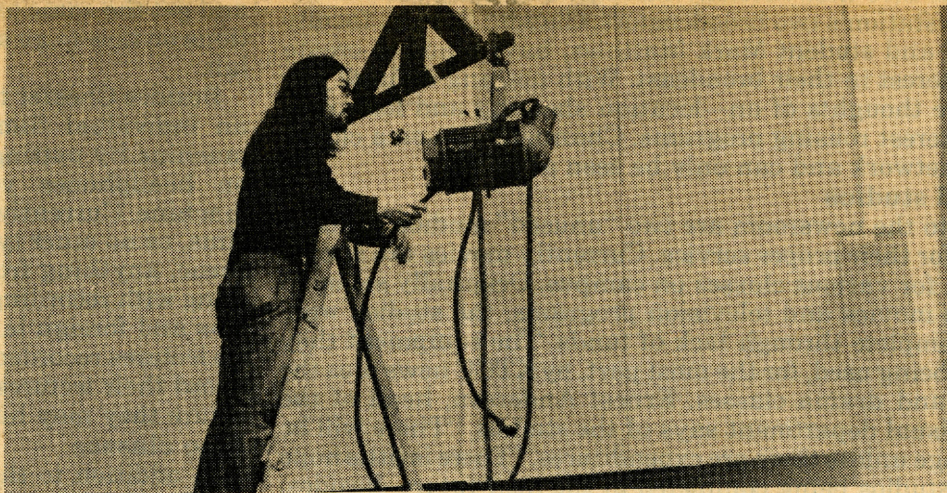
A fine theater production requires . . .



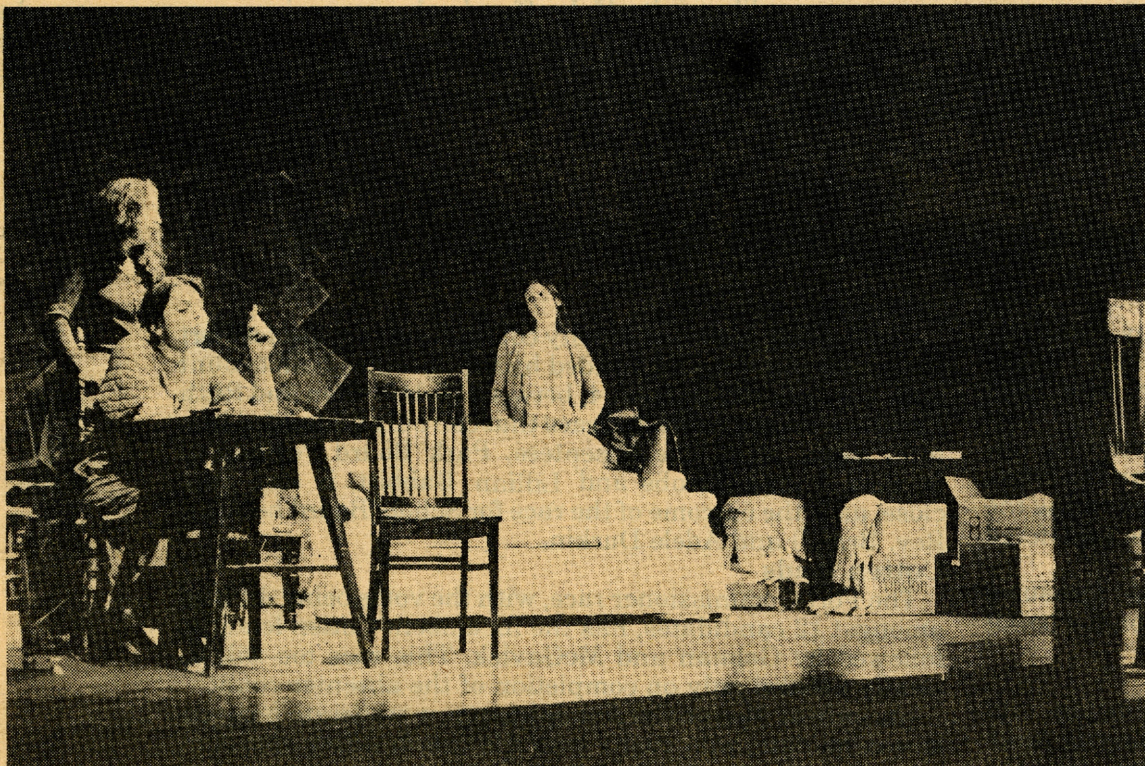
Stern direction,



appropriate sound effects,



dramatic lighting,



photos by Tom Pantley

and inspired performers. These elements will all be a part of 'The Effects of Gamma Rays on the Man-Moon Marigolds', Nov. 12-17, at the Little Theatre.

The play is co-sponsored by Foss High School and a portion of the proceeds will go to the Foss Drama Dept.

"Gamma Rays" will be an official entry in the American College Theater Festival which will be held in Pullman, Washington next February. Plays from Washington, Idaho, Oregon and Northern California will participate in the contest. Director Cline feels "Gamma Rays" has an excellent chance winning a place at the festival.

### Strive for precision

Working nights, the company has been striving for exact precision to the sounds of, "Louder!, More feeling!", and "If you don't do it right we'll do it over." Director Cline insists that getting into character is the most important part of any performance and he stresses this point constantly. As the actors discipline themselves to forget who they are and concentrate on being someone else, a strange transformation takes place; they become the characters they intend to play.

