

Feb. 29, 1980



# The Collegiate Challenge



Volume XVI Number 14

Tacoma Community College

Friday, February 29, 1980

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John H. Binns:

## Public servant, Rhodes Scholar, poet, friend dies

John H. Binns, 84, prominent attorney, a former judge, a Rhodes Scholar who served Tacoma's educational community, TCC board of trustee member (1967-72), and poet, died last week.

He was a member of the Tacoma School Board from 1931 to 1935 and a member of the TCC board of trustees from 1967 to 1972.

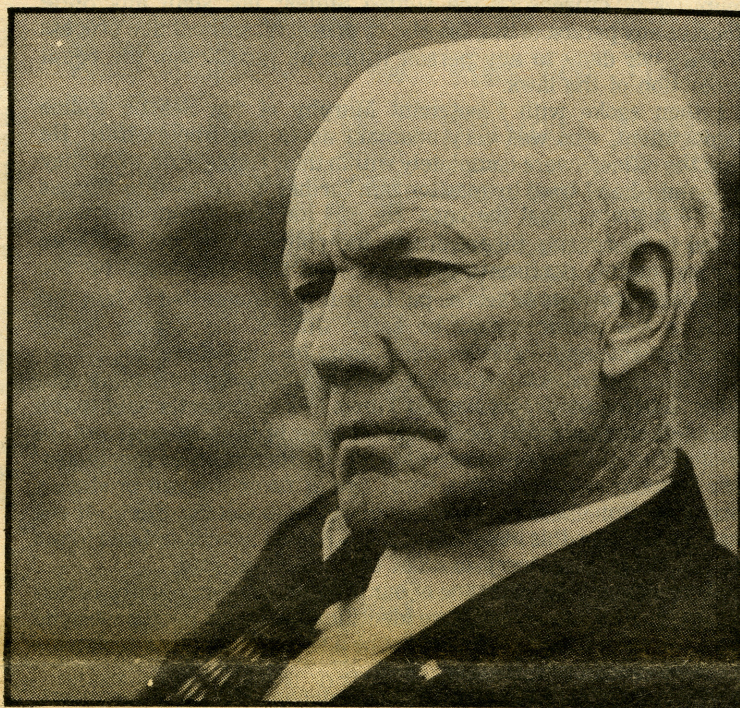
Born and raised on a farm near Shelton, Mr. Binns resided most of his life in the Tacoma area. Upon graduating from Washington State University, he was selected as a Rhodes Scholar. That educational opportunity was interrupted temporarily by Army service during World War I.

Binns began practicing law in Washington state in 1922. In 1946, he served as a Pierce County Superior Court judge to fill an unexpired term.

He was a former Washington State University regent, counsel for the Port of Tacoma, attorney for the Town of Ruston, Pierce County Democratic Central Committee chairman and Washington State Poetry Foundations trustee. Regent Binns was a remarkably active student during his undergraduate days on the WSU campus. His affiliations included: Gamma Delta (now Beta Theta Pi), Crimson Circle (secretary-treasurer), Delta Beta, Washington Literary society (play director), YMCA cabinet, and the Green Lamp. He was writer and editor for both the Evergreen, student newspaper, and the Chinook, WSU annual.

Binns also served as Pierce County March of Dimes campaign chairman for 20 years.

He helped to organize the TCC Foundation and the Friends of the TCC library. He once told a reporter that the best years of his life in public service were those at TCC. "We were the first board. We were pioneering. We set a lot of policy during those years, and it hasn't been



changed very much."

Binns was a member of the Tacoma-Pierce County, Washington state and American bar associations and was past president of the Tacoma Young Men's Business Club, Kiwanis Club and Tacoma Executives Association.

One of Binns' best kept secrets over the years was his love for writing poetry.

He was reported to have said in a News Tribune interview in 1976: "Yes, I have written a good deal of fugitive verse in my time. No, I will not venture to recite the best or the worst of it." His ambition he stated in another TNT interview was: "I should like to write — and I will probably never get around to it — a history of the early days of Washington law, using the territorial cases as a starting point. They are very interesting."

A man of gentle voice, courtly manner Binns survivors include his wife, Ruth B. of the home; three daughters, a son, 14 grandchildren, and four great-grandchildren.

Private family services will be arranged by Morley-Mellinger Funeral Home. The family requests that memorials be sent to the Friends of the Library of TCC or to the March of Dimes.

## Jim Walton speaks to BSU

Assistant City Manager and TCC alumnist, Jim Walton spoke to a small group of Black students on Feb. 21 in bldg. 18.

Walton's comments included some TCC history during the 60's and an outline of what the original Obi Society, now the Black Students Union, tried to accomplish.

Walton was the organizer and President of the first Black Students Union on TCC. He explained "Obi" as being a rough English translation of the Swahili word soul.

The Black Students Union has gained recognition lately for being the most active student organization on campus, and having one of its members, Ron Wilson, become the first president of the Pan African Students Association of Washington State.

"We understood there was a need for an organization on campus that could devote time to the needs of Black students," commented Walton. As with many organizations however, even though many agreed there was a need for such an organization, there were very few ready to take the time and effort to launch it.

Opening the floor to

## CORP seeks increased funding

Community college student leaders say they will launch an allout effort to gain state Senate support for a \$2.4 million supplemental budget.

Leaders of the Council of Representatives and Presidents, the community college student organization, said Monday the money is needed to offset an unexpected increase in enrollment.

The jump at the state's 27 community colleges has put the schools in a budget crunch, said Doug Ewert, council president.

Ewert said without additional

funding the quality of education and accessibility will be "seriously jeopardized."

Hardest hit are the five campuses in Seattle and Spokane.

Gov. Dixy Lee Ray, however, did not include the extra money in her supplemental budget request to the Legislature this session.

Ray suggested last week in Spokane that the colleges make an agreement "in the nature of a binding contract" when they set out their enrollment goals and ask for state money.

