

The Challenge

Tacoma Community College, Tacoma, Wa.
January 17, 1986. Vol. 22, No. 9

ATTENTION women softball players. Please contact the athletic office in Bldg 9 for information regarding spring try-outs.

An intramural basketball tournament will be held on Jan. 22, 29 and on Feb. 5, 12. Games will start at 1:30 p.m. in the Titan's gymnasium located in Bldg 21. The games will be three on three with the team's limit set at five. Leagues for men and women will be played separately. Any student, staff or faculty member is invited to participate. Members of the men's and women's varsity teams are ineligible. For further information please contact Chris Farler in Bldg 6, or call 756-5118.



TCC kid care

By ALISA WILDER
Entertainment Editor

The ground breaking ceremony for the Tacoma Learning Center took place on January 13. The \$260,000 center will be built adjacent to Bldg. 23 (the TCC Child Care Center). The Student Senate and the TCC Board of Trustees voted to lease the land to the Tacoma Learning Center for the token fee of \$1.00 per year. The center will be managed by the city of Tacoma and is being financed by state Referen-

dum 37 funds.

Tacoma Mayor Doug Sutherland began the ceremony and then introduced the guest speakers. Dr. Carleton Opgaard, President of TCC, spoke on behalf of the college and the TCC Board of Trustees. He expressed his gratitude to all the people who made the project a reality. He especially thanked the TCC students for their generosity in practically donating the land.

Following his speech, the TCC Swing Choir and Con-

cert Choir performed.

Donna White, Program Manager of Tacoma Learning Center, gave a short speech on the beginnings of the center, explained some of its functions, and thanked everyone for their support. "It offers many children the opportunity to gain skills and develop confidence," she said, "Intervening early does make a difference."

Martha Gentili, Director of Washington PAVE (Parents Advocating for

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At the ground-breaking for the new child care center

Photo by Shannon Saul

Meath and Jones win Collier Award

By FLORENCE DUMAS
Challenge Staff

TCC sophomores Kimberly Jones and Alan Meath are the first recipients of the \$1000 Richard Bangs Collier Pleneurethic Scholarships. The awards for the 1985-86 school year were made possible by Collier who endowed the Tacoma Community College Foundation with funds for two scholarships per academic year to further the study of philosophy and science.

Collier is the originator of a philosophy of life he terms "pleneurethics," and has written a series of eight books to describe his beliefs. He took the word pleneurethic from three basic words: *plenary*, meaning completely competent and with total authority; *neural*, relating to the brain; and *ethos*, having to do with responsible behavior and constructive conduct.

In his book "Essential Pleneurethic," Collier explains

the philosophy, writing, "Pleneurethics is a way of life based on the notion that the brain is the center of our being...a system of therapeutics based on a balanced view of the whole person, and the several environments which encompass the person."

Students applying for the scholarship had to meet the following criteria:

1. 3.5 or higher cumulative grade point average for all college-level courses completed prior to the date of application.
2. Complete at least 36 quarter hours of college transfer-level courses (numbered 100 or above).
3. Intend to concentrate studies in philosophy, literature, journalism, natural sciences, or mathematics, and provide the selection committee with evidence of intention.
4. Complete at least 12 credits per quarter for three quarters of continuous enrollment.

Award recipients must maintain at least a 3.0 GPA for each quarter during the scholarship period or funds will be withdrawn.

By February 1 another requirement is a 2,000-word research paper on pleneurethics as it relates to their field of study.

Kimberly Jones graduated from high school in Bend, Oregon, attended Portland State University, then worked part-time at UPS while also going to classes there.

She wants to earn an Associate in Arts and Sciences degree at TCC then transfer to either Evergreen State College near Olympia or enroll at UPS to major in biology, minor in chemistry, and receive a certificate in secondary education, with teaching as a career goal.

Jones is married and lives in Tacoma. Her hobbies include skiing and needlework.

With concentration in science, she will submit her research paper in the

mathematics/science division to faculty member Ionna McCabe.

Alan Meath, 26, is a 1977 graduate of Lincoln High School where he was on the gymnastics team and worked in mathematics and science. He is at TCC studying for an Associate in Arts and Sciences degree. His tentative plans are to enroll at the University of Washington majoring in comparative religion preparatory to acquiring a master's degree in transpersonal psychology.

He enjoys doing many things, including hiking and photography as hobbies, and is taking a night class in jewelry casting. Receiving the scholarship, he said, definitely enabled him to do things that otherwise would not have been possible.

Meath, whose area of study is philosophy, must present his 2,000-word research paper to Devon Edrington in the philosophy department.

Faculty members Edrington and McCabe were on the selec-

tion committee, "chosen for expertise in their particular field," said Lilly Warnick, Office of College Development.

Warnick, assistant to the college president, stated that scholarships are based on general academic achievements, and cover fees, books, and tuition. She mentioned that many applications were submitted by students. Columbia Basin College in Kennewick, she added, also received funding there for scholarships which were presented by Collier in September.

Warnick worked together with Collier in acquiring monies for TCC and said they wanted scholarships to represent Collier's particular academic interests, asking students to "become familiar with this new philosophy." She reported that Collier has spent his life promoting the philosophy he developed.

Award recipients were notified by mail and are now being funded.

Challenge needs writers

By SHANNON SAUL
Managing Editor

Have you been doing well in English lately? Are you interested in writing for others to read? If either or both of these apply to you then a position as a reporter for the *Challenge* might be for you.

The *Challenge*, for those of you who don't know, and there are surprisingly many, is TCC's resident newspaper. It is run almost entirely by students, most of whom are in the journalism class. It is not necessary to be in the journalism class to write for the paper however. Any bright, observant student is welcome to contribute. Also those who would like to see their name in print as a regular member of staff are welcome to stop by the office in Bldg. 14, Room 13, to apply for a job as a reporter.

Can you type? Do you know how to work a basic word-processor and are you interested in learning the ins and outs of newspaper printing? If so, typesetting might be the job for you. This is a paying position run through the financial aid office. Those in-



SHANNON
SAUL

terested may stop by the *Challenge* for more details.