Most of the focus during a rehearsal is of course on the actors, but a look at the stage proves there is lots of work done outside of rehearsal time. Props, backgrounds, lighting, sound effects; all of these and a horde of other minor details go into a rehearsal before the actors even arrive. Unity and proportion are the keys to a fine production and this year's fall play has the potential to be an outstanding one. Don't miss this one, it will "zap" you!

# happenings

## Secretaries trained by Munson

There will be a meeting for all students in the Receptionist Clerk Program on Friday, Nov. 16, at 12 noon in Building 10 room 3. Any student who is not officially enrolled in the program but who is interested is invited to attend. It is a required meeting for those in the program. For further information contact Miss Munson, Building 20, room 42, ext. 298.

## Marvin now a movie

"The King of Marvin Gardens" will be presented at 8 p.m. on Nov. 30 in the TCC Little Theatre. The nationally acclaimed film by Bob Rafelson features Jack Nicholson who rose to fame in EASY RIDER, FIVE EASY PIECES, and CARNAL KNOWLEDGE. "The King of Marvin Gardens" was premiered at the 1972 film New York Film Festival and proved to be the most controversial film at the festival.

## Swiss tours opened to students

Swissair, the Switzerland airline is offering, in coordination with the European Student Travel Center Ltd. and Swiss Student Travel Service, an array of one week ski tour packages at well known Swiss winter sports centers.

The tours are open to anyone between 12 and 24 years of age. Departures are scheduled from New York's Kennedy International Airport every Friday from December 14, 1973, to April 19, 1974. For further information contact: Swissair 608 Fifth Avenue, The Swiss Center, New York, N.Y. 10020 Telephone 212-262-2047.

## Abundance to fill screens

"American Age of Abundance," a film depicting the age of automation as seen by British T.V. will be presented today at noon in building 15 room 1.

## Kenney works on exhibit

Leo Kenney, a leading Northwest artist, will be saluted by the Seattle Art Museum with a retrospective exhibition of his works. The exhibition will be open to the public from Saturday, Nov. 3 through December 16 in the South galleries of the Museum in Volunteer Park.

## TCC headed for tuition raise

Earlier this quarter, a possible raise in tuition in all Washington State colleges was disclosed to the statewide community college association and the Council of Representatives and Presidents.

At a subsequent meeting of CORP, all the members protested the proposed raise and began a plan of action to oppose the raise in tuition.

"In California, community colleges are free," said Judy Gomez, Tacoma Community College President.

"The purpose of a community college is to offer education to a wide variety of people—many of whom simply cannot afford a raise in tuition fees," she said.

All of the CORP members planned to go to the meeting of the Council of Higher Education which was held at Western Washington College. Representatives from TCC didn't attend because of the strike situation at that time.

Others of the CORP group attended and expressed their feelings on the proposal being presented to the state legislature by the council of Higher Education to raise the fee from \$83 to \$96 as a maximum charge for 15 hours or more.

"There are several proposals that have been written concerning tuition raises," Judy warned. "This is the one we are dealing with right now. There are many avenues from where such a proposal as this one can come. This is only a first step toward future raises," she explained.

Judy advised concerned students to make their feelings known to their legislators. She also suggested that students make any objections known to the student government and veterans representatives so they, in turn, can make those feelings known to the legislature and Council of Higher Education.

Names and addresses of these are available at the student government offices.

# VISP aid people with social work

by Jean Cyr

Go through the main door of building 15 on TCC's campus, turn right at the Xerox machine, and you're at the colorfully lettered door of the Volunteers In Support of the People (VISP).

VISP is an exciting program of case-work. It is not an established class room situation but is rather community involvement to gain experience in social service work.

Students may receive 5 credits for the course which involves 60 hours of volunteer work under a caseworker. Anyone interested, on or off campus, will be interviewed for acceptance. An introductory course, 1 hour a day for a week, is provided for orientation.

VISP's coordinator, Elizabeth (Betty) Fritz's enthusiasm for the variety of services offered the community is contagious. "It is an opportunity to work with kids in all areas of Tacoma. There are service programs on the East side, Sixth Ave., and Hilltop. The areas served will eventually be expanded to include Spanaway and Parkland," Betty said.

A wide range of services are given to these areas. Tutoring offered to the Tacoma Area Children (TAC), on a one to one basis is a project at Hilltop. The Tacoma Police Department needs volunteers for juvenile probation work. Marjorie Windus, a community liaison worker at the state level distributes a list of many organizations in need of volunteer work every two weeks.

VISP is also a counseling and referral agency for drug and alcohol problems, family planning, career orientation and for information on travel.

"By far the most attractive aspect of VISP is the case working," Betty said. "You can



photo by Tom Pantley

Betty Fritz

get really involved with kids. Not just tutoring them, but more like a big brother or sister relationship. It gives you the opportunity to be involved with their lives and maybe help shape their future. The kids can share part of your life, too. It's an easier rapport between the kids and someone closer to their own age," commented Betty.

VISP gives support to the people whether they be students of the college or part of the community. Because of their close association with community agencies this organization seems most qualified for this service. The colorfully lettered VISP door is the proper place to come to help — or for help.