## Trustees face issues during day on campus

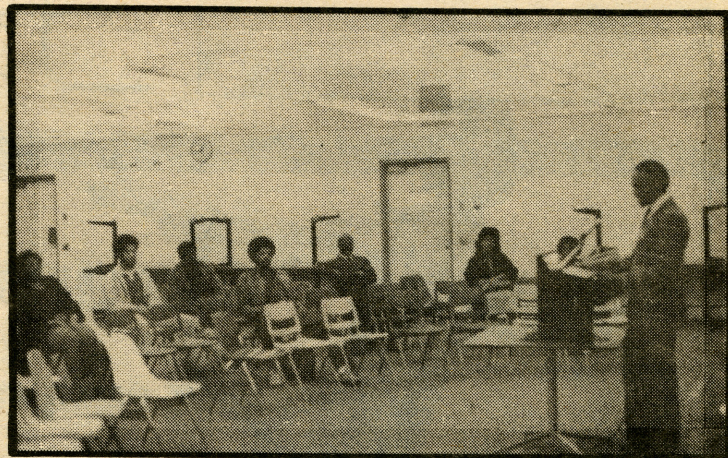
The TCC Board of Trustees met Feb. 21 with interested members of the faculty, administration and classified staff and students to discuss many issues facing the college at present and in the future.

Board members Dr. Barbara Wesley, Mrs. Ellen Pinto, Mrs. Sally Starke, Alan Vandeventer and Robert Hunt participated in the round table discussion moderated by Don Gangnes.

Topics addressed by approximately 40 persons attending included: alternative class scheduling such as energy saving classes, four-day week, etc.; a fiscal conservation

program where a department or program would be rebudgeted money saved by that department; need for off campus education center sites; what should be the College's capital construction projects for the 1981-83 biennium; some of the impacts on the college resulting from erosion of local autonomy; need for development of human resources (staff development and retraining); and recent legislative-executive branch concerns of performance appraisal-tenure.

Representatives of the entire campus community attended the session.



questions, Walton explained his view of minority hiring practices "...yes, the opportunities are there...but many Blacks still channel themselves to traditional fields..don't limit yourself to just what's been offered."

Asked about the general political awareness of the Black community, Walton said "In the early 60's, Blacks had no power to define the future...Tacoma's only shortcoming now is in number, not in political awareness. Blacks have taken a great interest in politics."

Walton also felt Blacks should

have multi-political interest. "There was a time when the Democrats took the Black vote for granted...I think they are seeing this isn't true anymore."

Preceding Walton's lecture — was an address by Johnny Donadue, a member of TCC's BSU. His address included both an original speech by himself, done before the Washington State Legislature and a rendition of Dr. Martin Luther King's, "I Have a Dream."

The program was part of the activities sponsored by BSU in celebration of Black History Month.

### On the inside

- editorials ..... 2
- suggestopedia ..... 5
- sports ..... 7



# editorials as we see it...

## Civil rights violated at rock concerts

By Pati Wilson

People who attend rock & roll concerts are constantly being subjected to harassment by the police who put everyone through searches of their personal effects and, more recently, body searches. Trying to get through the doors of the Seattle Coliseum to see a band is rather like getting booked; the only thing they don't do is tell you to bend over.

Those who attend concerts at the Opera House, (classical or otherwise,) and those who go to see Bobby Vinton or Wayne Newton, or even games at the Kingdome, are not subjected to these outrageous and demanding acts of police harassment. Thus, it is becoming increasingly evident that the people who attend rock concerts are being discriminated against because of their taste in music.

Recently at a Grateful Dead concert in the Seattle Coliseum, the Seattle police overstepped their bounds with four people who are not keeping quiet about it. These four are suing the City of Seattle, the Seattle Police, and the Coliseum for several counts of illegal search and seizure. One of the plaintiffs in the case is suing because an officer put his hands into the young man's pockets, took out his wallet, and looked between the dollar bills. The police department claims that for the sake of public safety, they are only looking for guns and alcoholic beverages, neither of which would fit into the compartments of a wallet.

Another plaintiff, who suffers from a heart condition, had on his person a bottle of pills which was the heart medication he must carry with him at all times. A police officer found the pills and handed them to a fireman. When the young man asked the fireman to return his medicine, the fireman refused. He attended the concert without his pills and subsequently experienced coronary difficulties, but because of the policeman and the fireman outside, had no medicine when he needed it.

I spoke to their attorney, Peter Eglick, and he said that since the searches were made without consent or warrant, they are unconstitutional; specifically, violations of the 4th and 14th amendments which state respectively, "The right of the people to be secure in their persons, houses, papers, and effects, against unreasonable searches and seizures, shall not be violated, and no

Warrants shall issue, but upon probable cause, supported by Oath or affirmation, and particularly describing the place to be searched, and the persons or things to be seized." "...No state shall make or enforce any law which shall abridge the privileges or immunities of citizens or the United States; nor shall any State deprive any person of life, liberty, or property, without due process of law; nor deny to any person within its jurisdiction the equal protection of the laws."

I then spoke with Lieutenant Murphy of the Seattle Police Department, who was very adamant about the whole affair. He said the officers were completely within their rights to do what they did, and when I tried to question him further, he refused to discuss anything more about the case. He told me that if someone were found to be holding illegal drugs, the police would not make an arrest but only confiscate the drugs; and that the reason for the body searches was to secure public safety. I suggested to him that maybe the public would be safer without the Seattle Police Department, and found myself talking to a dial tone.

When asked about Lieutenant Murphy's comment about no drug arrests being made, the Seattle Times Police Reporter said that if one gets stopped and searched at the door of the Coliseum and the police find, say, an ounce or whatever, of (for instance) marijuana, the police give the person a court date if he or she can produce a sufficient amount of personal identification to suit the officer. If one can not produce this identification, the person is arrested and taken to jail. This is contrary to what the lieutenant said.