The *Challenge* would like to welcome two new members to the staff this quarter. Our new business/ad manager is Cathy Figuration, stepping in for Lance Weller; and our new photo editor is Minda Caccam, taking over for Scott Granse, now features editor.

I've had a lot of questions about the running of the *Challenge* lately, as well as queries about production schedule and deadlines. For

those interested, the *Challenge* is produced seven times a quarter, approximately once a week. It comes out on Friday and the deadline is the Thursday a week prior to printing. Letters to the editors on any pertinent or controversial subject are welcomed, though we reserve the right to edit for length.

Stories and articles are assigned by the various editors, who are then in charge of making sure the reporters meet deadlines and are correct about their facts. When the articles are handed in the editors read them for grammatical errors, spelling and punctuation before they are typeset. After they have been fitted on dummy sheets on deadline day, the editors meet for paste-up on the following Tuesday. Throughout the next two days the paper is put together and delivered to the Peninsula Gateway in Gig Harbor for printing. It is collected on Thursday afternoon for distribution on Friday morning.

The *Challenge* covers school activities, senate meetings, etc. Anything of interest is covered by reporters trained in TCC's journalism program, or by students interested in writing for print.

The Collegiate Challenge

Managing Editor.....Shannon Saul
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Features Editor.....Scott Granse
Entertainment Editor.....Alisa Wilder
Sports Editor.....Larkin Campbell
Opinions Editor.....Dell Gibbs
Photo Editor.....Minda Caccam
Business Manager.....Cathy Figuration
Ad Manager.....Verna Brown
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The Collegiate Challenge is published seven times per quarter by the Associated Students of Tacoma Community College. Editors are responsible for all news policy. Opinions expressed herein are not necessarily those of the Collegiate Challenge, nor are they the official position of Tacoma Community College. Advertising does not reflect endorsement. The Collegiate Challenge encourages and welcomes letters to the editor concerning matters of campus interest or feedback to recent Challenge articles. Address typed, double-spaced copy to the Collegiate Challenge, c/o Tacoma Community College, 5900 S. 12th St., Tacoma, Wash. 98465. The phone number of the office is 756-5042.

Smoking— A waste of life

DOUGLAS BUELL
News Editor

With the Christmas vacation behind us and two weeks into January, it should be safe to assume that you've come up with a suitable New Year's resolution. You haven't? Well, why not consider "kicking" the habit--smoking, that is.

Smoking has long been the "butt" of discussion and debate between avid tobacco indulgers and irritated nonsmokers alike. For all purposes, one thing holds true about the habit. Cigarettes have no redeemable value.

This can't be said about any other habit. Not aspirin. Not junk food. Not caffeinated drinks. Not even alcohol (the American Medical Association still insists that the daily two-drink prescription is shown to help some people with medical problems).

The obvious reason to kick the habit is the potential health hazard involved. Cigarette smoking causes lung cancer and emphysema, and is a major cause of heart disease and strokes. More specifically, with regards to smoking, it is the nicotine taken in by the body that makes smoking the leading addiction in the nation, and the cause of thousands of deaths per year.

By far, hazards to health are the leading reason for quitting

smoking. Not just physical health, but mental health as well.

Despite the smoker's common defense of his or her habit, cigarettes are nothing more than a crutch. And a crutch is precisely what the word implies--a temporary means of supporting oneself.

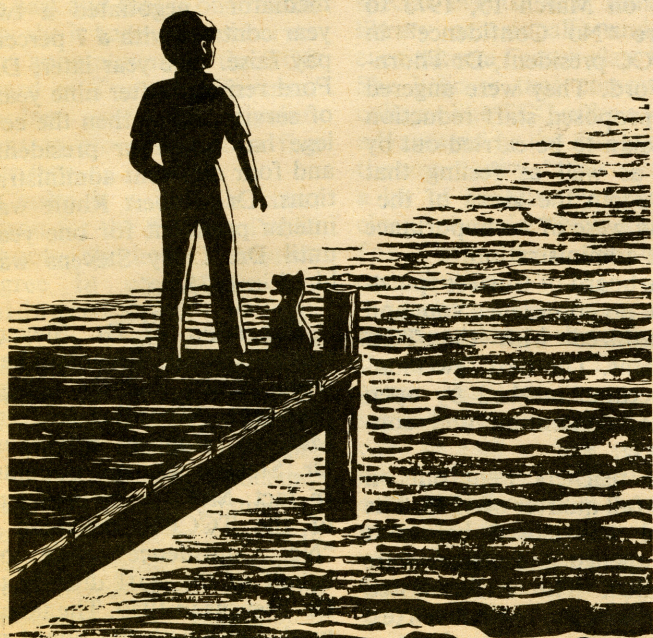
If better health isn't an adequate enough reason to quit, consider the money a smoker spends.

Besides alcohol, cigarettes are one of the first items the government is quick to raise taxes on. Since 1976, the price of a pack of cigarettes has gone from just over 60 cents to a present \$1.30. It surprises me how often I've stood behind someone purchasing smokes in a 7-11 store on any given day (most notably early morning) and heard a cashier-customer conversation turn from idle chat about the weather to muttering or bitching over the outrageous price for a pack of cigarettes.

Actually, if you, the average smoker, took the money you spend on cigarettes per day and placed it in the bank, in just one year's time you could afford a trip for two to Hawaii. Now wouldn't you rather be sunbathing at Waikiki beach next Christmas vacation thinking up next year's New Year's resolution?



Spell of the evening winds



Special to the Challenge

Looking out into the sky
Not knowing what I'll
find. The winters of my past
are lost
But the future can always be
mine.

The evening winds they call to
me
Come try a different way. The
leader to a mystic land,
yes the winds will show the
way.

It's the spell of the evening
wind.

There's a land that's far away
Where death and time stand
still,
Where black and white walk
hand in hand,
Where grey is better still.

Oh follow me across the sky,
Our names written in the night
Where time stands still and
nothing
Kills the sweetness of the
night.

It's the spell of the evening
wind.