**CONNER THEATRES**

**RIALTO**  
Jim: 5:45-9:20 Blues 7:45  
"JIMI HENDRIX"  
Plus Jane Fonda & D. Sutherland  
in "STEELYARD BLUES"

**NARROWS**  
Santee 6:00-9:35 Racer 7:50  
Glen Ford in  
"SANTEE"  
Plus Robert Redford in  
The Best Ski Film "Downhill Racer"

**TEMPLE**  
Big Man 8:55 Horse 6:45  
2 Giants Together  
"LITTLE BIG MAN" a  
"A MAN CALLED HORSE"  
Starring Dustin Hoffman and  
Richard Harris

# happenings

## Swarthout slates secret session

Former TCC Political Science instructor, John Swarthout will be on campus Monday, Nov. 12. He can be contacted at Mike Avey's office in Building 20.

## Meditator to lecture

John Jarvis, National Director of the Students' International Meditation Society will give a public introductory lecture on the technique of Transcendental Meditation at 8 p.m. on Thursday, Nov. 15 at the Olympic Hotel in Seattle.

## Thanksgiving drive sponsored by BSU

The Black Student Union's annual Thanksgiving Food drive is being held from now until Thanksgiving. Students and people from the surrounding community are asked to help by giving donations of food, toys and money. Any donation can be brought to the OBI office in Building 18 room 6; food containers will be placed around campus. For further information call the OBI office or Mr. Greg Cook ext. 251 or 252.

## School extension proposed

Students voted 60 percent in favor of the Students Educational Rights Group (S.E.R.G.) proposal for a three day extension of fall quarter, November 1. Over 850 students voted on the proposal which was distributed to most 10 o'clock classes.

S.E.R.G. members hope that the show of students support will persuade Dr. Ford to extend the quarter. He previously refused to do so, he said, because of student opposition extension.

If Ford does not extend the quarter, members of S.E.R.G. said, legal action may be taken to get a reimbursement from T.C.C. for the nine days lost because of the strike.

## Collegiate Challenge Classifieds

NEED MONEY:  
Holley Spreadbore 750 cfm with dbi intake fitting. Used 6 mos. \$60  
Two 8 x 15 Chev wheels with exstudded tires \$60  
3 Leghorn pullets 11 weeks. Will lay in Jan.  
Dr. Tuttle, Bldg. 20

WANT yellow (golden) Lab pup. If you know of any for sale or a litter that will be ready before Christmas see Penny in the Snack Bar, Bldg. 15.

FOR SALE: 72/Ford Mustand. Clean, excellent condition, like new. 26,000 miles. \$2,500. Call Mrs. Statler, Admissions and Records, ext. 621, or call SK 2-1153 and ask for Riley Montgomery.

TRADE books, magazines and records — 1/2 price! SWAN'S 1335 Commerce MA 7-3028.