Keep in mind, too, that one of our freedoms in this country is that a person does not have to have identification on his person when he is out on the street. So it should not be a factor in whether or not one goes to jail.

I spoke with an attorney about Lieutenant Murphy's comment, and he said it was "pure bullshit." He said it could possibly apply to a joint but not to any larger amount or to any other type of drug. In his words, "That cop lied to you."

It is not even considered that each person has spent at least \$8.00 to see a concert and this entitles him to better treatment than he is receiving. A person should not have any less respect given him or any rights taken away because he is young or because he likes rock & roll.

X  
to speak

Are we hopelessly mired in a "more is better" type of thinking? Are societies which commit themselves to the affluent ideal like spoiled children, having temper tantrums (wars) when they don't get what they want? Is it possible that the almost fanatical devotion to the ideal of affluence is a kind of terminal cancer in our society?

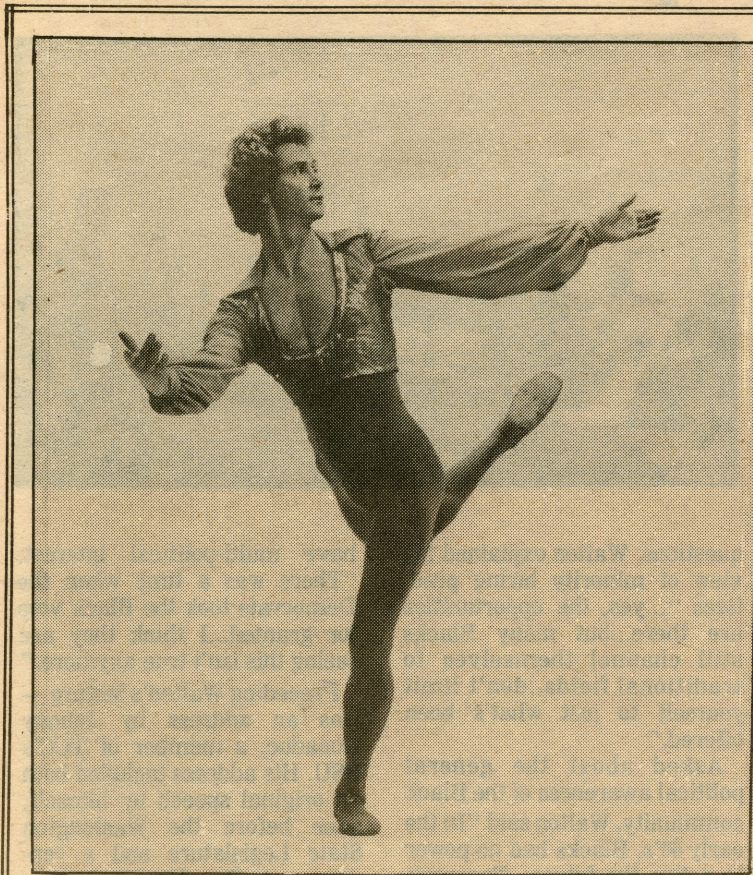
Wanting more is greed. Sages and religious leaders down through the ages have warned that greed is the major source of human misery. Ignoring their warning, "progressive" societies such as ours have turned greed into a social ideal. Some thinkers believe this to be a fatal mistake—a noble experiment perhaps, but so was the dinosaur experiment.

On Sunday, March 2, at 2 p.m., the TCC Honors Program and the Tacoma Area Council on Giftedness will present two eminent speakers. Dr. Frank Cousins—a University of Puget Sound literature professor, will bring his knowledge of the world's great thinkers to bear upon the issue. Dr. James West, of the University of Washington Department of Russian and East European Studies, will draw upon his expertise in Slavic culture to provide illumination from another perspective.

The Tacoma Community College Theatre (Bldg. 3, at the north end of the campus) will house the event. Admission is free, everyone is welcome.

Further information concerning this event is available from Devon Edrington, 756-5070.

Challenge seeks new editor call 756-5042



Ballet Tacoma, a performing group from the Jan Collum School of Dance in Tacoma, will present a free performance March 1 at 11:30 a.m. in the TCC theater, Building 3. Admission is free for the student activities sponsored event.







**Letter**

**Even if you don't bring my guitar back, I'll still love**

Dear Friend,

Last Sunday, February 24, 1980, somewhere between 2:00 and 9:00 P.M., you saw my 1973 Metallic Brown Capri parked in one of the parking stalls at the apartments at 1109 Woodlawn.

You saw my car and noticed that in the back seat was a guitar case and a paper bag from Prosser Piano and Organ Store, which contained a few groceries. The guitar case contained my guitar, which is only worth something to me, because the guitar is broken.

You of course discovered that when you opened my car door, which was unlocked; And you took out of my car, my guitar and case, and also my beige cordory jacket.

To your dismay, you saw that the guitar was broken, and the jacket well-worn.

My friend, I won't ask you why you took my guitar and jacket because I understand a theft, for I have thieved.

- I understand wanting, for I have wanted.
- I understand envy, for I have envied.
- I understand poverty, for I have lived in poverty.
- I understand hunger, for I have been hungry.
- I understand hate, for I have hated.
- I understand pain, for I have suffered both physical and mental pain.

I understand deceive, for I have deceived.  
I understand loss, for I have lost.

Most of all, I understand love, for I love. Because I love, I understand forgiveness. Like you, my friend, I to have little possessions on this earth. You took one of my possessions, my communication means to my God.

Please, return my guitar.

Ruth Beebe Hill:

**'Hanta Yo' causes 'Red alert'**

On February 27, 1980, Ruth Beebe Hill, author of the book HANTA YO, will make her appearance at Tacoma Community College to give a one hour lecture in reference to her background work on the book HANTA YO, which has been publicized in some areas as the "Indian Roots". The Indian students, and members of the Student Coalition of Indian Natives (SKIN), which is a Tacoma Community College student organization and campus advocate of Indian student concerns, feel that the book is a travesty upon Indian religion, culture, and language.