Injustice in Tacoma

By LARRY A. FROST
Special to the Challenge

We constantly hear Reader's Digest shock stories about the rapist caught red-handed but freed on some technicality. Liberals smirk about "victims of deprived backgrounds" and conservatives howl and talk Death Wish.

When it involves you it becomes very personal.

Two months ago, my friend Tom and I went out to do a spot of illegal car-towing at 2:30 in the morning. We walked around the corner and into that personal world. Across the street, in the shadow, a hefty young man was alternately plunging his fist into the face of a weeping woman, and pawing at her pants, which were already around her ankles.

I'm convinced your actions in a moment like that flow directly out of your thinking and actions all the years before then. I remember looking to see if the mugger had a weapon (no). Did I need to go inside and get a pistol? (Yes, but the girl could already be in pretty bad shape). How about other muggers..(no, no-one else in sight). Meanwhile his fist impacting her flesh made a hollow, rhythmic, almost ritual echo in the empty street.

In ten seconds we were moving, shouting at the mugger to stop. The mugger looked up,

got to his feet and ran, staggering. I shouted to imaginary assistants around the corner and incredibly, he turned back. Tom stopped him. He just stood there, drunk or stoned, weaving on his feet, expressionless.

That was it. You see it, you do what you think right and what your training has made you capable of doing. Then you give it to the cops and courts.

Monday, 18 November, was trial day. Tom and I spoke our piece. The defense counsel asked almost no questions. Back in the hall, I told the two Tacoma police who were also witnesses that it looked open and shut.

One shook his head. "Juries are funny. You never know what they'll do. How many women were on the jury?"

I thought the women made a majority, I said, although I hadn't counted.

"Well, maybe it'll be all right."

It wasn't until Wednesday I was able to reach the prosecutor. I wanted to know how much time he thought the would-be rapist would get.

None, he said. The jury found the defendant innocent.

The rest was a blur. The prosecutor explained that they couldn't charge the guy with assault and attempted rape, for some legal reason, so they

had gone with attempted rape, the more serious charge. And the jury hadn't been convinced.

No technicalities, just a good, all-American jury who let a guy loose to do again what he had already done once before Tom and I busted him (no conviction that time, either). He was pasting her face into mush, he had her shoes off and her pants and panties around her ankles when we got there. There's no doubt at all that he attempted to rape her. There's certainly no doubt he was assaulting her. But zero--nothing--zip. Victim nothing, thug 30. Why.

The prosecutor said the jury checked its common sense with its coats. I have another explanation. They, like Tom and I, just did what their thoughts and actions have prepared them to do. All their lives, they've been told that the individual has no responsibilities, only rights. Sick? Let Medicare help you. Poor? It's not your fault. Ill-educated? We've failed you. Criminal? Just a product of your environment. Never your fault, never your responsibility. Always, breast-beating always, someone else's: the middle class, the rich, the white, the politicians. And the right is as bad as the left, with its economic privilege and book-burning hatred for any freedom that conflicts with its narrow superstitions.

Thanks, TCC

An open letter to my teachers:

It's been four quarters. Perhaps not the greatest year of my life, but certainly one I shall remember.

Before leaving your sphere, I must take time to say thank you. And not just for teaching me the prescribed curricula. Oh sure, you've taught me psychology, history and philosophy (though not without mental pain). To my surprise, you've even taught me science and math.

That is important. Yet along with the academic subjects, you've taught me a great deal more:

--there is no one way things REALLY are...

--intellectual generosity and

human compassion, worthy traits to develop...

--the value of curiosity, patience and tenacity.

In a very short time, I shall be only a statistic, a roster number in your records. But before that transition, please know that *this* roster number grew and was enriched in ways that just don't show up on graphs or computer print-outs. You cannot calculate the effect you have had on my life by teaching me.

If you became a teacher in order to touch students' lives and make a difference, in this case you have succeeded admirably.

Thank you,
Sharon Lee Nicholson

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Teachers seal future

By SUSAN ETCHEY
Challenge staff

The history of TCC has been published in a four part series to commemorate TCC's twentieth birthday this year. The first three were published last fall quarter and covered the formative and protest years. The final conclusion of this history re-tells some of the events that highlighted the years of 1970 through 1985.

By the end of 1970, most of the racial unrest at TCC came to an end. The OBI society accomplished many of their goals for racial equality in education; a minority affairs and ethnic studies program was instituted, and Dr. Carl Brown, a black english instructor from the Clover Park School District, was hired as the first department chairman. The first black man, Dr. Dewey Tuggle, was appointed to the board of trustees and the black influence continued to be voiced on campus through many OBI sponsored activities.

TCC had managed to survive some stormy times in the late sixties and the school now concentrated on expansion. By September of 1971, enrollment hit 3,300 students. An important feature added to the

school was the newly formed math lab. In 1972, a women's study course was instituted as well as the Career Information Center.

A popular event on campus during 1972 was the unique TCC Coffee House. It was usually held on a Friday night in Bldg. 15 from 8 p.m. to 2 a.m. Students gathered for socializing and to listen to an occasional speaker who would get a group discussion started. It was meant to be a forum for exchanging ideas as well as hosting local live entertainment such as country, blues and folk musicians, mime artists and improvisational theater groups.

For the students, it seems the years of 1971 and 1972 were a time of progress. But for the faculty, that was not the case. TCC was about to face another crisis..this time caused by the teachers.

As early as 1971, many teachers on campus were dissatisfied with their union representation. Under the leadership of George Huffman, history teacher, the faculty decided by a 70 percent vote to break off their affiliation with the National Education Association and join forces with the American

Federation of Teachers. The AFT was a more aggressive and politically active union, said Huffman in a recent interview, and the faculty strongly desired its backing. The new teachers union became known as the Tacoma Community College Federation of Teachers (TCCFT).

According to Huffman, "There had been a history of a lack of meaningful negotiations between teachers and administrators." He said the original faculty, represented by NEA, did not have a real voice in the governance of the college. It was time for a change.