## Pollution control still an issue in Tacoma

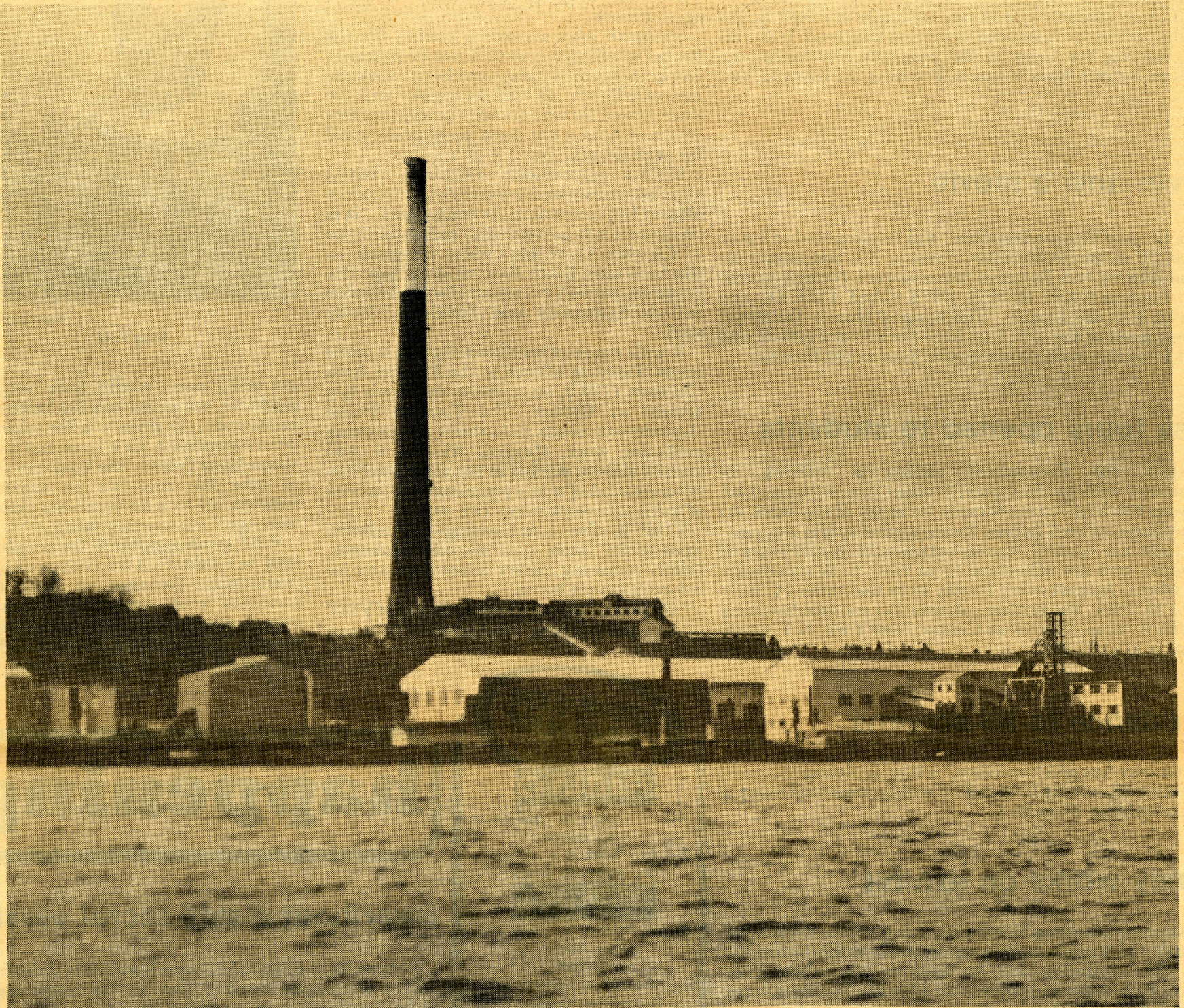


photo by Tom Pantley

by Cindy Folven

In 1905, Dr. Harold Des Voeux, London physicist, combined the words smoke and fog to come up with a brand new word. The word was smog and it is now known in almost every city in America, including Tacoma.

Here smog has always meant a "rotten-egg" smell and a haze over the city. Now due to the efforts of the Pollution Control Hearing board and the Puget Sound Air Pollution Control Agency the haze has begun to lift.

### Deadlines near

Almost every business in Tacoma has been made to install emission control devices and the smelter and St. Regis are both under deadlines to complete their pollution controls.

St Regis claims to be having no problems meeting their deadlines. In fact, according to Carlos Henry, production assistant, they are as much as a year ahead of schedule.

"I feel," said Mr. Henry, "we're probably the cleanest pulp mill in the northwest, as far as pollution is concerned."

One of the pulp mill's problems is the 120 thousand pounds of dissolved solids they dump into Puget Sound waters, claiming

no harm is done to marine life. A costly secondary system to test and restore oxygen levels in the water may be ordered upon them. The money for such a system, warns Henry, would come from the taxpayers.

St. Regis has, through their new furnace, managed to bring down particle emissions from 6,000 to some 1,200 to 1,500 pounds per day. They have spent some \$250,000,000 on water cleanup and two million elsewhere on pollution control in the past five years. New equipment which has been brought in has resulted in reducing small emissions caused by corroded machines. The machines, especially the boilers, must be replaced every 25 to 30 years at a cost of 10 to 11 million dollars, because of corrosion.

The only problem St. Regis cannot seem to solve is the rotten-egg smell. "There's no way you'll ever be able to completely eliminate the odor. But," Henry added, "we're people too and we don't like the smell either."

### Different problems

The smelter's problems are different. Their largest problem is, and always has been since their opening in 1917, the controlling of sulfur dioxide emissions. The

plant's newest control device is a liquid sulfuric oxide plant, to be completed in January of next year. This plant will take 51% of the sulfur out of the emissions. But this will still not comply with the PSAPCA's standards of 90%. This deadline must be met by December 31, 1976. Asked how they were going to meet this deadline Robert Welsh, meteorologist for the smelter, said, "That is an unknown factor at this time."

There have been several solutions offered but because of location, economics, and the power shortage all are apparently unfeasible at this time.

The smelter claims, however, to be well within the bonds set by the PSAPCA and their particulate emissions are 99 percent controlled. They say that, with every other company in Tacoma, they are doing their best to comply with the regulations set out for them. Because of these actions, in 1972 pollutant emissions were reduced by approximately 7,667 tons per year and sulfur oxides were reduced by more than 1,650 tons per year. According to the smelter, emission reductions since July 1, 1967 stand at more than 40,000 tons per year.

**Do they exist****"I believe in UFO's because I have seen one"**

by Kerry Gade

Unidentified Flying Objects (UFO's) are one of the most talked-about and least understood subjects in the world today. Many people take their presence seriously, unlike the attitudes of the early 1900's. But when people started turning in false reports of sightings and the Air Force was sent to investigate each one, the government decided to lead the public away from the strange phenomena by stating that the government and the military were ceasing their investigations on lack of evidence. Unlike the attitudes of the early 1900's. Much research has been done on the subject, and even the government admitted their presence in the early 1960's. But when people started turning in false reports of sightings and the Air Force was sent to investigate each one, the government decided to lead the public away from the strange phenomena by stating that the government and the military were ceasing their investigations on lack of evidence.

The number of sightings are fewer than before but there are still people who report space ships landing in their back yards, people being chased down roads or highways by "flying saucers."

Even though there are several false reports per day throughout the country, there are also sightings that do, in fact, check out when investigated.

I am a firm believer in UFO's, simply because I have seen one. Many of my friends say that what I saw was not a flying saucer, but a low-flying jet or airplane. I say it was neither.

It was about 9 p.m. one night last summer and I was in my room working on a short story when I noticed, out of the corner of my eye, a large, glowing white mass falling toward the earth at a tremendous speed. I got up from my desk and went to my window, watching it fall. It disappeared from sight into a gully about 300 yards behind our home. I could see a bright glow in the air around the strange craft as I looked in its direction.

My brother then burst into the room and told me that he'd seen it also. We watched it for about an hour and went back to our work.