HANTA YO, which chronicles the lives of two Sioux Indian families has innumerable linguistical and historical errors. Raymond J. DeMallie, a noted anthropologist and non-Indian author of "Sioux Ethnohistory" has stated in a national Indian newspaper, Talking Leaf, "to correct the errors of HANTA YO would amount to writing a full-scale historical account of the Sioux". DeMallie further provides an example of an easily identifiable error in the title of the book. He states, "although Hill translates her title as 'Clear the Way!', in fact HANTA YO means 'Move it!', 'Scram!', a command addressed to one person, usually a child".

Another historical error ritualizes sodomy and homosexuality. Dr. Bea Medicine, anthropologist and Standing Rock Dakota Sioux recently reviewed the book and her book review and comments appeared in the Summer 1979 issue of the Indian Historian, published by the American Indian Historical Society in San Francisco. She states, "the idea of ritualizing sodomy and homosexuality is inexcusable. Her descriptions of sexual acts give credence to the image of a stereotypic, presumed lustful rapaciousness of all Indians. The Lakota (Sioux), next to the Cheyenne, were one of the most sexually restrained native societies which have been documented. There were good reasons for these proscriptions and they must be understood in

the totality of the culture".

Although Hill states that she had the assistance of a Dakota Sioux authority named Chunksa Yuha, this does not mean she utilized his knowledge accurately nor indeed that Chunksa Yuha provided accurate information.

In the introduction of the book, Chunksa Yuha states that he is the "messenger" of his people and "kept out of schools and away from white contact until age twelve, thirteen". However, evidence obtained from the Bureau of Indian Affairs provides another story. Chunksa Yuha or better known as Lorenzo Blacksmith, was enrolled in a government boarding school in Genoa, Nebraska from age 7 to age 19. It is well known by today's Indian educators that at these government schools Indian students weren't allowed to speak their native languages or practice native customs. Many of these Indian students soon became "whitewashed" in their values and perspectives by the paternalistic attitudes and practices of the all white administrations and teaching staffs. Chunksa Yuha is a victim of these early day cultural genocide practices.

SKIN has requested that an opportunity be provided to allow our Indian representatives who are knowledgeable in the Sioux language and history to question Ruth Beebe Hill about the errors and misconceptions in the book. She has refused to be approached or questioned by our representatives. Our recommendation is to have a public panel discussion between Hill and two Sioux representatives. With SKIN never having direct contact with Hill and the Coordinator of Student Programs at T.C.C. acting as the middleperson, Hill has stated that she will have a question and answer session at the end of her one-hour contracted lecture and at this time concerns could be expressed. From past experiences, however, Hill has been known to over-extend her lecture thus leaving no time for questions to

be asked of her or the book.

The Student Coalition of Indian Native organization believes the author is exploiting Indian people. The remark of an Indian woman, who happened to know Hill, and heard her presentation at the Chicago American Indian Center, sums up Hill's attitude of Indian people. "When Ruth Hill is lecturing to the whites, we are the greatest people on earth. But when she's with us, we're just a bunch of drunken Indians. She loves our ancestors, but she disapproves of us in reality, as if we're undeserving descendants of those great people we came from", she said. At a previous appearance at Highline Community College, Hill extended her lecture to avoid questions from the Indian people in attendance. Our people were later asked to leave the lecture hall when they questioned why they could not address their concerns about the book to Hill.

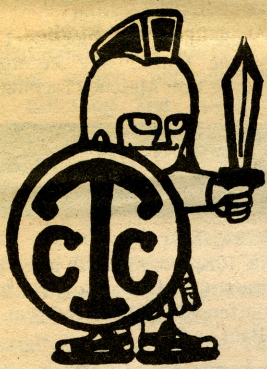
The scheduled lecture of Ruth Beebe Hill is final and if she is allowed to continue promoting her book to the unaware public with its "more than fact" and "more than fiction" content, there lies a danger to the image of Indian people everywhere.

SKIN, with contact and full support of Indian leaders locally and nationally has initiated a "red alert" and will sponsor a demonstration in protest of the author and the contents of the book at Tacoma Community College on the scheduled day of Hill's lecture. It is hoped that this demonstration will spark a national effort to expose Ruth Hill and the book HANTA YO. A press meeting will be scheduled following the press conference of Ruth Hill which has been scheduled for 4:00 p.m. in the Binns Room of the Library building at the campus. The demonstration will start at 4:00 p.m. near building 11.

SKIN appreciates your interest in the concerns of our people.

TCC skin club

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The Challenge encourages and welcomes letters to the editor concerning matters of campus interest or feedback to current Challenge articles. Address double-spaced copy to the Collegiate Challenge, Bldg. 7, Tacoma Community College, 5900 So. 12th. Tacoma, Washington 98465.

*Cynthia Clairey,*

*soprano will*

*perform March 4,*

*1980 at TCC's*

*theater (Bldg. 3),*

*10 and 11 a.m.*

*Concerts are free to TCC students.*

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**campus**

**Attention Arablan students**

The Saudi Arabian Educational Mission in Texas has called a special meeting for all Saudi Arabian students for Friday evening Feb. 29 at 7 p.m. in the Hub at the University of Washington, Room 309. It is very important that all Saudi Arabian students attend.

**Brown bag lunch**

TCC faculty member Trish Sanford will discuss Assertiveness Training at the Feb. 29 "Brown Bag Lunch" from 12:30-1:30 p.m. in the conference room, Building 15.

**Hair cutting demonstration slated**

A free hair cutting and styling demonstration will be presented March 3 from 11:30 a.m. to 1:30 p.m. in Building 11A by "Bogarts," a local styling salon.

The student activities sponsored event is still looking for faculty volunteers. Discount

coupons for 25 percent off will be given to each person attending.

