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COLLEGIATE CHALLENGE



# Challenge

March 14,  
1986

Tacoma Community College, Tacoma, Wa.

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## Auditions for a Lady

By BARBARA COHEN  
*Challenge Staff*

Auditions for the play "Lady from the Sea" by Ibsen will be held Wednesday, April 2 and Thursday, April 3 in the TCC Little Theatre.

The late Norwegian dramatist Henrik Ibsen was best known for the introduction of modern social problems into his plays.

"Lady from the Sea" deals with a woman in transition. Because she did not take care of business in the past it has come back to haunt her. As a result she is unable to find completion in herself, her husband or her

step-children. The play is about her journey to find herself.

Auditioners for the play should be 18 to 40 years of age. There will be roles for four females and three males, although one character could be male or female.

Special preparation is not necessary for the audition sessions. Persons wishing to audition should choose a monologue that shows dramatic skills or read a poem showing capabilities of handling good speech.

Rehearsals will be held Tuesday-Thursday evenings and on weekends in the TCC Little Theatre.

# TCC fights illiteracy

## Dial Center caters to special learning needs

By SHANNON SAUL  
*Managing Editor*

Did you know that 53.3 million people in the States have not completed high school, and that 21 million (or 20 percent) lack the basic abilities to function in today's society? That 14,000 people in Pierce County alone are functionally illiterate?

According to Virginia Liebergesell, who supplied those figures, there is a growing concern with illiteracy in the States. "The reason there is such national concern about it is that in the age of this communications society even entry level jobs require people to read. You have applications, you have instructions. Mechanics textbooks at vocational colleges are written at at least the ninth grade level and sometimes at the sixteenth."

Liebergesell, of the TCC Drop-In Assistance for Learning (DIAL) center, says that there are many reasons for illiteracy. Lack of parental supervision can cause students to forget about doing

homework, either because they don't want to do it, or because they are unable to without help.

TV is a major factor in illiteracy too, according to Liebergesell. Children spend so much time in front of the screen that they don't bother taking the time to learn to read.

She also says that overcrowded classrooms are a contributory factor. Teachers simply don't have the time needed to spend on individuals. Often learning-disabled children are overlooked because of this and continue through the school system despite the fact that they may not be able to understand the textbooks.

Over 40 percent of high school students cannot comprehend a high-school level textbook, Liebergesell says. "Studies have shown that if a youngster is reading two grade levels below the reading level of the textbook the chance of him passing the course is 10 percent."



Many children have simply not attended school, either because of illness or truancy, and are behind because they lack the knowledge they would otherwise have been taught. Among those who do attend school there are often those who are too shy to ask questions that would solve their problems, and others with hearing defects and learning disabilities such as dyslexia which inhibit their learning potential.

These students, Liebergesell

stresses, need one on one prescriptive teaching.

"We are much more aware today of learning styles. Some people learn by seeing. Some people learn by hearing. Some people learn by doing a kinesthetic approach.... we have to present material and information in all three modalities in order to get through to the child."

She adds that American schools have never required as much writing as English schools. "English children are much more articulate and write much better than those in public schools over here."

She says that the DIAL center has students of many types. There are those who are high-school drop-outs; those who can read but below a functional level and those who have never read at all.

When the DIAL center first opened there was one instructor, one assistant instructor, and 23 students. Now there are four instructors, five assistants, and 240 students per quarter.

The aim of the DIAL center is to assess the strengths and weaknesses of the students and then to write individual, prescriptive programs for them, Liebergesell says. Students work until they have mastered one level before moving on to another. They are continually reassessed to discover how they are benefiting from the program, and are taught by using the three learning styles of sight, learning and practical application.

Many students who make use of the DIAL center, she adds, have difficulty in consistently coming to school to learn because without jobs they have no money for transportation, no money for clothes or shoes in bad weather, and no money for babysitters. On welfare check day, they may spend two or three hours in the welfare office waiting for their check.

"Because of their not reading they don't have jobs, they don't have money," she says, "They only live from hour to hour."

# Lip-sync show was a thriller

By JOE CONTRIS  
*Challenge Staff*

"It was the best entertainment I've ever seen here!" exclaimed TCC student Paul Keely about the lip sync show that was held in the cafeteria on March 6. "It was great," he continued. "I was very impressed."

Mr. Vee, the cafeteria manager, said, "It was really, really good. We should have more of that. Excellent."

Another TCC student ad-

mitted that it was so crowded, she couldn't even see.

The Associated Student Body of TCC put the show on and gave cash prizes to each person who participated. The participants included: Toilever Darden Jr., Larkin Campbell, Scott Granse, Robert Baugh, Jonna Grohall, Scott Lowe, Andy Miller, Sarah Baker and Kelly Nicholas.

The show itself ranged from seriously funny to the most spectacular. Larkin Campbell

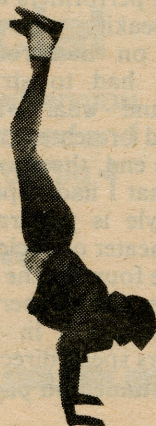


Photo by Shannon Saul

and Scott Granse had the audience rolling between the tables and chairs with their individual performances and duo performance, lip syncing to Kermit the Frog and Rolf the Dog.

Scott Lowe, Andy Miller, and Sarah Baker crowded onto the small stage in the cafeteria and lip synced the song, "Shout," by Otis Day and the Nights. Along with keeping the audience laughing, they also had everyone clapp-

ing to the beat of the song.

Robert Baugh and Jonna Grohall gave the audience a chance to catch their breath when they slowed the beat down and lip synced two mellow songs.

Kelly Nicholas brought the beat of the music back up when she lip synced the high-powered song, "Stand Back."

And then it happened. Toilever Darden, who opened the show and first got the

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## Finals week babblings

It's almost over. A few more days of cramming, a few more nights of worrying, a final or two and spring break will be here. Time at last to look up and actually see that the trees are in bloom and winter mud is turning pale green with new grass.