The next morning I went to see it, only to discover that it was gone. If it had been a meteorite that I had seen, it would still have been there the next morning.

There have been books published on the subject of UFO's, which are very excellent reading. "The Sky People" by Brinsley Le Poer Trench is written proof that extra-terrestrial beings have visited our planet for millions of years and that they are among us now. "Gods From Outer Space" by Erich Von Daniken, again proof that extra-terrestrial beings are among us and have visited us in the past. Truly an outstanding book is "UFO's: The Whole Story" by Coral and Jim Lorenzen, a book of recorded incidents involving UFO's. All three books are illustrated.

**Voters turnout - treck wins**

continued from page 1

for Pos. 3; Incumbent Egan over Smith (Hardwick) for Pos. 2; and Hudson over Howell for Pos. 5.

**Anderson unopposed**

Sylvia Johnson, candidate for the Civil Service Board, was defeated by Taillon; "Big John" Anderson was unopposed for Pos. 1 on the School Board, and Brachtenback easily outdistanced Sawyer in votes for the seat on the Supreme Court.

Initiative 282 which calls for a limit to executive and legislative pay-hikes was overwhelmingly approved. The voters also found nothing objectionable about creative license plates. The rest of the measures on the ballot, mostly concerning the taxpayer's money were defeated.

The exception to that, however, is Northwest Trek. The voters approved the idea of a wildlife park preserve in this area. The money source for complete funding will have to be decided later.

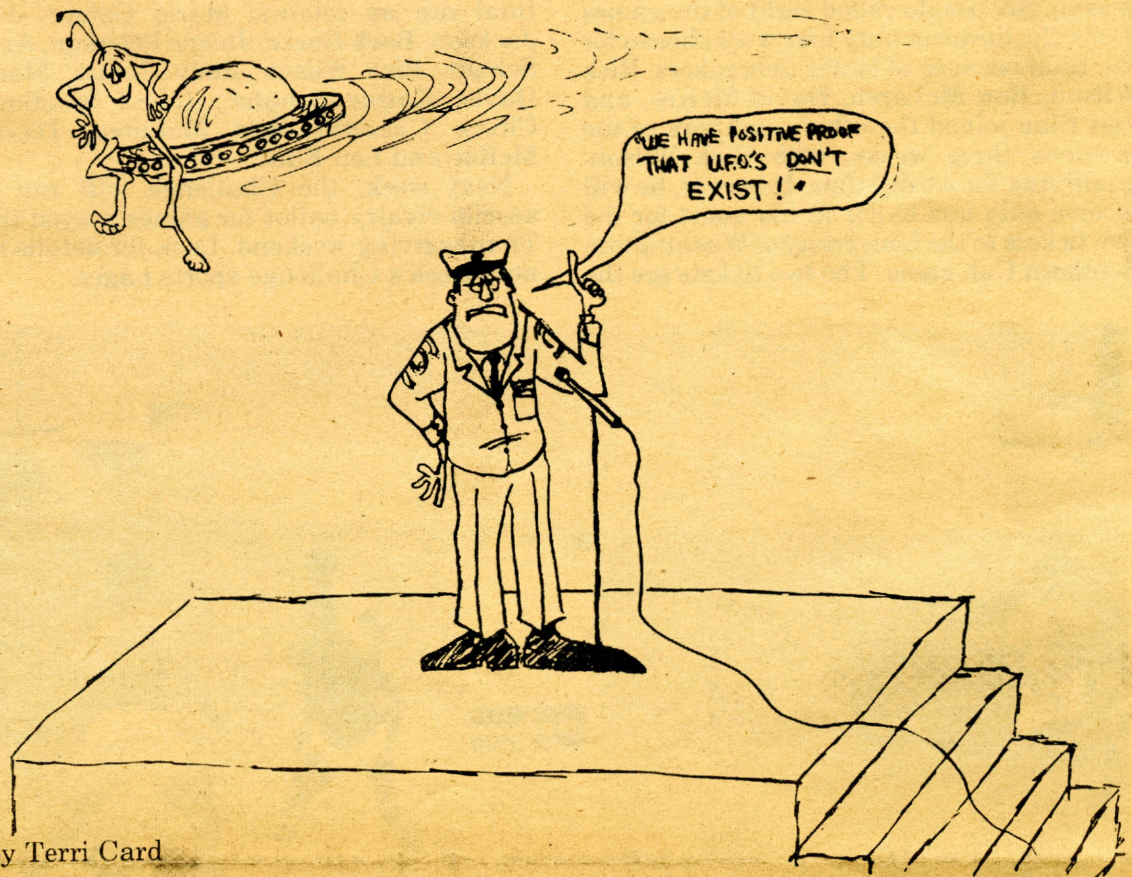
When all the statistics are in, it will be interesting to note what percentage of the 18-21-year-olds voted or even bothered to register.

All the candidates that have won or are leading were the choices of the Tacoma Municipal League.

Many times I have been asked by friends: Who are the Three Men in Black? Where do they come from? I will try to answer these and put the questions to rest.