Anyone interested in volunteering for a styling job or for more information contact Greg Nordlund, Student Activities, Building 15, ext. 5118.

**calendar**

**CHICK COREA & FRIENDS**

Sunday, March 2 - 9:00 p.m.  
The Place  
\$8.00 general admission  
On sale now at all Budget Tapes & Records, Tower Posters (Mercer St.), Tower Records (U. District) & The Place

**JEFFERSON STARSHIP with DWIGHT TWILLEY**

Tuesday, March 4 - 8:00 p.m.  
Paramount Northwest Theatre  
\$9.50 general admission  
On sale now at all Budget Tapes & Records, Peaches Records & Tapes, Gob Shoppe, Penny Lane, Tower Posters & Paramount Box Office

**JEFF LORBER FUSION**

Sunday, March 9 - 8:00 p.m.  
The Place  
\$7.50 general admission  
On sale February 26 at all Budget Tapes & Records, Tower Posters, Tower Records (U. District) & The Place

**RUSH**

Wednesday, March 19 - 7:30 p.m.  
Seattle Center Coliseum  
\$9.50 general admission  
On sale now at Fidelity Lane, Shoreline Music, Bay Records & Tapes, & Bon Marche (Tacoma).

**campus**

**FOR SALE:**

White 10 speed bike with black handle bars. Good condition \$35.00 or best offer. 759-1737 after 5 p.m. ask for Paul or Steve.

Furnished Studio Apartment on 12th St. bus line clean, \$160 mo. all utilities paid 818 S. 11th 272-5500.

Share apt with female—share half of the expenses one child ok, straight minded person. Fern 565-5373.

**WANTED**

Roommate to share expenses in apartment near T.C.C. campus or thereabouts. If interested, leave name and phone in the Challenge office, Bldg. 7.

Jeff Amber 627-8295 (phone)

**Indian activist slated**

Janet McCloud, long-time Indian activist will present a lecture, "Role of Native Women," March 5 at 7 p.m. in the Theater, Building 3.

Ms. McCloud has been involved in fishing rights issues and defense of Indians at Walla Walla and McNeil Island. She was involved in the peace movement of the 1960s. She is currently involved in a local Indian women's group, the North West Indian Women's Circle and on a national level with Women of All Red Nations. The free lecture is sponsored by the TCC club, Student Koalition of Indian Natives (SKIN).



JOHN CARPENTER'S "THE FOG" A DEBRA HILL PRODUCTION  
Starring ADRIENNE BARBEAU, JAMIE LEE CURTIS, JOHN HOUSEMAN  
and JANET LEIGH as Kathy Williams

and starring HAL HOLBROOK as Father Malone

Produced by DEBRA HILL. Written by JOHN CARPENTER and DEBRA HILL. Directed by JOHN CARPENTER  
Executive Producer CHARLES B. BLOCH an ENTERTAINMENT DISCOVERIES, INC. PRESENTATION

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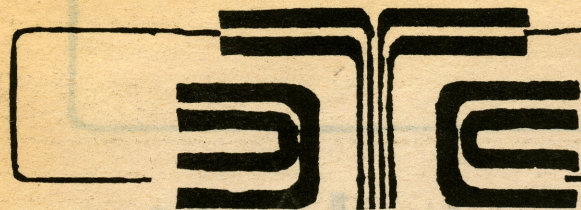
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## special feature

### Suggestopedia:

# Learning with music

By Scott Peterson

"Sit as comfortably as possible, with your hands in your lap." A man's deep, soothing voice instructs. "Close your eyes, and take a deep breath." The slow, soft chiming of an electric piano floats into your ears. "As you exhale, tell yourself to relax and feel the tension float away." Just relax. "Now breathe deeply." The music fades out presently and the relaxing voice of Devon Edrington, TCC Philosophy teacher, once again comes back to your ears. The music fades out softly and back in again with the subtlety of a lullaby.

Those who have been in one of Edrington's 'Introduction to Philosophy,' 'Ethics,' or 'Philosophy of Religion' courses may be familiar with those words, for they have been part of an experiment—an experiment of learning called 'Suggestopedia.' Suggestopedia is conducted on a series of cassettes developed by Edrington himself, called 'hypernesia tapes.' Hypernesia is memory enhancement, or 'super memory.' Suggestopedia is a method of teaching which proceeds by first, allowing the mind to become free from distractions, then providing it with the information to be learned.

Why do students need to relax before receiving instruction? Edrington believes that, "Our attention is so very fragmented (by other thoughts, and responsibilities which he calls 'brain chatter')...we need to direct our attention to what is being learned." By relaxing the body the mind is freed from the chore of constantly monitoring the tensions, aches, pressures, etc. to which the body is normally subject. Our minds are thus in a position to attend to the principals of Philosophy, Ethics, and Religion.

Following the instructions of the tape is important as the voice continues. "Now sit back comfortably, and close your eyes, and visualize yourself at the beach. Notice the odors, and the feeling of being there. Be there." The sound of synthesized seagulls, seals, and crashing waves swallows you up in the lazy sensations of a warm, sunny beach. The voice tells you to imagine yourself in a forest while the background sounds change from the warm, sunny beach to the cool, deep forest with its chirpings, buzzings, and mosquitoes.

The reason for these types of sounds, Edrington explains, is that, "There are patterns of sound that induce tension and patterns that induce relaxation. Colors also affect us."

The tape plays on. "Now come back from wherever you are to the sound of my voice. Return to a time in your life when you felt really good about learning of remembering something. Feel the pleasant experience by recreating the details of the situation. How your head felt, how your stomach felt. "Feel a time when your mind functioned with ease. Let that feeling flow through your entire body."

"Now with your eyes closed, say these words to yourself, with conviction. Say 'I can do it, I can do it. Learning is something I greatly enjoy, learning is something I greatly enjoy. Learning and remembering are easy for me, learning and remembering are easy for me. My mind moves efficiently and effectively, my mind moves efficiently and effectively. I am supremely calm."