Time, too, for a change of editors on the staff of the *Challenge*. That doesn't include me, though. For some reason, I've decided to keep this crazy job!

Scott Granse will be stepping down as features editor to be replaced by Dell Gibbs, former opinions editor.

Photo editor Minda Caccam already has been replaced by Calvin Mosher for the rest of this quarter, but next quarter the position will be open. Anyone with an interest in cameras, a flexible schedule and darkroom skills is encouraged to apply.

Also needed is a typesetter to type copy into the *Challenge's* Compugraphic



**SHANNON SAUL**

typesetting machine. This is an opportunity to learn a highly marketable skill. Again, a flexible schedule is required, along with an ability to type 40 words a minute accurately.

For those interested in selling, and making some money doing it, we have a challenging position as ad manager. All that is required is an ability to learn, enthusiasm and, again, a flexible schedule.

The position of business manager also may be open, depending on circumstances. A basic knowledge of business is required, plus an ability to type form letters. The positions of advertising and business managers could be combined for the right person.

These are all paid positions.

Anyone with the right qualifications, interested in widening their experience, becoming a central part of campus life and getting some extra money should bring applications to Bldg. 14-13, or call me at 756-5042.

By **DOUGLAS BUELL**  
News Editor

A proposed curfew bill to keep teen-agers off the streets after midnight has been before the state legislature.

Enactment of the measure into law, contrary to the beliefs of legislators and groups of concerned parents, would be an intrusion on the family's responsibility to decide within itself its own curfew for teen-agers, and enforcement thereof.

One controversial section of House Bill 1498 maintains that law enforcement officers may stop and detain a minor to obtain the minor's name, age, and the address of the minor's parent to determine if the minor is in violation of certain portions of the law.

This manner of withholding and questioning infringes on a person's right to assemble peaceably, provided for in the Constitution. In this case, the fact that the person is a teen-ager 16 or under is immaterial.

The teen-agers I spoke with believe they would lose a basic right to this bill, although individually, most of them don't claim to exercise their right to stay out after hours very often.

Another portion of the bill outlines the hours that will be prohibited -- midnight to 5:00 p.m. -- and stipulates where a minor may not loiter: In, on, or around any public place.

"Public place" means any street, alley, highway, park, or plaza which is used or open to the public, or a place of business, amusement, or entertainment.

This would pretty much insure that teen-agers would spend a lot of time in their own homes.



**DOUGLAS BUELL**

Of course, there are exceptions to the rule, such as accompaniment by a parent, travel in direct route to and from the minor's job, or in a motor vehicle and travelling within the state with consent of the minor's parent.

Which points out two key words:

Parents, and consent.

The parents I spoke to, one, a single mother, and the other divorced and now remarried, both felt it is the parent's

responsibility to set family curfews, and on occasion intervene should their demands be disobeyed.

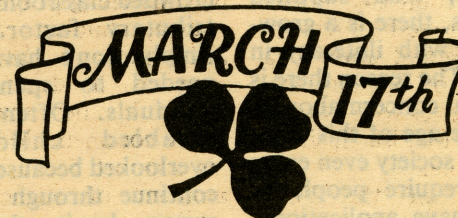
Parents who do support the measure mainly direct their reasons for adopting the curfew law at street kids, and the runaways who occupy the central districts of our larger cities in the state, such as Tacoma.

While the bill could help to rid the streets of loosely affiliated groups of kids, runaways, and others who just hang out together to get in trouble together, it could also spark a militant, rebellious attitude in our young.

This, in turn, could spread from the inner-city streets on into suburbia.

In the end, I don't feel that all teen-agers must be held accountable for the actions of a minority, nor should they be denied their right to meet peaceably.

Many teen-agers are prepared to meet halfway with their parents on the curfew issue, and they don't need Uncle Sam to mediate.



*Happy St. Patrick's Day from the "Irish page" and all those great people on that list below, as we all give thanks for green beer, shamrock shakes, and Guido the green Smurf.*

## A hard struggle 'Home'

By **SUSAN ETCHHEY**  
*Challenge Staff*

It was opening night, March 7, and the audience seemed to like the Tacoma Actors Guild's latest production, "Home," written by Samm-Art Williams. They laughed from time to time and applauded with enthusiasm. In fact, there was a standing ovation at the final curtain for the cast of three who tell the story of a young black man from North Carolina from the 1950s

through the 1970s.

I guess I missed something. No doubt much of this drama is brilliant, but some of it also is banal. I had trouble grasping the underlying message of this play. It seemed as though the playwright intended for something significant to be said. But I don't believe it was clearly communicated.

One of the problems with the first night's performance was the inability to hear every

word projected from the stage. All three performers were guilty of speaking their lines too rapidly on numerous occasions. I had to struggle to understand what was being said, and I resented the effort.

In the end, the play was not quite what I had hoped.

Its style is patterned after Greek theater of ancient times. It can be found in the works of Euripides and Homer. In their productions, as in "Home," the actors speak directly to the

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## The Collegiate Challenge

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All signed art by Brad Hart.

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# Students voice opinions

## 'Prayer' praised

### To the Editor:

Thank you for the editorial entitled "Silent Prayer—Why Not?" by Douglas Buell in your Feb. 14 issue of *The Challenge*. It was well received. But however noble a moment of silence in your public schools might be, prayer is only a part of the whole picture.

The First Amendment of the Constitution states that "Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof . . ." The Supreme Court of the United States, in my opinion a bit too "Supreme" for its own good, has seen fit to emphasize the first half of this statement and ignore the latter. The idea of separation of church and state, as far as the Constitution goes, does not exist. The deliberate act of separating religious affairs from state affairs is a clear violation of the First Amendment, "prohibiting the exercise thereof." Truly, if our founding fathers meant for there to be a separation of church and state, then the tradition of opening sessions of Congress with prayer, mentioned by Mr. Buell, simply would not be.