The Three Men in Black have never been photographed. So no one really knows who they are. They are known to have killed people who have done extensive research on the subject of UFO's. They wear black trenchcoats and black hats (this is the most accurate description that anyone has ever

the subject of UFO's, died of an apparent "heart attack" while on his way to attend a meeting in Washington D.C. This meeting was on the subject of UFO's and Frank Edwards was to be the head speaker. One hour before he died the chairman of the meeting received a long distance call stating that Frank Edwards would die on his way to the meeting. Everyone scoffed at this absurd telephone call. Two hours passed. Frank Edwards had not arrived. There was



by Terri Card

been able to give) and always seem to know when someone is getting close to the truth. I have often wondered what there really is to hide.

One report tells of a man who had taken pictures of many flying saucers and had gathered much information on the subject. This information would have split the case wide open.

He put all his information and photos into a manila envelope, mailed it at the Post Office and went home. The next day there was a knock at the door. The man opened the door and there stood the Three Men in Black. They evidently told him something that frightened him because he never again spoke of UFO's. Some people think that he was told the truth about "flying saucers."

Frank Edwards, author of many books on

another phone call. This one affirmed Mr. Edwards' death.

The Three Men in Black are believed to be space travelers from the flying saucers everyone is seeing today. They DO exist, and so do Unidentified Flying Objects. These UFO's are not some scientific experiment being carried on by some country on earth, but they are visitors from outer space. From another galaxy, another planet.

If you have any statements to make regarding this article or any questions you would like answered, please write them down and bring them to the COLLEGIATE CHALLENGE room, 15-18. Or if you have any questions you would like to ask me personally, I am available in the COLLEGIATE CHALLENGE room between 10 a.m. and 11 a.m.

**Nixon's the What?**

an unpaid political filler

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**In record response**

# Cuzzetto takes pigskin prize special ballot coming soon

The fourth and final week for qualification for the Challenge's Challenging Choices football forecast contest ended with a bang. A record 64 ballots were submitted, doubling the previous high of 32 set last week. The men once again turned out in greater numbers, as 50 male ballots were cast with 14 coming from the women's side.

Chuck Cuzzetto, of 1102 N. Jackson, was the only member of the entire conglomerate to correctly pick nine games. He missed only the Pacific Lutheran-Linfield game in which PLU lost their first game of the season. Six people called eight of the games correctly, however only four were chosen for the final because of better tiebreakers. Rick Wilson, Ron McLaren, David McKee, and Len Blau joined the other qualifiers of the previous three weeks, with Rick Wilson qualifying for a third time. However, he will receive only one ballot in his quest for the two tickets to the University of Washington-Southern Cal. game. The two tickets are the

grand prize for the final. Qualifiers for the final must return their ballots by noon today for games played this weekend.

The staff, with Challenge Editor Tom Pantley temporarily coming out of his season's long depression with six right this week, stayed fairly consistent with the average of six right. Sports Editor Tom Allen and Chief photographer Mark Malloy each lowered themselves down to Pantley's level also with only six corrections.

Next week the winner of the final will be announced. The fourteen qualifiers for the final are as follows: Mario Gomez, Joe Jackson, Barb Burke, Jolene Peterson, Ann Schadt, Rick Wilson, Judy Gomez, Mary Davis, Kathie Schafer, Robert Shadlow, Chuck Cuzzetto, Ron McLaren, David McKee and Len Blau.

Next week, the Challenge will run a special rivalry ballot for games played the Thanksgiving weekend. Look for details in next week's Challenge sports pages.



Challenging Choices winner, Chuck Cuzzetto, who picked up two dinners from The Old Spegetti Factory for his efforts last week.



Titans workout in preparation for their first seasonal encounter Nov. 23-25 in the Bellevue Tipoff, which TCC has captured the last three years.

## Mosied's cagers poised for Tip-Off

by Steve Erickson

Tacoma Community College's Titan quint, coached by Don Moseid are in the process of making ready their bid to take the fourth annual Tip-Off Tournament which would be their fourth in a row at the onset of the fourth week of practice.

As of now Coach Moseid feels the squad is really coming along pretty good. "The turnover of players in the community college ranks is overwhelming. It's so hard to keep any continuity in your lineup with people coming and going all the time," said Coach Moseid. "So all I can ask for this effort from the players."

The team has a total of 6 returnees to this years team. With them a fine nucleus should be shown, but incoming freshman make up the rest of the squad. A few of those

freshmen that have shined in practico date are, Dave Oliver, a 6-6 forward-center from New Orleans who Moseid points out could be a top rebounder, Maurice Cox a quick guard who can shoot very well from L.A., Mark Stricherz from Washington H.S. that made All-Puget Sound League guard, Joe Webb the other starting guard on the All-Puget Sound League out of Federal Way, and 5-8 guard Jim Harrison from Wilson.

Since practice had begun, however, Moseid thinks this years team has spent an awful lot of time on defense. Speaking of defense, he hopes that the loss of graduated guard Tommy Williams won't obstruct their play in that department. Moseid thinks that the offense will take care of itself, but defensively the team is going to be looking for a replacement and getting together.

## Bowling, archery invites interested students

The Tacoma Community College Bowling League has entered its second week of competition, and there still is plenty of room for interested bowlers to sign up for the Thursday encounters at Tower Lanes.

Last week, the selections of Karen Munson as president, Mark Waliser, secretary were made, and Advisor Phyllis Templin states the league is now becoming organized and the keglers are in the process of establishing their averages.

The league has been divided into six teams with two bowlers apiece, but since there is room for four to a team, about a dozen more people can still participate.

More members are also needed for the college bowling team, which has been invited to take part in a meet at

PLU on December 1. Five starters and one alternate will be taken to the meet, and those interested should get in touch with Mrs. Templin immediately the team's members can be determined.