In 1972, the teachers began negotiations with the administration and the board for their first contract. The negotiations were stalled often; the administration was not entirely sympathetic with the teachers or happy about the new AFT alliance, said Huffman. After six months and patience wearing thin on both sides, the teachers began to talk about a strike. AFT sent in a mediator and finally contracts were signed in the spring for the coming school year. Nevertheless, relations between faculty and administration were not greatly

improved and there was a lingering discontent.

The following spring trouble began again. The teachers voted on March 15, 1973 to declare "No Confidence" in the TCC president, Dr. Thornton Ford. They were angered by a proposed staff reduction campaign to be carried out by Ford as well as feeling that once again the views of the faculty were of no importance to the administration.

The board of trustees spurned the no confidence vote and sympathized with the TCC president. The next few months became marked by open debate, contention and controversy.

The teachers went out on strike fall quarter of 1973. The school was closed before it even opened and classes were cancelled. The strike lasted two weeks. Frustrated students got involved when they formed a protest group and marched to Olympia seeking intervention from Governor Dan Evans. It was the longest community college strike in the history of the state and still holds that record today.

At issue was a salary increase and assurance that the teachers would have more

recognition and involvement in the policy making process on campus. The strike came to an end only after a federal mediator negotiated a two year contract with a 7 percent pay raise. One year later, Dr. Ford resigned after nine years of service. Since then the college has had four presidents and four different administrations. Dr. Robert Rhule was interim president for one year until Dr. Larry Stevens was hired in 1975.

The reign of Dr. Stevens was also one of discontent between faculty and the college president. According to Jerry McCort, English professor, Dr. Stevens was not popular. In fact, McCort, as president of the TCCFT, delivered a "No Confidence" vote on behalf of the staff directly to Dr. Stevens in 1979. The faculty also met with the Board of Trustees but in the end it was decided to renew Dr. Stevens' contract for another three years. In 1982 Dr. Stevens resigned. Dr. Melvin Lindbloom was acting president for the following school year until the search committee located the present administrator, Dr. Carleton Opgaard who came on board in July of 1983.

Facing one's fears turns out to be the right cure

By BARBARA COHEN
Challenge Staff

Facing surgery is not the easiest task in the world. For me, coward of all cowards, the knowledge that I needed major abdominal surgery was scary.

The fact that my physical problem — a growth — was a self-discovery lessened my fears not in the least. Due to years of weight-lifting I am in tune with my body. Upon self-examination, I could feel with my fingers and also visualize with my mind's eye exactly what I felt resting deep within my abdomen.

Added to my fears was the fact that my surgery would be performed at Madigan Army Hospital. Previous negative experiences with Madigan and the recent rash of medical mistakes reported there, one of which resulted in the death of a seven-year-old child, further increased my anxiety.

Although I prayed for a miracle, I finally entered the hospital with my apprehensions in full gear.

My temper flared when I was informed that all previous diagnostic tests would have to be repeated. Once again I tolerated a cat scan, an intravenous pyelogram and a barium swallow, all of which I felt were an invasion of my body with cancer-causing agents.

After undergoing all of the tests within a matter of hours after checking into the hospital, I was informed by a nurse that I would have to drink a preparation called K-Lyte. The drink would cleanse my intestinal tract of all bacteria.

Imagine warm salt water which has been saved for you for weeks. That is what the drink tasted like. I thought that if I weren't cured after that treatment I would no longer fight with anyone at the hospital. In fact, I no longer had the energy. The drink washed me out completely and I had to drink gallons of the foul-tasting concoction.

When dinner time arrived, I was ready. My dinner turned

out to be green jello with something white on the bottom which tried to pass for fruit, a cup of brown liquid which I found out later was broth, and a cup of black coffee. The black coffee made me mad. I don't like black coffee. I told the major who asked me if I was comfortable exactly how I felt about black coffee and made her promise that I would never again see it on my tray. Of course, it was on my tray at each meal, steaming hot.

I felt relieved when I learned my doctor was the chief resident. When I saw him, however, I lost confidence again. He was a tall, lanky, pale man, wearing a busy face and ill-fitting surgical fashions, and he carried a cup of black coffee.

He did not interview me the first day due to an emergency surgery call. Instead I talked with a young intern who tried to appear professional and impersonal. I gave all the wrong answers to his questions. When asked if I smoked, my

reply was that since I had discovered my problem, yes, like a chimney.

The doctor was interested in former health problems and he wanted to know why I was so skinny. I informed him that since I can easily squat-lift 310 pounds on my 110-pound frame that I had no problems with my weight. When I left, he was actually smiling.

The chief almost awed me when I came face to face with him. He informed me it would be necessary for me to sign two surgical permits in case

more extensive surgery were needed. He said this was because once I was anesthetized I could not be awakened for permission to perform more extensive surgery.

I signed the two permits and my doctor and I found common ground. He and I were both tall and lanky, and he seemed to know what I meant when I told him of my attempts to gain at least 20 pounds. He was smiling widely by the time I left.

After the administration of

the pre-op medication the morning of my surgery, I really didn't care what the doctors did to me. I was very happy and relieved, and feeling ready to take on the world. I wondered if perhaps the shot would cure me and no one could feel as happy as I felt at that moment and still be ill.

The surgery was a complete success. The doctors were pleased and somewhat mystified with me. I was told that the cyst, which had grown to the size of a football and much longer literally popped out as soon as the abdominal wall was opened.

I was returned to the ward, and started my healing process. I was on my feet and moving unassisted within hours. I felt happy to know I was fine and healthy. My spirits were high.

Apparently I overdid the ambulation because the following day I was so sick I couldn't move. The military nurses were concerned and

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New trustee

By SUSAN ETCHEY
Challenge Staff

Karen Reed Clarke has had a love affair with TCC for many years. The college has benefited her many times in the past and that is one reason why she is happy about her recent appointment to the TCC Board of Trustees. Governor Gardner made the appointment in November to a five year term.

Clarke is a juvenile court liaison for the Tacoma Public Schools. She holds a master's degree in counseling and guidance from Pacific Lutheran University and a bachelor's in psychology from Bradley University in Peoria, Illinois. She is working toward her Phd at Seattle University in the educational leadership program. Before coming to the Tacoma Public Schools in 1983 she worked as an education coordinator for the Association of Washington Community Youth Services.