By virtue of the First Amendment, such things as prayer in school, religious teachings, and the creationist view of history should not be repressed. But instead, the Supreme Court goes further in violating the First Amendment by slowly, albeit not yet completely, instituting forms of humanism, a religion—"respecting an establishment of religion."

Defining the term "prayer" is irrelevant to the real issue at hand, and is only used as fuel for Congressional filibusters.

The Supreme Court has got to be put in check concerning the First Amendment, before they do more harm. Christians have no intent of putting the country under an absolute Christian rule by "making" some people pray, or "making" people believe their beliefs, as some may think. Indeed, it is Christianity that is being told to surrender their beliefs to secularism. All we ask is that everyone be free to choose what they wish to believe, and that those choices include *all* possibilities—not simply what the state deems worthy.

Prayer in our public schools, as an issue in itself, should not, and in my view cannot, be decided by any branch of government. Instead, it should be left to each and every individual school in this country (or, perhaps further, to every individual classroom), to decide for itself what their agendas will be concerning prayer. And, of course, children can silently pray whenever they wish, so long as it doesn't disturb others. It is here that I wish to really commend Mr. Buell on his support for a mandatory moment of silence in our schools.

A moment of silence would not give biased support to any one religion and would preserve, for the most part, a tradition deeply rooted in American heritage. It is a viable solution to a nation growing in diversity. It is my prayer that this country and its people will someday soon live up to the notion of "One nation, under God."

In Consuming Fire  
Michael Casey

## Essay contest for students, faculty

### Special to the Challenge

Two essay contests, one for faculty members and one for students, are under way on the subject of "The Economics and Philosophy of Liberty." Prizes for both include travel grants to Italy for a summer meeting with Nobel laureates Friederich Hayek, Milton

Friedman and George Stigler, and other members of the Mont Pelerin Society.

Substantial cash prizes also are offered.

Entry deadline is March 31.

Details are available from the Mount Hood Society, P.O. Box 1166, Portland, Ore. 97207.

## UPS cadet speaks out for ROTC

### To the Editor

I would like to "challenge" a statement made by Dell Gibbs in "Take the Ultimate Challenge- . . ." (3/7/86). In the article, he mentioned ROTC as being equal to Jewelry Making and Underwater BB Stacking -- a cop-out class. I would say that he obviously has never taken an ROTC class.

There are three ways to enter the U.S. Military as an officer, the most common of which, for civilians, is ROTC (Reserve Officer Training Corps). You don't just take ROTC as a class, you live your life around it. Many people take it for only a year or two and then decide that the military is not for them, but in the meantime they learn valuable skills and discipline. Many people, though, take the full four years and go on to a rewarding career in the military.

ROTC is by no means a cop-out class. It's a lot of fun, but it's also a lot of responsibility. For me, it's not just another class, it's one of the most important things in my life. I would suggest that Mr. Gibbs find out what the class is all about before he makes such statements.

Doug Price  
Cadet S SGT  
AFROTC Det. 900  
Univ. of Puget Sound

In reply to Mr. Price's letter, I would like to state that I was in ROTC for one year.

While I may have been mistaken in labeling ROTC as a "cop-out" class, I nevertheless do not consider ROTC a viable alternative for most students. Let's face it, it's not for everybody.

From my experiences as an ROTC cadet, I learned that to succeed in ROTC one must possess patience, discipline and a lot of enthusiasm for military life, traits that most people just don't possess.

I appreciate the time you took to challenge my statement, and I offer you a challenge in return. If you still feel that I tarnished the ROTC's reputation in my article, you may submit your own article with a more positive depiction of the ROTC.

—Dell Gibbs

## Correspondence plea

### To the Editor:

When my letter arrives, hopefully you and yours will be enjoying the very best of everything life has to offer. As for myself, I'm quite sure as this letter lengthens you'll agree there is an abundance of room for improvement.

Presently, I'm temporarily indisposed as a result of my participation in a nonsensical, nonviolent caper. I've accepted full responsibility for my on-going predicament, and can proudly say that despite seemingly overwhelming odds it pleases me to be counted amongst the too few able, and willing to make the best of a bad situation. All that's missing is a significant other with which to share the rejuvenated me.

It is my fondest wish that

through this brief message I'll be able to establish a mutually beneficial rapport with staff and/or students. I seek genuine friendship devoid of the nonsensical games too often allowed to hinder relationships. Any rapport built upon a solid foundation of truth and honesty will be unshakable. If you respond, I can guarantee you'll never regret doing so. If not (God forbid!), at least you'll know I exist. One is truly a very lonely number. Letters would help fill the void, and champion the monotony of institution life. Any photo accompanying a letter would be considered an additional pleasure. Be gentle with yourself.

James Gunner  
C-86085

P.O. Box 4002

Danville, Ill. 61832-4002

## Metal Dragon

Coiled and Cold

Shimmering blue

Fire to freeze your soul

A stare to burn you alive

The dragon spreads her mighty wings

Metallic scales catching the light

She takes to the air

in a tremendous surge

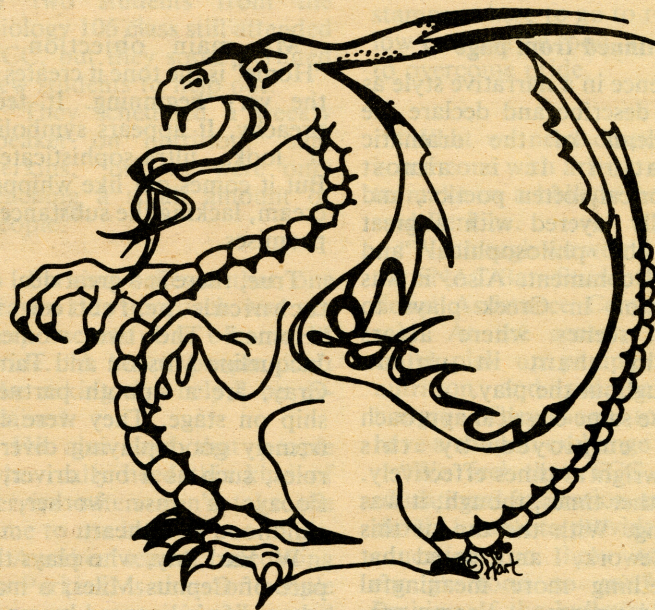
To search for her prey

Spying him standing alone atop a hill

She swoops to devour

And he spreads his arms in welcome

His lover has arrived



Hart

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# Chuck Doud does D.C.