The quiet voice then instructs, "With your eyes closed, take a slow, deep breath through your nose...hold...one...two...three...four...five...now

exhale slowly, feeling all the tension going out with the breath."

Edrington explains, "There are many breathing patterns that have been developed...for yogic practices. It (the breathing) provides more oxygen to the body, reducing toxin levels in the muscles. It produces physical relaxation and enhances mental activity."

"Now we will concentrate on making your breathing rhythmic," the voice instructs. "Inhale...one...two...hold...one...two...exhale...one...two...pause...one...two. This process is repeated about five times."

The tape spends almost twenty-five minutes relaxing the listener, but the learning part only takes up to around eight minutes. The music changes from long, sustained organ chiming to baroque when the breathing turns to learning. Edrington stated... "that for pure relaxation, sustained tones are far better than the baroque," and baroque is far better for learning.

Baroque is an early 19th century popular style of music which employs recursiveness, or repetition. Not the repetition of rock music, but a continuing expansion upon the theme of the music. Baroque usually contains several tunes within a whole piece, each tune continuing, and based upon the major theme. The theme is thus repeated several times before the ending of the piece. There are many types of Baroque, yet only one can be utilized with success, and that is adagio. Adagio does not refer to any specific type of baroque, but is a musical term for around 60 beats per minute—which is the

beating rate of the heart. When the music is played, the heart tends to conform to the beat of the music, thus slowing the body functions to a relaxing pace. Some researchers claim that the tempo is the vital element, while others believe the pattern of sounds is the main quality.

The specific effects, said Edrington, cannot be measured by him, for time does not allow it, but, he admitted, there is "considerable improvement in grades, relaxation, and the student's outlook on life." One of his students, Yogie Finney, said that she used to have migraine headaches, but after listening to the tapes, she was able to go whole days without pain. Others stressed the relaxation which 'Suggestopedia' has brought into their lives. But, as Edrington is quick to point out, the object of this method is not therapy, it's learning.

Now anyone can try out 'Suggestopedia' themselves in the Language Lab, Bldg. 7 any time from 7:30 to 3:30 Monday through Friday. According to Mario Faye, division chairman for Arts and Humanities, "The students can actually try the Lozanov approach to learning..." Just walk in, request any Baroque tape available, listen to it while studying, and be sure to answer the user questionnaire.



## ...relaxation to free the mind

By Devon Edrington

Brain researchers estimate that we use between 0.1 and 4 percent of the capacity of the brain. The brain's information storage capacity is such that it could be supplied with 1000 bits of information per second from birth until death without saturation. And memory is not the brain's most important function. Humanity has numerous mechanical means for information storage. The creation of new modes of comprehension is a unique attribute of the brain; no mechanical device has this capability.

One main reason that 96 to 99.9 percent of our brain lies

fallow seems to be stress. Most of us spend the majority of our working lives suffering various forms of anxiety: we are made anxious by the fear that we will not succeed at a given task, by uncertainty concerning how someone will react to us, by a general uncertainty concerning the future.

One need not spend much time in a classroom to realize that the chief impediment to learning is distraction—the students' minds are not attending to that which should be learned. Teachers make all sorts of valiant efforts to correct this situation, with various degrees of success.

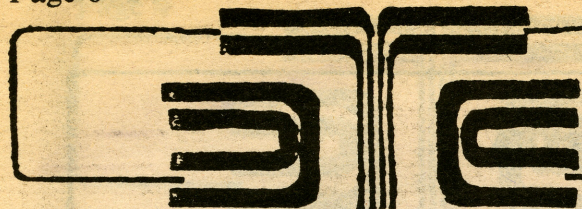
Dr. George Lozanov, a Bulgarian psychiatrist, began investigating this problem in 1955. With carefully controlled experiments he has demonstrated that the learning and retention rates of humans can be increased by a factor of five quite consistently, and with selected students the factor is far greater. His methods have achieved such remarkable results that Suggestopedia has been used in the U.S.S.R., most Eastern European nations, Austria, Canada, and the U.S. (Iowa State University and the University of Texas are two pioneering schools now using it in this country).

The use of a particular type of music is central to this method. The music serves to relax the left hemisphere of the brain, thereby allowing the right hemisphere to effortlessly "absorb" the material to be learned. The right and left hemisphere functions of the brain is an issue currently debated by neurologists and psychologists, but the outcome of this debate is irrelevant. Whatever the correct rationale

may be, the method works! Evidence of its efficiency is overwhelming.

This writer has used the method under far from ideal conditions with remarkable results. The first thing needed to improve those conditions is adequate sound equipment installed in the classroom. The equipment will be used for both philosophy and foreign language classes.





# this week

## Adventure filled summer awaits students

Have you ever wanted to sail the South Pacific, climb mountains in Alaska, dig for pre-historic man in India, or trace the route of Marco Polo through China? A new firm—Expedition Research, Inc.—has launched a campaign to register adventure-minded college students who are looking to join expeditions.

Expedition Research, Inc., a placement service for adventurers and explorers, is now accepting applications from college students, photographers, scuba divers, mountain climbers, archaeologists, ocean sailors, scientists, and other explorers who want to be placed on various scientific and exploratory expeditions worldwide.

Over 100 expeditions have approached ERI for team members. These projects range from archaeological excavations to Himalayan mountaineering, from oceanographic surveys and cave exploration to scientific investigations on all six continents. Some expeditions award salaries, commissions, and royalties to team members; others require cost sharing. Expeditions last from several days to several months.

Students, either undergraduate or graduate, are in demand. They gain field experience by working with professors and scientists involved in their field of study. "One interesting fact we have discovered," says Jim Stout, Co-Director of the Firm, "is that many people are not aware of the number of exploratory and research oriented projects that are being formed each

year. We receive requests for ERI members to join expeditions weekly."