Clarke's affection for TCC is closely tied to the fact that she worked on campus for three months in 1983 as a counselor for the Open Door Alternative High School. That is when she developed a sense of what the campus is all about, she said. "I found out what the needs are, the teachers needs and the

student's needs."

Clarke lives within three minutes of the campus and because of its proximity has attended many on-campus concerts, dramas and other special events. She uses the library occasionally and has even taken a French class here. She believes that community colleges like TCC offer a lot of advantages to the residents in the community. "I have reaped a lot of benefits by being so close," she said. "Now it's time for me to make a contribution."

Clarke's primary concern is the expansion of the college in the years to come. There is a great deal of open land available to the school. "We need to look at how we want to see the land utilized," she said. She admits that money is going to be a major factor when talking about growth. One need she recognizes as long overdue is a student union building. Other community colleges have very adequate facilities for student programs but TCC has had to forfeit this type of facility over the last 20 years due to lack of funds to finance it. She said that she shares the concern for finding a way to build a student union building along with other board members and President Opgaard

Silkscreening class added, while art attendance up

By FLORENCE DUMAS
Challenge Staff

Compared with fall quarter of 1984, fall quarter 1985 brought a larger number of students enrolled in art classes with an increasing interest in one or more areas of art, reports instructor Frank Dippolito.

Courses designed to fit individual needs are offered during day and evening classes.

The art department occupies Bldg. 5 in various studio areas except for two lecture-oriented classes held in Lecture Hall. Studio courses scheduled for winter quarter include beginning design, 3-dimensional design, drawing, pottery, painting, watercolor, sculpture, photography, jewelry, and printmaking. Lecture classes are Introduction to Visual Arts and History of Western Art.

New for winter quarter is the printmaking (silkscreen) class. This is the second year for jewelry classes "geared

for some practical training in design, repair, and methods for casting and construction," said Dippolito.

According to him class size averages 25-35 people. "We would like to see more students get involved because it offers the opportunity for the student to develop creative skills, and in a very practical way....besides, it's more fun when more pupils are in the class."

He also stated that some students taking art classes have a commitment to go on to art schools and work professionally. They should initially concentrate on basic design and drawing courses, prerequisites for certain classes.

He commented that several continue to return to TCC to 'brush up' on their skills, or, for those who have retired, to take art as a creative pursuit. "(It's) nice to see students who want to be creative."

Students often elect

courses relating to their interests. He remarked that this includes those who would like to join their artistic talents with their business talents to make a living, for instance, at pottery. They need a foundation of skills for an art-related vocation.

An objective of the department is to prepare students to enter art vocations related to the studio arts. Looking ahead to the future, Dippolito explained, "We would like to develop a crafts occupational program which would prepare people with enough knowledge to set up a small business." He said the department hopes to see something get started, "at least the groundwork," by the end of the year.

The TCC art instructors are well qualified professionally. Dippolito received a bachelor of fine arts degree from the Chicago Art Institute and a masters degree in fine arts from the University of Puget Sound.

Reggie McKenzie—his new job

By AURA GILLMER
EX-FEATURES EDITOR

From my five foot six perspective, Reggie McKenzie is a very big man. However, his size became less and less apparant as we spoke. He immediately put me at ease the moment he introduced himself, and as the time passed, I grew more and more comfortable in the presence of my bigger-than-life gridiron hero.

After playing professional football for 13 years, one would expect McKenzie to be a calloused, roughened, tired old man, but at 35 he is starting a new career as assistant director of marketing and public relations with all the zest and zeal he put into his years on the field. Surprisingly, he enjoys his new 'uniform': shirt, tie, and jacket, as much as he enjoys his new job.

He had this to say about his new role with the

Seahawks:

"I'm not one of these pessimists about life. I enjoy life; you go out and live it and maximize it and you add to it in whatever section you have in it. You make it good, you make it purposeful. I like to think of myself as a 'plus' in life. If you constantly are a plus and you remain beneficial, you don't have to worry about climbing the ladder because it's all going to come to you."

McKenzie has been highly influential in Seattle from the moment he came here from Buffalo.

"One thing I started when I got here was team parties every Monday night. Just the guys get together to watch TV, play cards, drink beer, and just kind of bust each other's chops, and that's part of the whole thing, the camaraderie, the chemistry that goes into making a successful football team. If everybody

is working together and going the same direction, then we are going to be successful nine times out of 10. Our season this year is going to be relatively successful, not as successful as last year, but that's the way things go."

The difference, McKenzie feels, between this year's Seahawks and last year's, besides the obvious void left by his departure, is that the team has just not gotten the "bounce of the ball" like they did last year, he pointed to the dismal New England game as an example.

McKenzie has no regrets after leaving the playing end of professional football. He in no way feels he is too old to play the game well and feels that he could have contributed in a big way to this year's team if he were still in uniform. The cut, however, came as no surprise to the seasoned veteran.

"I knew something was up;

something was going to have to give. But I didn't really give them an 'out' by playing bad. I like to think I had a real good pre-season, but it's just a thing of numbers. I kind of knew that something was going to happen and when Chuck (Knox) told me, 'Hey, come see me,' I knew. I just didn't fall off of the last turnip truck that went up the street. I had been in the business long enough to know that I would have to leave, but I told them that the only way they'd get me out of the game would be to waive me...and they did."

McKenzie found sitting up in the box with General Manager Mike McCormick frustrating because he could not get to the players to tell them what he had observed or to advise them. He told Coach Knox that he would like to be down on the field during games and Knox asked him to stop by the locker

room before hand to help enthuse and inspire the team, something to which McKenzie readily agreed. The players seem to enjoy having him on the field because he can point out some things, having played the game and therefore possessing the ability to notice things that others would not and to give helpful advice.

Billed as the Seahawks' inspirational leader, McKenzie epitomized the positive-thinking, ever-ready player. He says that there were certain ways he would get himself ready for a game and is more than happy when the methods work for his team mates. Winning and being successful are important to him, and if he ever had to get after somebody to get them going so that the team could be successful, he did it.