By SUSAN ETCHEY and  
SUSAN BEYER  
Challenge Staff

Chuck Doud, journalism instructor at TCC, attended President Reagan's regional media briefing in Washington, D.C., on Feb. 10. He and about 60 other journalists from around the country were invited personally by the president's media relations director, Susan Richard.

Doud, whose career as a journalist includes 5½ years with the Seattle Post-Intelligencer and 10½ years with the Tacoma News Tribune, where he is associate editor, said the invitation to the nation's capital was an important event in his professional life.

"I was thinking, what's a little old country boy from Rigby, Idaho, doing here?" Doud said in an interview with the Challenge. "I would like to think I am sophisticated enough not to be awed by the experience...but, nevertheless, as an American citizen, I was very impressed by the opportunity to have a one-on-one conversation with the people who are running this country."

The media briefing covered issues that Reagan touched upon in his State of the Union address Feb. 6, as well as budgetary concerns. Presentations early in the morning were made by Vice-President George Bush, White House Chief of Staff Donald Regan, Director of the Office of

Management and Budget James C. Miller, and lastly the President.

The briefing was a three hour session with media representatives asking questions until noon, followed by a formal luncheon in the White House.

Over the years, Doud said, he has written many stories on national government. But his source of news has almost always been second-hand, that is, through the wire services — the Associated Press, for example — or from "faceless voices" over the telephone. But this time, he said, "I was right there!". As he has told his students often, "There's nothing that beats going directly to the source!". To actually sit down with the vice-president, Doud said, and have him explain a particular policy is very different from getting it second-hand. "You know it's not being filtered through somebody."

Doud had the opportunity to observe the personalities of the big news-makers up close. "When Reagan walked into the room," Doud said while comically imitating the president's walk and gestures, "it was like he was projecting." He looked exactly as he does on TV... never losing a certain mechanical posture, "as though he is always on stage." But, Vice-President Bush, whom he described as appearing shiftily-eyed, and seeming

to have a high squeaky voice on T.V., is actually very different in person, "Totally in command... no hedging...no funny words...no funny stories...and he knows his stuff." When you ask Bush a question, he answers "chapter" and "verse".

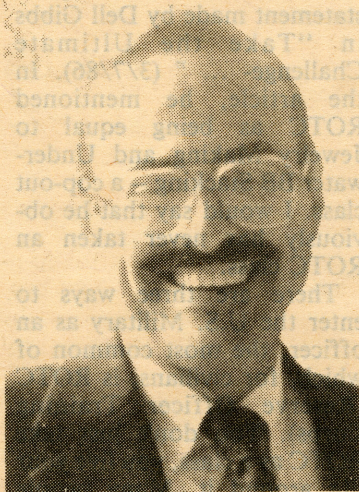


Photo by Calvin Mosher

Chief of Staff Regan was another personality that Doud was able to observe close-up. It was obvious to Doud who makes the day-to-day decisions at the White House. Regan appeared to be "an intelligent, forceful and erudite individual" who is in charge of the whole place, according to Doud.

A formal luncheon in the White House was another unique experience for the TCC instructor. It was held in the green and gold carpeted state dining room which is ornamented with gold drapes and a large portrait of Lincoln

hanging over the massive stone fireplace at one end of the room. Windows frame a view of the White House gardens. Snow could be seen falling on the lawn and gardens outside.

Three tuxedoed waiters were assigned to each table. Doud sat with five other journalists and one Cabinet member. The round tables were covered with a green cloth. The centerpiece on each table was a bouquet of tulips and lilies. At every setting, there was placed a china plate, hand-painted with a picture of flowers from the national botanic gardens.

The first entree was a rich beef consomme. "It was delicious," said Doud. When the plates and bowls were removed for the next course, new plates bearing the presidential seal were set before the guests. The waiters entered with silver platters laden with sautéed chicken breasts, and silver dishes containing rice pilaf and broccoli sprinkled with Romano cheese.

With big silver spoons and silver forks, the waiters moved around the tables serving each guest individually. Chardonnay wine was poured to the half-way mark in each wine glass.

"There was no bread...no crackers...no salad. It was not an opulent lunch," said Doud, "but it was very well prepared."

Cabinet Secretary Alfred E. Kingon, who wrote the State

of the Union address, sat at Doud's table. "He's a Woody Allen look alike," he said "and a Woody Allen sound alike."

Kingon told the journalists that the State of the Union speech is not really written by any one person. It gets passed along to many on the staff as it is being formulated. He described the process as being like an elevator that goes up and down, up and down. "Every time the door opens, it gets a new passenger."

Tight security was evident at all times. In fact, visitors were even escorted to restrooms.

Upon their arrival at the Old Executive Office Building, adjacent to the White House, said Doud, the media representatives were handed a list of do's and don'ts. Do not attempt to shake hands with the president and do not approach any closer than eight feet, were two of the don'ts.

The rest of Doud's time spent in Washington was busy with making business calls and talking in person to key people in government positions. As a result, he returned home with over 200 pages of notes.

He intends to write articles and editorials for the Tacoma News Tribune, utilizing the information he gathered during his trip.

Doud conveyed the sense of awe he felt about his involvement in the news-gathering process at the nation's capital, when he stated "You have a feeling you're at the center of the world."

## 'Home' is where the heart is left out

Continued from page 2

audience in a narrative style as they describe and declare the problems of the dramatic situation. It is almost oratorical, often poetic, and usually layered with a great deal of philosophical and social comment. Also, it was common in Greek plays to have scenes where actors would chant in unison throughout the play.