Archery has also made its debut at TCC and with three returnees which fared well last year, placing one member second in the state, the team should be strong once again.

Turnouts are held on Mondays and Wednesdays in the gym, and anyone interested in shooting for just pleasure also are invited to participate.

A novice meet for those who haven't been in competition before, will be held at Shoreline on Nov. 30.

For further information on either bowling or archery, contact Mrs. Phyllis Templin ext. 382 in the girls gym office.

## Titan basketball special, Sonic interview - next issue

Next week, the Challenge will run a special basketball issue. Included in the features will be pictures of the Titan's 1973-74 squad plus individual shots and information on the players that will make up this year's team.

Also, a special Bellevue Tipoff Tournament article will appear as well as an article on the defending state champions, the Mount Hood Saints.

Sports Editor Tom Allen has arranged an interview with Seattle Supersonics' guard Dick Snyder Look for these and other stories in the November 16 issue of the Collegiate Challenge.

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# athletics

## Various sports offered in intramural program

by Steve Erickson

After overcoming difficulties beyond their control, the T.C.C. intramural program will finally get under way for the fall quarter starting tomorrow, November 10 from 11 a.m. to 3 p.m.

According to intramural director Jack Heinrich, the late start of this year's program arose from the recent strike at T.C.C., and money for it was not certain.

This year's program is open to both men and women of all ages with all gym facilities open and available for use. Equipment is also supplied, along with free towels, showers, and soap.

The different sports that can be participated in are basketball, volleyball, badminton, archery, fencing, weightlifting, or any interest shown in another activity.

Mr. Heinrich plans on a totally informal program for the remainder of this quarter the people participating on an individual basis. "I'd like to make it controlled and ran primarily by the students as much as possible with myself only having to advise and organize," said Heinrich.

The other intramural days are as follows, Nov. 17, Thanksgiving Vacation on the 23-24, Dec. 1, 8, 15, and in Christmas Vacation on the 26-29. Heinrich encourages participants to bring along friends to the programs and mentioned that sufficient interest towards a group of persons wanting tournaments, he would be more than happy to get the equipment and organize it, during either of the vacations.

If any questions about the intramural program arise, contact Jack Heinrich in building 10-17 or get in touch with student intramural leader Mark Stricherz.



Intramural director Jack Heinrich.



by Terri Card

## Titan Tipoff

### The jogging way

# "Run for your life" - a trail to health

by Tom Allen  
Sports Editor

Behold the jogger.

That rare species, who in either the still of the night or the early hours of dawn, gallops on a never ending trail to physical endurance and conditioning, all for the satisfaction of keeping in "shape".

But rare indeed is the jogger. In fact, only recently has the number increased to the extent of even being noticed. Only a few years back, people who were caught running down dark alleys at preposterous hours of the night were thought to be frenzied fools. It was considered an event of substantial significance when this rare oddity came running down your street, panting and puffing with exhaustion and fatigue, looking as if there were no tomorrow. Running to the verge of near collapse and doing it all for that one and hopefully lasting reward—physical fitness.

But for most Americans, jogging still is a non-existent way of life. The only source of exercise for a number of individuals is the weekly run from the TV set to the kitchen for a snack between halves on that extraordinarily long list of football games.

### Americans Lazy?

Be it any time of the year, most people are content to merely sit and let nature take its course, and many times the results are less than satisfying. Health problems, overweight, and sure exercise for the individual has caused the sport of jogging to increase in recent years, however.

The reasons vary.

"It's just a great way to health," said Dick Lewis, English teacher at TCC and a great believer in the art of jogging. "I don't run fast, but it is a steady pace. I average about two to three miles a night and run on an average of five nights a week."

"I look for physical fit guys to go out with," added student Patty Honan. "I only wish I could have more time to jog, but I do walk at a high rate of speed quite often."

Many times, the question of when is the best hour of the day to run arises.

"I feel it is very hard to run early in the morning," Dwight Mason explained. "It's probably because the body isn't totally awake yet."

Bob Schadt prefers to run on his way home from work. "I don't like to run through a park at night because it can get a little scary, but I will run about two miles a day on weekdays and two to five miles on the weekends," he pointed out. "I feel I can run forever at a snail's pace."

### Similar results

Jogging has a number of far-reaching goals when first ascended upon, but the final product is reached with striking similarities. Good health, a zest for life, and physical fitness are all the same as far as the benefits from regular jogging go.

Athletes many times rely on jogging or running more often than practicing for their actual sport in which they participate. Anyway this is the case at the very early stages of turnouts.

"I can't afford to get out of shape at my age," said tennis coach Harland Malyon. "Tennis requires year-round work. So, we run. I don't like to run, but through 2½ miles a day, wind sprints and the lifting of weights, the body is always loose and ready."

Some joggers run to overcome some physical handicap, such as breathing problems. Asthma can be cured through regular running as can the restoring of adequate breathing capacity after the individual has just kicked the smoking habit.

"I quit smoking last March," said TCC drama teacher Chuck Cline, and during the summer, my family and I all engaged in four to five mile jogging stints for about two weeks. I lost some weight and maintained a reasonable order to shape. We ran for the competition and the enjoyment of helping each other out."

### Obesity is principle reason

But for most of the standing population, jogging can serve but one purpose, the losing of that extra slack on your stomach, often times referred to as overweight.