McKenzie envisions

Continue on page 8

Jo Ellen Sutton— Care Center's backbone

By **BIANCA ALLEGRO**
Challenge Staff

Many Tacoma Community College students have pressure dealing with classes, exams and homework, as well as a job and a family for many. Filling so many roles can be overwhelming at times. TCC students with small children, however, have one less worry thanks to the college's Child Care Center and its director, Jo Ellen Sutton.

Sutton has been director of the center for the last three academic years, and has a master's degree in Psychology. She has taught at the community college level previously.

Children whose parent or parents attend TCC are eligible for the child care service. The cost of the service is based on a sliding fee scale, which is determined by the size of the family, and the rate of the parent's income. Children must be at least two years old and toilet trained before being placed in the facility. Although the center is licensed to accept ages two to eight, the age limit is normally six because a child usually starts school by this time.

The center has started some new policies, such as being open during the summer months.

"Before I became director the center had never been open in the summer," said Sutton. "We have been open the last two summers, and have done a summer program that included developmentally delayed

children....so that's been very exciting." The program integrated handicapped children with other children who were not disabled, and provided a learning experience for both groups.

In addition, the center opened early this fall in an effort to meet the needs of students who were starting classes two weeks prior to the other classes. The center's hours at present are 7:45 a.m. to 4 p.m., Monday through Friday, when classes are in session.

Sutton said that presently the center has about 50 children enrolled, with some parents having more than one child in the center.

Sutton stresses that while children are at the center, they are in an academic environment. There is a daily schedule for the children with a variety of activities based on the attention span of the age group.

Sutton stresses that while children are at the center, they are in an academic environment. There is a daily schedule for the children with a variety of activities based on the attention span of the age group.

"We go through the schedule, and emphasize to the parent that there is a planned education program," said Sutton. She believes this is important because the parents are obviously people who are concerned about education. "While they're in school learning, their children are in a learning environment, too," Sutton added.

She said that the focus of the children's schedule is on creative activities and "readiness activities", which prepare the child for math, language development, and eventually for reading.

Sutton said a new building will be built next door to the child care center to house the Tacoma Learning Center. This center will serve children from birth to age 3 who have developmental delays or are handicapped. "As soon as that center is ready to open, we will start exchanging children to give kids from both centers an opportunity to be in an environment, in their case, with 'normal' children, and in our case for children to have an opportunity to learn more about kids who are different," said Sutton.

The center has in the past had children with handicaps placed there through a program called Infant-Toddler Opportunity Project (ITOP). At present, there are no children at the center involved in ITOP. Sutton said this is because in order to be in the ITOP program, the child's parent must be enrolled at TCC. Sutton feels this restricts the number of children that can be mainstreamed in to this program, because TCC students must take priority.

The center is located in Bldg. 23. Any questions can be answered by calling Jo Ellen Sutton at 756-5160.

Ceremony



Architect Randy Robbins and Mayor Sutherland

Photo by Shannon Saul

Continued from page 1

Vocational Education), spoke next.

"This day marks a pinnacle for all of us," she said. Gentili explained that after four years, the dream of coordinating services for families with children who have special needs had finally begun to become a reality. However, "The facility and programs belong to all of you. Please come and visit and see what's happening," she said, adding, "Please tell others so they can take advantage of the programs, too."

Mayor Sutherland concluded the speech segment of the ceremony by saying, "The act of the ground breaking ceremony is only one step in a series of steps...The need and purpose of the structure begins after it's built."

Children from the Tacoma Learning Center used shovels--some used their

hands--to dig in the dirt, signifying the beginning of the Tacoma Learning Center building.

After the ceremony, Mayor Sutherland said in an interview, "Ground breakings are fun. They reflect a combination of resources from the college, city and state who committed substantial resources for the benefit of the community."

The Tacoma Learning Center will house two programs--the Tacoma Learning Community and Washington PAVE (Parents Advocating for Vocational Education). The Tacoma Learning Community will provide a cooperative nursery school program for developmentally-delayed children from birth to age three. Washington PAVE offers training and support for parents of developmentally-delayed children.

The center is scheduled to open in the spring of 1986.



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Work out or pork out?

By **BIANCA ALLEGRO**
Challenge Staff

It seems at times that the media is a mass of contradictions. One moment, we are being told how wonderful it is to be "fit and trim", and that foods with great taste must be avoided at all costs. Low-fat, low-salt, and low-calorie have all become household words in our society. Ironically, the next commercial or turn of the page tempts us with "the most devastatingly delicious brownies ever", or a "flame-broiled burger with crisp, golden fries." Just seeing these goodies is enough to cause me to put on ten pounds. All this has come to my attention being a (somewhat) dedicated dieter myself, and frankly, the situation is confusing.

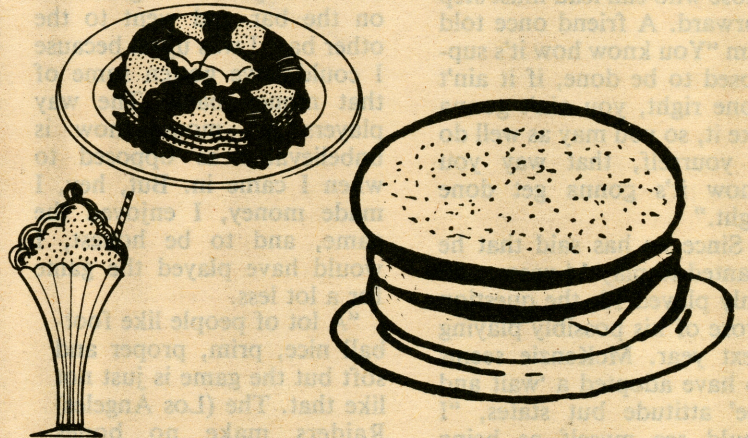
Okay, fine; I finally decide to lose those stubborn pounds and get fit. Yes, as the summer approaches, I am ready to work for a body that doesn't resemble as avocado. I go shopping at the local health food store, and purchase 'sugar-free' anything and 'diet' everything. I am raring to go. Will-power is hard enough to come by when passing my

favorite bakery or those ever-present vending machines, yet I stick to my motto and "persist to resist" all those yummy temptations. I pretend to be as happy as can be with my deliciously satisfying salad. Little does the world know that I am haunted with visions of huge golden arches and echo's of "Where's the beef?". "This is so much better than that chocolate bar or bag of corn chips," I say to all my friends. One thing consistent in all dieters, is our ability to lie.