The same classical approach was employed by this playwright at times effectively. At other times, though, it was boring. With the use of this framework, I anticipated that something more meaningful would emerge... some profound idea with a profound effect would be received. It didn't happen.

My main objection to "Home" is the tone it creates at the very beginning. It feels preachy. It appears symbolic. It looks ultra-sophisticated. But it comes out like whipped cream, lacking the substance it promises.

True, there is a great deal of technical perfection in "Home." The two women, Jacqueline Moscou and Tamu Gray, are a smooth partnership on stage. They were extremely good playing diverse roles, such as a bus driver, a floozy, a case worker, a childhood sweetheart.

W. Earl Ray, who plays the part of Cephus Miles, a man whose life is haunted by many miseries until he returns home, is erratic in his performance. Besides the fact that his too-

fast delivery makes it impossible to keep up with the flow of words, he seems to change his energy level often. At times, he is in complete control of his part, and then for some reason he loses it and becomes a puppet-like figure just going through the motions.

As I said, not everyone agreed with me. A standing ovation must mean success, must it not? Some people will be impressed with "Home." But if you are like me, you will prefer less theatrical theater, a little less ambiguity and a little more of the plain truth.

"Home," presented by TAG at 1323 So. Yakima Ave. in Tacoma will run through March 29. For tickets and information call the TAG office, 272-2145.





# Nutrition information

## Hungry? Eat a horse

By ALISA WILDER  
Entertainment Editor

Is your food bill more than you can afford? According to Richard Perkins, TCC Biology instructor, it doesn't have to be.

"Last quarter I gave a lecture on how to feed a family of four on ten dollars a week," he said.

Though he doesn't have any kind of menu as an example of what foods can be eaten to stay within the \$10 per week limit, Perkins does have some general rules of thumb to decrease your food bill.

"People have to look at what they are eating and look at the cost of foods they are eating," Perkins said that people have established eating habits. To eat nutritiously and inexpensively, people have to change their attitudes toward food. "People have to develop the ability to deal with food that is different."

Perkins suggested that one way to reduce the cost of a meal is by eliminating or decreasing the amount of meat used. Meat is the most expensive part of any meal so it should be used wisely and with versatility.

Perkins suggested buying cheap cuts of meat such as blade roast which sells for as low as 98 cents a pound.

"You can make one main meal and slice the leftover roast for sandwiches," he said. "You can keep the drippings to make a gravy."

He said that horsemeat is a good alternative to beef or pork.

Textured vegetable meal is a good substitute for meat.

"It has protein like meat but doesn't have the fat or cholesterol of meat," he said.

Marine animals such as dogfish shark are also nutritious substitutes for meat.

"You can go down to the Point Defiance Boathouse and get free dogfish by asking the fishermen to bring you back the dogfish they catch," said Perkins.

He also recommended kelp, limps and snails which are readily available on any beach.

"...take a beach walk and you can pick up all kinds of marine animals...they are free for the taking..." he said.

Dried kelp, dandelions and chickweed can each be used instead of lettuce for salads.



They can also be cooked like spinach.

"If you are eligible for commodity foods, you can get protein by getting cheese at the commodity give-aways," said Perkins. The commodity give-aways are distribution sights where excess foods bought by the federal government are given away to eligible people. In Tacoma, there are several distribution sights where foods such as butter and cheese are given away regularly.

Perkins said that another way to reduce your food bill is to buy foods that are in season because that is when they are priced the lowest.

Buying in quantity also helps to reduce the cost.

"Go together with a few people who have the same problem...buy it in quantity...and then split it into smaller containers and share," he said.

Perkins recommends freezing or canning the fresh fruits and vegetables to preserve them.

Making your own TV dinner is an alternative to canning and freezing foods in quantity.

Perkins said that you can go to a large grocery store and buy cheap cuts of chicken (wings and backs) and make inexpensive but nutritious TV Dinners by using the chicken and adding some potatoes and vegetables. These can then be frozen and used at a later date.

Inexpensive and nutritious dinners are not hard to create but the food items used depends upon the needs and means of each person. "Not everyone eats the same or should eat the same because each of our bodies is different," he said. "Nutrition is an individual thing. It depends upon age, it depends upon activity."

People could improve their nutritional habits, however. "It would make them more efficient in what they are doing and it would be more economical," said Perkins.

## SNAC Bar offers info

By ALISA WILDER  
Entertainment Editor

In spring quarter of 1985, Richard Perkin's Biology 106 class decided to address the problem of hunger at TCC for their term-project.

Now, nearly on year later, this term-project has evolved into a nutritional program designed to help educate and assist the hungry at TCC.

Originally, the students planned to open a food bank on campus because at that time, 25 percent of the students were presently or had used food stamps recently, said Perkins.

After some careful research, however, they decided that there were enough food banks around. Besides, there was no space and not enough personnel to man a food bank at TCC, said Perkins.



So they organized the Nutritional Information Center instead.

In the fall of 1985, only on or two students from the Biology 106 class still attended TCC, but they soon recruited new students to help out.

"They scheduled a weekly speaker on nutrition," said Perkins, "but we were only reaching a small amount of people."

Perkins believes that one reason this approach was not very successful is because of pride. "A lot of people don't like asking for help," he explained.

He also said that people who really need this kind of service often don't take the time to use it.

Another reason, according to Perkins, is that for people to eat nutritiously and economically, they have to change their eating habits.

"In order to do that, you

have to break a lot of social norms," said Perkins. People have to eat things they never dreamed of eating.

"People have established eating habits and they have certain food likes and certain food dislikes," he said.

Some of the speakers, and Perkins himself, advocated eating foods such as horsemeat, kelp, snails, dandelions, and dogfish shark--items not usually found

on most American menus.

Perkins realizes that it is difficult to change one's attitudes towards food. In fact, the first thing he said in his speech on nutrition was, "I can tell you how to do it (eat nutritiously and economically), but most of you will not do it because you are not willing to make the changes that are necessary to do that."