"I basically run to lose weight and strengthen my left leg," Bob Schadt added. "I try to keep my weight down to 175, the perfect condition for myself."

"I used to run to lose weight," Tom Pantley, Challenge Editor explained. "I quit when my schedule became too crowded, but I would like to start again."

The life of a jogger is indeed a challenging one. Not only must he combat the neighbor's dog, but he must also absorb to the best of his ability, cracking remarks by adolescent onlookers. The jogger must face the toils of frequent rain, snow, wind, or hail storms. However, the devoted runner must go on regardless of the conditions.

Jogging is still a rare entity. But America is gradually reverting from an overweight, beer drinking society to one of physical fitness. Anyway statistics show a climb in that direction. But, for those who are still unbelievers in the jogging world, remember this overused phrase, "Try it, you just might like it."

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## Instructor has photo exhibit shown in library

by Jean Cyr

An inspiring exhibit of photography by Paul Clee, TCC English instructor, is on display in the campus library. The photographs explicitly illustrate the use of photography as a creative art form.

Clee's collection of photographs captures still life as well as landscape, and also includes a skillfully done portrait (one of two photographs Clee had on exhibit at the Puyallup Fair), which won an honorable mention.

### Art Form

Photography, as depicted in Clee's exhibit, is a great art form. Clee, who describes himself as a frustrated artist, claims "I can't draw worth a damn, and can't paint. I use photography as a medium of expression that I can control. By film tests and experimenting with different types of developer, I reduce it to a set of physical processes."

The photographic display is as moving as a collection done in oil or water color. Clee's

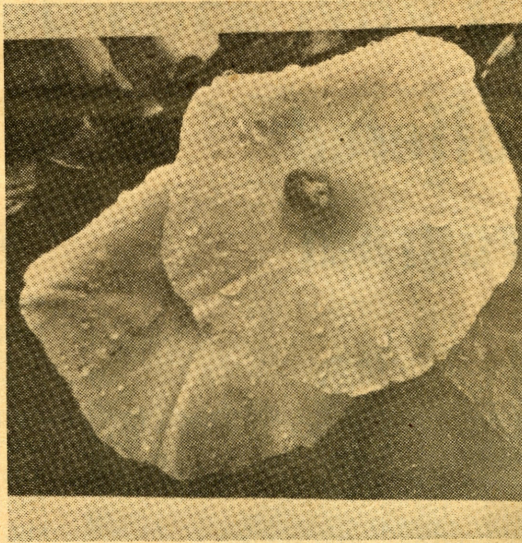


photo by Hap Newsem

Even as a picture of a picture of . . . Clee's exhibit exhibits beauty.

still life photographs of flora and fauna capture the beauty of dewy morning glories, the perfect detail of ferns and swamp grass, the lusciousness of plump, well-ripened tomatoes. They convey to the viewer much more than just an image.

### Cloud formation

A landscape that captures cloud formations over mountains in Eastern Washington appears as though the clouds are great streams of water from a geyser, spraying the landscape, and an austere portrait of barren trees reaching to the sky proves Clee's artistic ability with a camera.

Patient experimenting with reflections has resulted in his most exciting photographs. Reflections of cloud formations in a lake when still and again with a slight ripple create scenes comparable to contemporary art. It is up to the viewer to interpret the scenes.

### Basement darkroom

The photographs were taken with a 35mm Nikkormat camera and developed by Clee in his basement darkroom. They were all taken last summer, but Clee has been enjoying this hobby for five years, and taught a course in photography at TCC last spring.

It is not necessary for the viewer of this exhibit to have an interest in photography to become involved in the display—from the portrait through the reflections, landscapes, and still life photos; the viewer is left at the end of the collection with a photo of unbelievable peace. Taken at sunset, it gives the feeling of rest—the trees and lake utterly quiet and still—leaving the sky with the ever-present promise of change.

## GEOLOGY PHOTO CONTEST



Identify this Geologic feature of North west  
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1. The person who identifies the largest number of weekly photographs will win.
2. The most complete answer will win the weekly contest.
3. The answer must be in by noon on Friday.
4. In case of ties, a short runoff contest will be held.

### CONTEST RULES

- A. Identification of photographs of areas of the Pacific Northwest
- B. Weekly photographs for 8 weeks.
- C. Photograph will appear in the Colleague Challenge each week.
- D. Photograph will be posted in the display cabinet in the lobby of Building 10 (near room 10-1)
- E. Put your name, address, phone number, and your answer on a slip of paper and deposit in a box in Building 9.
- F. The prize will be a personal 8 x 10 portrait taken by Clee Photography.

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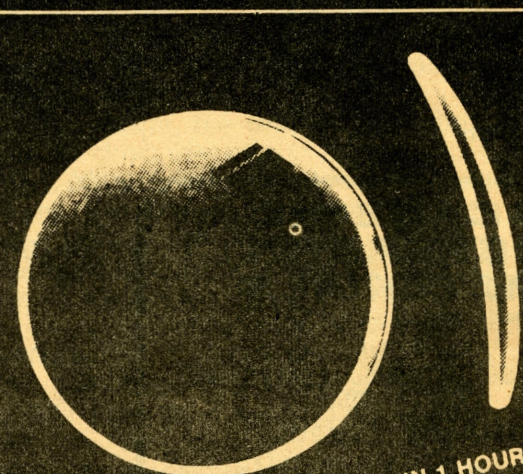
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