To get my mind off of food, I decide to get moving with some exercise. I proceed to flip on "The 20-Minute Workout". Sickeningly thin toothpicks in legwarmers instruct me to "keep moving through the commercials!". Easy for them to say. It's not bad enough that I'm feeling pain I've never felt before in muscles groups I never knew existed. So what happens next, you ask? They flash a breakfast commercial at me. Not a 'health' cereal or a fiber-and-bran deal, but a stack of fluffy pancakes which runneth over with maple syrup

and creamy butter, along with a side order of sizzling bacon, all this accosting my eyeballs at once! Now I'm supposed to "keep moving" with this in front of me? Ha! Fat chance! Needless to say, I *did* keep moving; right through the hall, to the kitchen, and into the cabinets. "The 20-Minute Workout" has just evolved into "The 40-Minute Pork Out".

Another thing that bewilders me is these advertisements for the diet foods. Now to the best of my knowledge, I have never known anyone to buy a diet product unless he or she had a weight problem. But does the media portray this to us realistically? No, it does not. Instead, they show us 110-pound women, enthusiastically drinking diet sodas, downing 'lite-margarine', and guzzling 'the skinny girls' milkshakes. This is an outrage! Every slim person I know forks down *anything* they want, *anytime* they want, and in *any quantity* they want! The words 'low-cal' and 'diet' are foreign to them. It's us chubbies that are



out there buying these products advertised by the stalks of the world, who are gorging on the foods which are 'no-no's' in our book. Talk about role-reversal!

As you can see, a mass of

contradictions; unjust ones at that! What's the use of even trying to figure it out? Now if you'll excuse me, I think it's time for the "40-Minute Po--", ahem, I mean "The 20-Minute Workout", of course.

College reps coming

Admissions representatives from 17 Washington four-year public and private colleges and universities will visit TCC to discuss transfer procedures with TCC students and other interested area residents on Tuesday, Feb. 18, from 9:30 a.m. to 1 p.m. in the foyer of Bldg. 7.

The schools are Central Washington University, City University, Cornish Institute, Eastern Washington University, Gonzaga University, John

Bastyr College, Pacific Lutheran University, St. Martin's College, Seattle Pacific University, Seattle University, The Evergreen State College, University of Puget Sound, University of Washington, Washington State University, Western Washington University, Whitworth College and the ROTC scholarship program.

Additional information may be obtained by contacting Clarine Kvamme in the Counseling Center, 756-5122.

Titans undefeated

By **KIM WEAVER**
Challenge Staff

Finishing with an 8-4 preseason record, the women's basketball team moved into league play.

In the Jan. 4 opener, the Titans defeated Grays Harbor 52-35, and then went on to upset defending champions Green River, 72-68.

"It was the most exciting game of the season," said coach Jerry Shain.

Tacoma took on Lower Columbia Jan. 11 in a game preceding the L.A. Lakers and Seattle Supersonics in the Seattle Coliseum and remained unbeaten, winning an 82-56 shootout in which the Titans led from start to finish. Ruth Rufener headed the Titan scoring with 18 points.

After 12 preseason and three league games, Rufener and Holly Hovey share top scoring honors. Rufener is also leading in rebounding and Brenda Guenther in assists.

The Titans' next game will be Saturday, Jan. 18, in Centralia.

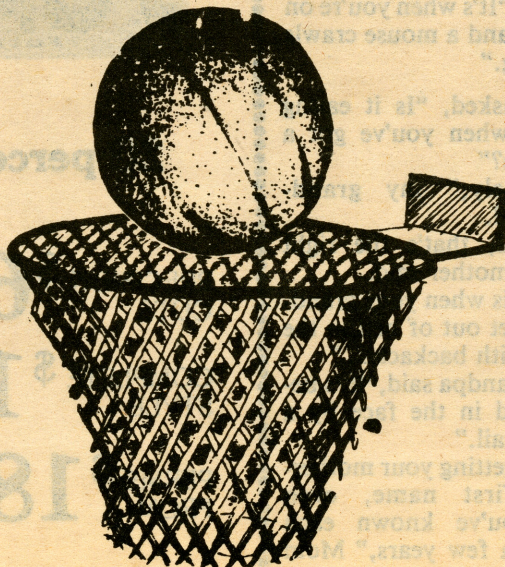
By **LARKIN CAMPBELL**
Sports Editor

The men's basketball team opened league play Jan. 4 with a victory over Grays Harbor. Following the win over Grays Harbor, the Titans continued to roll with an impressive 76-51 victory over Green River. Keeping their flawless record intact, TCC thundered over Lower Columbia last Saturday night here in

Tacoma, 88-53.

The Titans emerged from the preseason competition with an 8-2 record. During the team's preseason matches against non-league opponents, the Titans also travelled to California to compete in a tournament, in which they took third place.

The team will try to continue their winning ways Saturday as they head to Centralia.





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Reggie talks

Continued from page 5

himself as both a leader and a follower, but states that when the time comes to lead, those who can lead must step forward. A friend once told him "You know how it's supposed to be done, if it ain't done right, you ain't gonna like it, so you may as well do it yourself, that way you know it's gonna get done right."

Since he has said that he wanted to play 14 years, and only played 13, the question arose of his possibly playing next year. McKenzie seems to have adopted a 'wait and see' attitude but states, "I could see myself as being retired. I haven't formally declared it yet, but right now, I am. I don't see myself coming back unless they say, 'Come back and play and we'll give you the money that you lost.' But I don't see that happening."