Poor attendance to the speeches on nutrition seemed to prove Perkins correct.

This quarter the program's approach has been changed. "They have changed their emphasis...they're making up informational pamphlets that will be available in the foyer of the library..." said Perkins. The pamphlets will explain such things as how to get food stamps, where to go to receive low-cost or free food, and how to overcome pride.

"What we need desperately is someone with artistic ability to make us a bulletin board," said Perkins.

"We thought we would call it the SNAC Bar--Student Nutritional Assistance Center," he said. At the center, people could pick up pamphlets on nutrition and aid for the hungry. They hope to also have a coupon exchange there.

"We feel that TCC is an educational institution and we should be able to provide some education on how to get enough food to eat," said Perkins. If the bulletin board is made soon, they hope to open the center before the close of the quarter.

## ASTCC Presidential Elections

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Legislative Affairs  
Vice President of  
Personnel

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in Bldg. 6  
Deadline for applications is  
April 4, 1986



# Passes for Expo '86

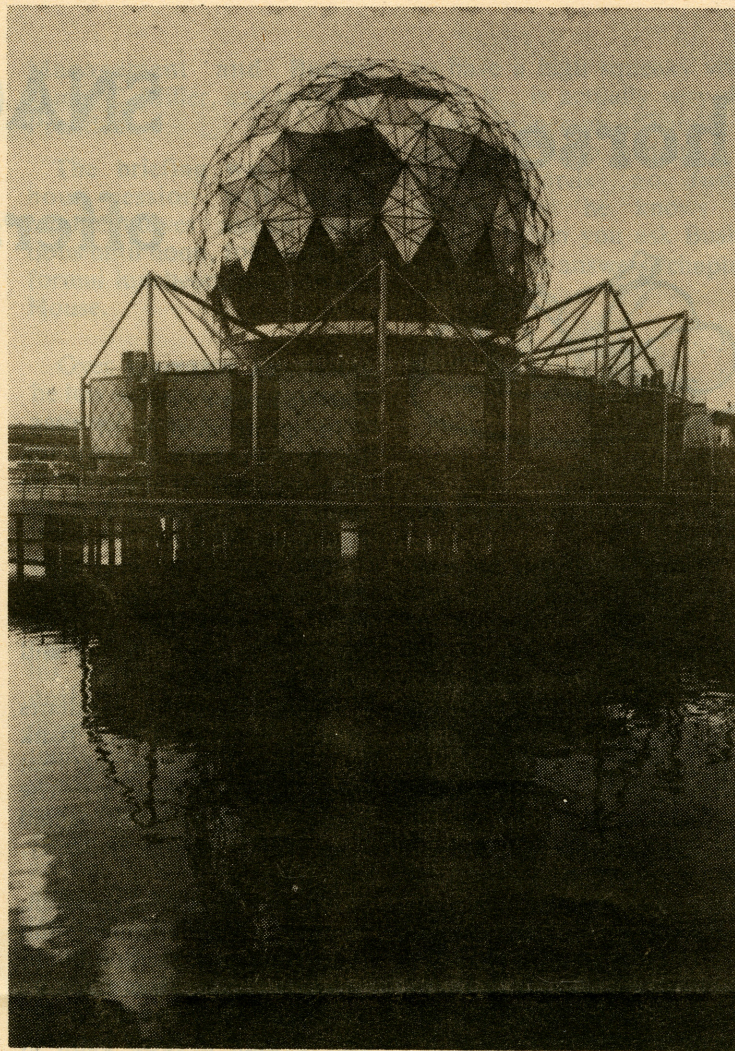
All TCC students and employees have the opportunity to purchase one-day, three-day or season passes to Expo '86 at special group rates, according to TCC information director Dan Small.

The Expo, scheduled from May 2 to Oct. 13 in Vancouver, B.C., will be the largest event to be staged in North America since Expo '67 in Montreal, Small said. The theme of the exposition is "World in Motion, World in Touch," and it will feature a look at man's past achievements, present possibilities and future potential in the fields of transportation and communications.

More than 40 countries from around the world, including the U.S. and Canadian provinces, and more than 18 corporations, will have pavilions at the Expo site. All will provide a kaleidoscope of exhibits, modern technology, entertainment, color and culture.

Deadline for ordering is April 7.

All wishing further information may obtain informational brochures from the TCC Bookstore or from the Student Programs Office in Bldg. 6.



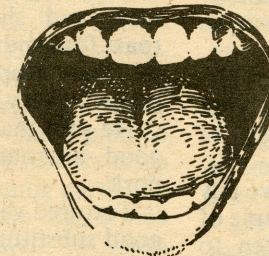
## Muppets rock — students roll

Continued from page 1  
students excited, came back to close the show. He brought the house down.

Darden lip synced Michael Jackson's "Thriller," dressed in a red leather coat with the sleeves rolled up around his elbows, red pants, and black shoes and tie, he looked so much like Jackson it was incredible. As the song started,

standing round of applause at the end.

Toilever Darden is a professional lip syncer and has appeared on Dick Clark's Puttin on the Hits, Solid Gold Hits and Entertainment at Large. Some of his more impressive moves come from his experience as a gymnast. Darden has entered many lip sync contests around the Seattle-



he moved down the aisle toward the stage keeping perfect tempo with the music. And not only did Darden master many of Michael Jackson's steps, he also added some of his own that Jackson would never dare to attempt, including back flips, the splits, and spinning on his back.

Throughout the song, students were either screaming or struck dumb with amazement at his rousing performance. The students were so impressed they gave him a

Tacoma area and has danced away with the first prize.

Toilever said of the TCC students' response, "It wasn't what I expected. It was overwhelmingly enthusiastic."

The lip sync show was not just a success because the performances were so good, but also because of the students. They were participants along with the performers, and with their unrestrained yelling, screaming and clapping, the show was, for audience and lip syncer alike, a total success.

# SDI or MAD = SAD

By JOE CONTRIS  
Challenge Staff

SDI or MAD?  
Strategic Defense Initiative or Mutual Assured Destruction?