Expedition Research, the brainchild of two experienced mountaineers, was formed on the premise that there are thousands of adventurers around the world who would like to put their talents and interests to use in the field, but who do not know how to go about it. ERI provides a service not only to these individuals, but to the groups who are looking for them.

The firm assists leaders of expeditions in search for sponsorship, funding, and equipment, as well as team members.

Requests for members in the last month include an array of expeditions open to college students:

—Little Cayman Expedition: marine botany in the Caribbean, with SCUBA instruction. Sponsored by the Expedition Training Institute.

—Jericho Excavation Project: archaeological dig near Jerusalem. Sponsored by the Israel Exploration Society.

—Mountaineering Expedition to Dhaulagiri I: climb of the sixth highest mountain in the world. Sponsored by the American Alpine Club.

—Wildlife Study in Kenya: behavioral study of African wildlife in July and August. Sponsored by the University of Delaware.

—Circumnavigation of the Globe: an American team sets out to sail around the world. Sponsored by Women at the Helm.

Expeditions registered with

ERI have been endorsed by such organizations as the Explorers Club, National Geographic Society, the National Speleological Society, the Smithsonian Institute, various universities, and outing clubs.

Chris White, a Princeton University biologist, and Jim Stout, a geographer from the University of Washington, are co-directors of the firm. White explains that "there is a terrific need for people with interests ranging from archaeology, to scuba diving, to zoological research."

ERI members receive monthly issues of EXPLORATION, a newsletter which lists expedition opportunities and summer and career job opportunities in the outdoors. ERI members are

offered positions with scientific institutions, research vessels, commercial trip operators, and outdoor leadership schools.

Registrants also receive resume forms which are placed on file to fill urgent requests. Resumes are cross-indexed and computer-coded to facilitate fast retrieval.

Registration with ERI costs \$15 per year for students (\$20 regular). Registrants receive monthly issues of EXPLORATION, resume forms, and a 20 percent mail order discount on outdoor equipment ordered through Eastern Mountain Sports.

Students may register by sending \$15 to Expedition Research, Inc., P.O. Box 467R, Cathedral and Franklin Streets, Annapolis, Maryland 21404, or write for further information.

### Discover TCC at orientation sessions

New students for Spring Quarter will have two opportunities to find out how TCC works and what it has to offer its students.

The orientation sessions, termed TCC Discovery Days—will be virtually identical so students should pick the one which best suits their schedules.

An evening session will be held Wednesday, March 19, from 5:15-9:45 with the daytime session meeting the next morning from 8:15-12:45.

After opening exercises, there will be five different categories with time enough for students to pick any three. These include "How to Study," "I've been away from college for a long time," "Occupational Programs," "Planning to Transfer?" and "Information for Veterans."

Both sessions will be held in Bldg. 18. Additional information is available from Ext. 5120.



She was married at 13.  
She had four kids  
by the time she was 20.  
She's been hungry and poor.  
She's been loved and cheated on.  
She became a singer and a star  
because it was the only way  
she knew to survive.

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# titan sports

## Hoopsters rap playoff bound Cardinals

"Super game, probably the best games we've played all season," stated Head Coach Dennis Stray after the Titans posted their seventh win of the season and clinching a tie for sixth place.

The homstanding Titans hammered Skagit Valley's Cardinals, 97-77, last week to earn at least a tie with Shoreline for sixth place.

James Murray scored 16 of his 23 total points in the first half, and Kevin Smith scored 14 of his 23 point total in the second half to help the Titans down the playoff bound Cardinals. Kevin shot about 800 percent from the floor and hit 6-for-6 in the second half plus 2-2 from the foul line shooting a flawless 1000 percent. Dennis Hill shot 6-7 and hit six straight at the foul line.

Other scorers, Dennis Hill scored 18 points, Jim Olson scored 11 points, Marty Maenhout and Rick Sugges each scored 9 points, George Beard scored 6 points, Marty Gordon scored 2 points and Steve Cummings scored 1 point.

The Titans shot 500 percent in the first-half against Skagit Valley's 631 percent; however, the TCC Titans took a 44-41 halftime lead. During the second half, the Titans shot at a 666 percent mark while Skagit Valley dropped to the 500 percent mark.

Because Shoreline upset Green River 81-80 at Green River, the TCC Titans will meet Shoreline in a special playoff game to decide who will play in the final playoff berth.

SVCC 77, TCC 97  
 SVCC 41 36-77  
 TCC 44 53-97  
 TCC-Murray and Smith 23, Hill 18, Olson 11, Sugges 9, Beard 6, Maenhout 4, Gordon 2, Cummings 1.  
 Field goals - SVCC 34-62 (560 percent), TCC 38-67 (583 percent); free throws - SVCC 11-20, TCC 21-25.

## Men's basketball vies for final playoff berth

After four straight years of being denied, TCC's mens basketball team made the playoffs only to be knocked out in the first round by Everett's Triton's, 92-85.

TCC's Titans jumped to an early lead, but plunged into a shooting slump that allowed Everett to build a 14 point half-time lead, 49-35.

The Titans returned in the second half to narrow the margin to eight points before totally collapsing.

The road and game weary Titans had five players in double figures for the eighth time this season: Jim Olson scored 20 points, James Murray and Kevin Smith both scored 16 points, George Beard scored 15 points and Dennis Hill scored 10 points.

**TOURNAMENT**  
**Puget Sound Region**  
 Everett 92, TCC 85  
 TCC 35 50-85  
 Everett 49 43-92  
 TCC - Olson 20, Smith 16, Murray 16, Beard 15, Hill 10, Sugges 6, Fuller 2, Gordon, Maenhout, Huntington.  
 Field goals - TCC 36-73, Everett 39-63; free throws - TCC 13-18, Everett 14-21; rebounds - TCC 24-Everett 36.