He is not, however, staying in shape in order to be ready if the opportunity arises. "I had 17 years of working out. Why would I want to go down there every day? I'm working out at the bar now . . . 12 ounces is about the heaviest weight I lift these days. At one point I thought they were going to bring me back, so I went down

and worked out for about an hour and a half and Knox called me and said they couldn't do it . . . I put the weights back on the bar and went to the other bar! I was upset because I could have gotten some of that money back. The way players get money now is unbelievable as opposed to when I came in. But, hey, I made money, I enjoyed the game, and to be honest, I would have played the game for a lot less.

"A lot of people like football nice, prim, proper and soft but the game is just not like that. The (Los Angeles) Raiders make no bones about it, and that is part of their appeal. They are the best and people want to beat the best. To be the best you have to beat the best. When we beat them, yes, we're the best and we 'hate' the Raiders. People hate them because they are successful. The Raider Hater attitude is nothing but good competitive rivalry within the division. I know a lot of the Raiders; I'm very good friends with some of them, but on the field, I'll say 'Screw 'em.' You see a lot of the guys from both the Seahawks and the Raiders laughing with each other

after the game; this business, the game, it's really for the fans."

Some Seahawk fans are upset with the fact that Jim Zorn is no longer playing for the team. McKenzie states that it was simply time for "The Z Man" to turn the page and get a new perspective. He will be the first one to say that Zorn was effective doing the kinds of things that the Seahawks did in the past, but the team's style has changed, and with that change came a change of quarterbacks. Some of the people who were used to seeing Zorn on the field are unhappy with the change, but football is like that. Zorn "is doing really well in Green Bay and the team wishes him all the luck in the world."

There has always been a controversy over whether natural or artificial playing surfaces are better, safer, and more convenient and McKenzie feels that although artificial playing surfaces have their drawbacks, they are a necessary evil in this country because of the inclement weather. "I played in Buffalo and if we wouldn't have had artificial surface, it would have been muddy as the devil. Wet muddy conditions just don't make for good practices or good games."

"I was a ball player who benefited from the artificial

surface, even though it does take a toll on your knees and ankles, because speed and quickness was my game. I wasn't what you call a big fat-in-the-ass type of player, and on the artificial surface, speed and quickness is what it's all about. On a natural field, I wasn't as fast because of the natural 'give' of the grass.

"At the same time, though, you've got to play on a natural surface from time to time to give your legs a break. After playing a game on artificial surface, your legs ache for two to three days."

It is sometimes said that artificial surfaces cause more injuries than natural surfaces, but McKenzie feels that injuries simply can not be eliminated from football because of the very nature of the game. "You've got violent collisions with big bodies and the kids keep getting bigger and stronger, so you just can't eliminate injuries. I don't think that the game needs any more rules to protect the players. Sometimes they make rules because they've got nothing better to do. Rules are good when they're warranted, but sometimes they get out of hand."

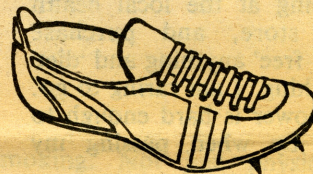
The respect McKenzie has for Coach Chuck Knox shows in his words:

"Charlie Knox is the kind

of guy who can go around on the corner where the boys are hanging out and communicate with them, and then an hour later he can go up to a board of directors meeting with some CEOs and handle himself just as well. Those players who listen carefully to Knox and really understand what he's saying are going to be better ball players and better people."

McKenzie speaks thoughtfully about losing; he knows that disappointment is tough in anything, be it football or life. "Nobody likes to lose, but unfortunately it has to happen. A team can say 'We came a long way but we just came up a little short,' but at the same time when a team is looked at as part of the elite group of winners, it's not a bad feeling. People start calling the team 'the best' and then a player can stick his chest out and feel proud."

Reggie McKenzie can well stick his chest out and feel proud, because whether it's on the field, in the Seahawk administration office, or in life, he is a winner.



Pains of stomach surgery

Continued from page 4

caring and seemed to know what the word nurse meant. The civilian staff, however, was unwilling, unyielding and uncaring. They appeared to resent any care performed for the patients. At one point I was told that they did not know how to handle an illness such as mine.

My confidence dropped once again and I decided to fight hard to get out of the hospital and home again. The miracle for which I prayed happened. I only spent one extra day in the hospital. The doctors and nurses who were capable of caring made up for the ones that didn't.

I have finally realized that I am not such a coward after all, I am really quite brave.

By DAVID ADAMS
Special to the Challenge

My grandmother, in sheer exasperation, uttered the words "Uff da." And I, as any young child would do, asked, "Grandma? What does that mean?"

My grandma told me of many possible meanings and then said, "It can mean anything that you want it to." She then said, "It's trying to dance a polka to rock and roll music. It is when you lose your chewing gum in the chicken yard."

"Grandma?"

"Yes."

"Would it be having Swedish meatballs at a lutefisk supper?"

"Yep, absolutely. It is also when you spend two hours cleaning your room and your mother says, 'Uff da.'"

During this conversation, my grandfather came in and said, "It's also when you walk downtown and then wonder what you wanted."

"Grandpa, then could it be like last week when we arrived late at the crab feed and got

'Uff Da!'

served minced ham instead?"

He said, "Yes."

Then my grandma said, "Uff da is when you look into the mirror and discover that you're not getting better, just older."

"It's also when we're cleaning up the barn and trying to put two buckets of manure into one bucket."

My mother, who had stayed out of the conversation until now, said, "It's when you're on a hayride, and a mouse crawls up your leg."

I then asked, "Is it eating hot soup when you've got a runny nose?"

"Definitely," my grandparents said.

"Oh, yes, that's the right idea," my mother said.

"Uff da is when your grandpa and I get out of bed in the morning with backaches."

Then Grandpa said, "It's being swished in the face by a cow's wet tail."

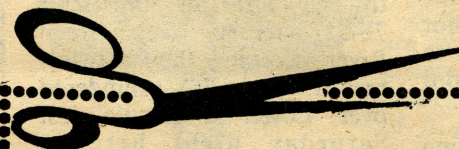
"It's forgetting your mother-in-law's first name, even though you've known each other for a few years," Mom stated.

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