Which way to go?  
This was the question at the heart of Sydney Trevethan's presentation at the Honors Colloquium on Feb. 27 in the quiet lounge.

Trevethan, a computer engineer, has worked on some of the computers used in such strategic weapons as the air launch cruise missile, B-1 bomber and the MX. He has worked on the problems of defeating missiles in combat.

"The questions that matter," Trevethan insisted, "are not so much, 'Is there a way to shoot down missiles?' as they are 'Is it a good idea to shoot down missiles?'"

"That missiles can be defeated is a matter of record," Trevethan emphasized. "You do not always have to shoot them down. Sometimes it is enough to con-

fuse their electronic systems...beyond this, both ballistic and cruise missiles have been shot down by a variety of weapons."

"During the 1973 Mideast war, several dozen missiles were fired as Israeli ships in the space of a few days," he went on. "Every single one was defeated by one means or another."

These statements made clear that Trevethan would have the United States take the SDI route.

Trevethan continued, "The greatest contribution defense systems can make is to compound the problem of an attacker to the point where the attack is called off, because the risks are too great."

Trevethan quoted physicist Ashton Carter, who he said is quite skeptical about SDI, but admitted, "an imperfect defense might be able to render nuclear weapons 'impotent and obsolete,' to use the president's phrase."

"In my view," Trevethan

said, "the wisest approach would employ simple, existing technologies with only a limited research effort involving the cheaper of the advanced technologies. It also would give us operational systems much sooner and at much lower costs."

"I want to use money now used for offensive weapons. By incorporating anti-aircraft missiles and fighter planes in an integrated missile defense system we could defeat cruise missiles and bombers as well as ballistic missiles."

He said that he is told that such ideas are doomed to be unpopular with bureaucrats who prefer long-term development projects involving lots of money.

"So be it," he said. "I am interested in what is good for the country, not advancing the careers of project managers."

In bringing out his objections to MAD (the policy of Mutually Assured Destruction with nuclear weapons), Trevethan said that it, "inverts

all forms of conventional logic." He added, "A believer in MAD must be willing to attack civilians, or at least tolerate great numbers of civilian casualties when nearby military targets are attacked."

MAD has its foundation in that "mutual vulnerability" will increase stability, Trevethan said. It is believed that neither side, he went on, will make the first nuclear strike because it will almost certainly result in its own obliteration.

Trevethan does not believe, "...nuclear weapons have

prevented a general war (a major argument in favor of MAD) because I see no issue over which a general war might have erupted."

According to Trevethan, "Nuclear deterrence is stable in peace-time merely because there is nothing to fight about."

Finally Trevethan told students, "The choice is yours. The debate is going on now."

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## Titan B-ball Players receive top honors

By DAN SMALL  
TCC Information Director

Titan men's guard Bobby Barnette and Titan women's forward Holly Hovey have been named to three separate post-season all-star basketball teams.

Both Titan basketball teams were this season's Northwest Athletic Association of Community College champions.

The honors come on the heels of the first men's and women's sweep in NWAACC tournament history March 1. The Titan men defeated Clark College 74-66 in Walla-Walla to claim their title, while the same night in Yakima the Titan women knocked off defending champs Green River 70-57.

Barnette, a sophomore from Mt. Tahoma High School in Tacoma, was joined by sophomore forward and tournament Most Valuable Player Cornelius Williams, from Tacoma's Lincoln High School, as the second TCC representative on the all-tournament team. Puyallup graduate Hovey, also a sophomore, was named tournament MVP for the women, and was joined on the all-tournament team by sophomore center Ruthann Rufener, a Clover Park High School graduate.

Barnette, Hovey and

Rufener were also selected for special all-star games at Lower Columbia College in Longview March 9. Men's and women's teams made up of NWAACC Regions 1 and 2 all-stars played Regions 3 and 4. Barnette was accompanied by sophomore teammate Dan Olson, guard, from Curtis High School.

Barnette and Hovey also were named to their respective NWAACC regional all-star first teams. Olson, region co-MVP, also was named to the men's first team, as was John McIntyre, sophomore forward from Bellarmine.

Williams was named to the men's regional second team, while Rufener was named to the women's second team. Rufener was joined on the second team by freshman guard Brenda Guenther out of Puyallup, and sophomore center Elizabeth Harris from Bellarmine.

TCC coaches Ron Billings (men) and Jerry Shain (women) were named Region 2 Coaches of the Year.

Barnette, Olson and Williams paced the Titan men to a 22-3 record, averaging 16, 16 and 14 points per game respectively. Hovey, Harris and Guenther led the women to a 23-4 season with per-game averages of 12.7, 12.7 and 11.6 points respectively.

## Baseball gets under way

By ED LaCROSS  
Challenge Staff

Saturday, March 1, the TCC men's baseball team opened pre-season with a 12-1 win over UPS. This year's team has six returnees from last year's team, which was 20-15 and missed the playoffs by only one game.

For returning coach Norm Webstad this is his seventh year with the Titans. He is assisted by two former players, Mike Wiese and Rick Elkin.

Asked if this year was a good recruiting year, Webstad answered, "We had a real good recruiting year, very positive. We've tried real hard to recruit the best local talent we can."

The team had 32 players try out, though so far the roster has been cut to 24. According

to conference rule, a team can keep 22 players, though the Titans will only travel with 20.

To meet the conference requirements, the team will have to drop two more players.

Some of this season's standout players, according to Webstad, are: Pitcher Byron Nelson, Decatur High School; Will Stebbins, Curtis High School, Tacoma; Charlie Haugen and Tim Renner, both from Wilson High School, Tacoma, and Mike Eveland from Federal Way High School.

The team's goals are first, "to provide the student with positive academic experience, and second, to qualify for the State playoffs," said Webstad.

Key pitchers on the team are Sophomore Byron Nelson, who was 5-3 last year, sophomore Will Stebbins; freshman Rob Brown, Mt.