## Bowling Recap

The Animals maintained their hold on first place by taking four points from team No. 6 by forfeit. The forfeit enabled the leaders to gain a game on team No. 5 who took 3 points from the Lunatics as Doreen Hall continued her torrid pace rolling a 490 series. In other action Arties' Angels and The Killers split their match, winning two games apiece.

### THE STANDINGS

THE ANIMALS	37	15
TEAM NO. 5	32½	19½
ARTIES' ANGELES	29½	22½
THE KILLERS	28½	23½
THE LUNATICS	17	35
TEAM NO. 6	11½	40½

### HIGH SERIES MEN

Bob Cantwell	165-163-165-483
Scott Warter	141-172-147-460

### HIGH SERIES WOMEN

Doreen Hall	179-153-158-490
Carol Padur	216-132-132-480

## Cagers playoff bound

The TCC Titans continued their community college playoff quest by dumping Shoreline's Samurai, 89-86, last week to snap a tie between the two colleges for the final post-season berth.

Led by James Murray's 29 points and 22 from Rick Sugges, the Titans took command for good with a string of eight straight tallies late in the contest to erase a six-point Shoreline edge.

Since the contest was a non conference game, both colleges met at a neutral site to decide who would earn the final position and the chance to play Everett's Trojans in the first roundoff playoff action.

The win gives the Titans a conference record of 8-8 for the season, the best mark in five years.

TCC 89, Shoreline 86  
 Shoreline 48 38-86  
 TCC 48 41-89  
 TCC-Murray 29, Sugges 22, Olson 16, Beard 10, Hill 8, Smith 4, Maenhout, Fuller.

Field goals - Shoreline 37-67, TCC 34-63; free throws - Shoreline 12-14, TCC 21-28; rebounds - Shoreline 30, TCC 33.



Dennis Hill, 20, TCC Titan forward scored 38 points in last week's games.

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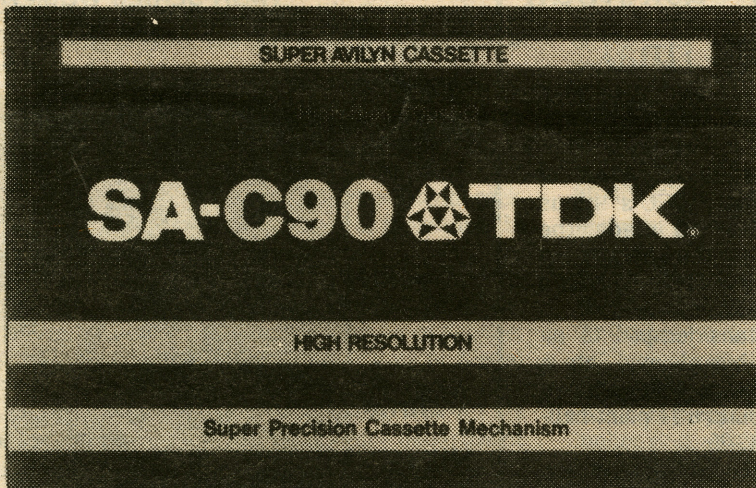


# TDK AUDIO TAPE SALE

## TOWER RECORDS

Tower Records is pleased to announce a rare event: a sale on two of the most outstanding blank audio cassettes available: the TDK Super Avilyn and the TDK Dynamic. The TDK SA is the high bias reference standard cassette. The TDK D offers moderate price with performance that outshines many premium tapes in the normal bias position. Both are covered by the TDK Full Lifetime Warranty\*. Read the facts, ask your audiophile friends, and come to Tower to stock up on these TDK tapes while the sale lasts.

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Shortly after its introduction in 1975, TDK Super Avilyn became the standard of high bias performance used by most major deck manufacturers in aligning their machines. The revolutionary Super Avilyn tape particle has been continually improved ever since. Today, it is acknowledged as the ultimate in oxide particle technology. The special formulation of cobalt-absorbed gamma ferric oxide has been refined in shape for improved orientation and distribution across the surface of the tape. You'll get consistently less noise, highest saturation and output levels, lowest distortion and the widest dynamic range: optimum response in the high bias position. Tower Records and TDK are pleased to offer this remarkable tape for a special low sale price: 2.66 for the 60-minute cassette, 3.66 for the 90-minute. Full lifetime warranty\*, of course. TDK SA: the high bias reference standard.

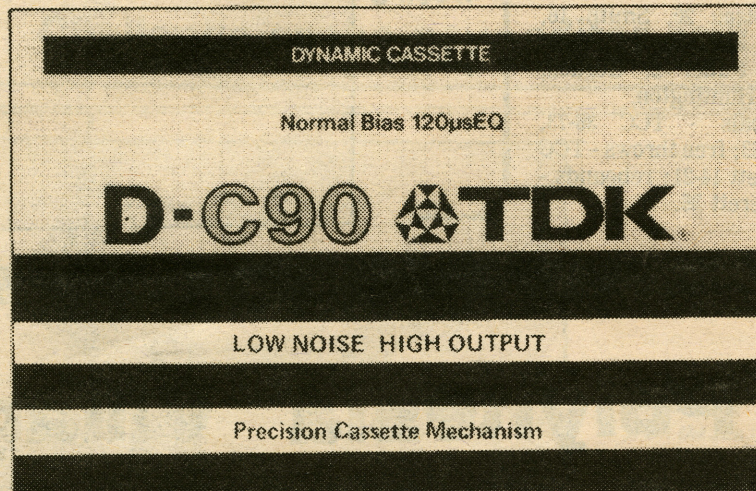
**SA-C60 / 2.66 each**  
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**\*THE TDK FULL LIFETIME WARRANTY**

IN THE UNLIKELY EVENT THAT ANY TDK AUDIO TAPE PRODUCT EVER FAILS TO PERFORM DUE TO A DEFECT IN MATERIALS OR WORKMANSHIP, SIMPLY RETURN IT TO YOUR LOCAL DEALER OR TO TDK FOR A FREE REPLACEMENT.

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