Rainier High School; freshman Ryan Sarell, Puyallup High School, and Brett Pulley, a transfer student from Eastern Washington University who was originally from Sumner High School.

Webstad, in his seven years as coach, has sent 40 players on to four-year schools. He said an average of five players a year go on to four-year colleges. He also has had four players go on to playing in the pros.

Webstad's outlook for the year is positive. "Our freshman crop is a group of outstanding players. Most of them were all leaguers in high school."

The Titans last won the league title in 1983. This year promises to be another good year. The Titans will open league play April 12 at Ft. Steilacoom.

## Students discuss the humanities

### Special to the Challenge

In two provocative sessions Feb. 25, 12 TCC students met with three Humanities Advisory Board members and two humanities instructors to discuss their views on the humanities at TCC. At the conclusion of an hour's free-flowing discussion, students agreed that they'd like to do this every quarter; another session will be set up in May.

Students agreed that whatever the needs of their specific programs, the humanities were essential ingredients in making them think, giving them a framework to interpret experience, and thus important to everyone.

Humanities courses -- and those the students were taking included literature, philosophy, music, art, and history -- had helped synthesize what they had learned and had helped them make some sense of the world. Suggestions ranged from offering core humanities classes (now being developed through a grant from the National Endowment for the Humanities) to using humanities as a cure for the tunnel vision of over-specialized courses of study.

It was suggested that humanities classes need better publicity about their exciting content. Students need to know what a course covers (what does "baroque" mean?) so that they aren't afraid of taking it, and they need to see how the course connects with what they already know. For instance, offer "Springsteen 101" to show how the contemporary world has grown out of the past, or use soap opera as an introduction to drama.

Students also need to see that there isn't a distinction between "escape" and "work," that a person is living *all* the

time, and the quality of that total life is what counts -- you don't just live after 5 p.m. or on weekends. The humanities help students learn to invest themselves in their work and take pride in what they accomplish and learn.

Specific suggestions for improvement in the humanities include learning about the cultures of our many international students, keeping books in the library (in translation) written by authors from all the countries of our students; meeting with the International Students Organization where international students can talk about their cultures; arranging for American students to work with international students as mentors to teach them about our culture, and learning why international students work so much harder than most Americans.

It was also suggested that the college set aside spaces for students to meet and converse, hold jam sessions, or otherwise express themselves artistically. (Student government representatives responded enthusiastically.)

## Art exhibit held

Paintings and enamels by Northwest artist Paul Michaels will be on display in the TCC library until March 21.

This exhibit is entitled, "Paul Michaels: A Backward

Glance", is a retrospective of the artist's work from World War II to the present.

The exhibit is free and open to the public.

For more information call 756-5000.

## This show's a gem

The Tacoma Agate Club is having its 33rd Annual Gem and Mineral show in the TCC gymnasium on March 22 and 23.

Admission is \$1 for adults and children under 12 are free when accompanied by an adult.

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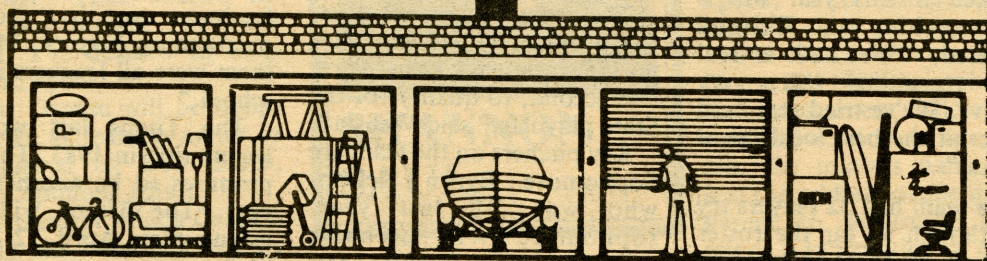
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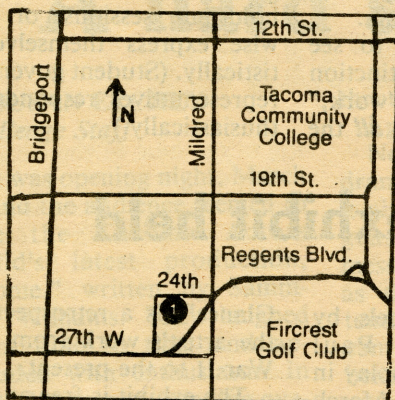
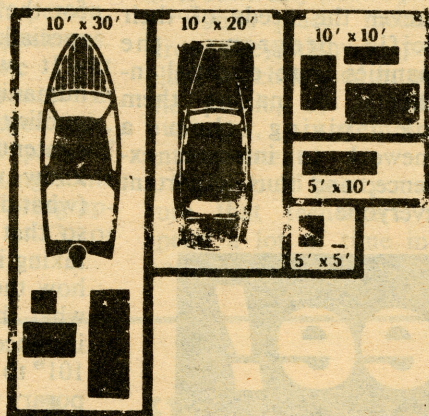
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**ADDRESS AND PHONE:** c/o Tacoma Community College, 5900 S. 12th Street, Tacoma, Wash. 98465; The Challenge office is in Bldg. 14, Room 13, on the west side of the campus. Phone 756-5042.

**MECHANICAL SPECIFICATIONS:** The Challenge is a tabloid, five columns wide and 13½ inches high. A full page is 67½ column inches.

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Approximately 6,000 students attend Tacoma Community College during any given quarter. These range from first-time students just out of high school beginning their college careers to individuals returning to school to improve their job skills or enrich their lives culturally. Students come from virtually all walks of life and represent a cross-section of the entire Tacoma urban community.

A glance at the TCC parking lot during any class day will reveal that a high percentage of TCC students, faculty and staff members own cars, perhaps a higher percentage than any other college in the region. This reflects a college market with purchasing power. Many TCC students, faculty and staff members have families, and therefore are good prospects for businesses which provide family-oriented services and products.

TCC students and faculty members are frequent users of restaurants and other entertainment services, such as movies, music, video and books.

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