

3 9332 00701 3404

Ask Hildy, she's 'only human'



Summer tuition to cost more, serve less

The present plan would cut out all physical education classes, reduce classes in art and humanities, English and communications, science and math, continuing education and business and office education.

by Willie Williams

The budget cuts initiated by the 47th State Legislature will affect the number of classes that will be offered by TCC for the 1981 summer quarter. Although tuition will rise by 54 percent, Dean of Instruction David Habura says; "The quality of education will not be affected by the cuts, as classes will be the same size and will be taught by the same qualified people."

The present plan (base budget), already approved by the TCC Board of Trustees, calls for a 40 percent reduction in classes. This base budget would cut out all physical education classes and reduce classes in arts and humanities, English and communications, science and mathematics, cut continuing-education by 50 percent and business and office education by 25 percent. The 40 percent reduction is due to a cut of \$432,000 from TCC's budget by the state legislature. Habura, however, expects some more money to come in.

The dean will propose an alternate budget to President Larry Stevens and the Board of Trustees at their May 21 meeting. This budget will call for only a 20 percent reduction in classes and a reinstatement of some physical education classes for the summer session. Habura feels optimistic that the president and the board will approve the alternate budget however, he knows that students will have difficulties in getting some classes.

Habura says three fundamental things are considered when making out the summer schedule: 1) access to programs and the institution, 2) alternatives for students so that they are not railroaded into courses that they do not want or need, and 3) the students' ability to achieve. The dollars lost as a result of the budget cuts will mean 10-20 percent fewer students will be served.

photo/Paul Petrinovich

May 8, 1981

"Some students have this intense fear of libraries" — Hildy is there to "break the ice."

by Rita Fleischmann

TCC Library Reference Specialist Lorraine Hildebrand has received the David Douglas Award from the Washington State Historical Society.

The award, which is presented annually to individuals who have made "distinguished contributions to Pacific Northwest history," was presented to Hildebrand at the annual meeting of the Washington State Historical Society on May 2.

Hildebrand, or "Hildy," has been with the library since 1965 when TCC first opened for classes. Along with Morris Skagen (TCC reference librarian) and several others, she helped to set up the infant library by ordering and organizing books. They worked out of the basement of Geiger Elementary School from July 1 through the first week of September: when the campus opened three or four weeks later, the library, which was then located in Bldg. 18, had 5,000 books, two projectors, and "a couple of films." Now the library boasts 70,000 books, 400 magazine subscriptions, and a large audio visual department-one of the largest in the Washington state community college system. "We had an aggressive program and selected the best possible materials," explained Hildy.

Specialist II") "is kind of an oddball classification...it's not a professional rating but it's still above the technical level; it presupposes that you've had some years of experience in the library world and that you have training equivalent to a master's program." The training is a combination of experience and classwork. As a reference specialist, it is Hildy's duty to answer reference questions, offer orientation to the library, maintain certain specific files ("you have to know what to clip out of papers; with literature files, you have to know what's needed."), and "support the professional staff." Up until two years ago, she was also in charge of inter-library loans, which involves some bibliographic searching." In addition

In addition to her regular hours, Hildy lends her support to the library in ano by her involvement in the Friends of TCC Library, Inc., a non-profit organization founded by former Tacoma attorney and member of the TCC Board of Trustees, the late John Binns. Explains Hildy: "Their main purpose and thrust is to help support the library beyond its normal budget by buying those things that the library cannot afford and may need; to be a kind of a laison between the college library and the community." Hildy served as secretary of the "Friends" for a number of years, resigning

Symposium to feature NASA astronaut

NASA astronaut candidate Bonnie Dunbar is one of two featured keynote speakers in the second annual TCC Professional Women's Symposium, "Women and Technology: The Future is Now," May 16 from 8:30 a.m. to 5:30 p.m. in the TCC theater, Bldg. 3.

Dunbar, a University of Washington graduate, will present the afternoon keynote address, "A Woman's Place in the Space Program," at 1 p.m. A native of Sunnyside, Dunbar received her bachelor's and master's degrees in ceramic engineering from the University of Washington and is presently a doctoral candidate in biomedical engineering at the University of Houston.

a mission specialist of future space shuttle flight crews.

Morning keynote speaker for the symposium is Dr. Jo —Continued on page five



'oddball classification' According to Hildy, the library reference specialist (her official title is "Reference

-continued on page five

A guidance and navigation officer-flight controller for the Skylab re-entry mission in 1979, Dunbar was later designated project officer-pay load officer for the integration of several space shuttle payloads. While employed with Rockwell Space Division in California in the late 1970's, she helped develop equipment and processes for manufacture of the space shuttle thermal protection system.

Dunbar was selected as an astronaut candidate by NASA in May 1980 and in July began a year long training program to qualify for later assignment as

Bonnie Dunbar, NASA astronaut candidate, is a featured speaker for 'Women and Technology: The Future is Now.'

Opinions

Column Two

Shelter and support

Ann slowly raised her hand to feel her lip. It was fat and tender . She felt something wet and took her hand away to look at it. Blood colored her fingertips brighter than her darkest fingernail polish.

So ended another bitter argument, a strong back handed slap, and then he stalked out of the bedroom.

It made her mad; and it made her cry. "Had she deserved that?" she asked herself, thinking about the fight. "If you'd stop that drinking and wasting all our money on booze then maybe we'd have some money..." she had scolded him. "Well, maybe tonight 1 started it," she thought, "but

what about two nights back? I didn't say anything then, or the times before then.

She sat on the bed shaking and thinking. Married life wasn't fun

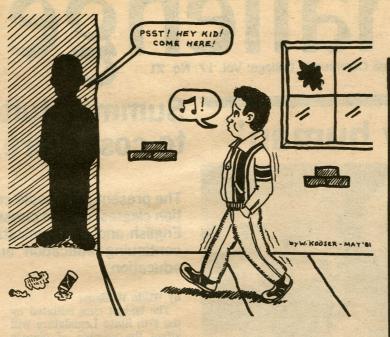
anymore. He wasn't making enough money, and they fought alot about money. At first they traded words and then he started to beat her. He was always sorry afterwards, and he did apologize. But since he started he hasn't stopped. Ann was afraid it would get worse.

Ann remembered a brochure she had picked up the day before, in her dentist's waiting room. When she had picked it up, the receptionist noticed, so Ann told her "My oldest is doing a report for school.'

She dug it out of her purse. Then she sat confused as what to do with it. It urged her to call for help. She thought about her kids. "If I left him, where could I get a job? I'm plain, and I only have a high school diploma."

Still she hurt. Her lip didn't bother her much; it was numb. What really hurt was that her husband kept on beating her.

The brochure offered support and shelter. And promised to show her how she and her kids could live independent of her husband's temper tantrums. Slowly she reached for the phone and then dialed the Shelter's number, 3-8-3, then she sped up 2593.



A Call for justice for Atlanta's slain

by Willie C. Williams

In the song, "Strange Fruits," by Billie Holiday, she sang of the strange fruit bore by the Magnolia tree after seeing a black man hung from its branches by several white men. If the immortal Billie Holiday were living today, she would sing about the strange marine life that is being found in the Chattahoochee River in Georgia and other bodies of water around the Atlanta area.

Each week, it seems, we turn

on our television sets, read our papers, and listen to our radios only to learn that one more innocent black youth has been found dead in a river or wooded area of Fulton County, GA. The news of incidents like this makes most of us sick and disgusted, but imagine the anguish and distress this must be causing the families of those unfortunate human beings.

What is causing people to act like wild and savage animals? We are supposed to be the highest form of animal life, yet we act like beasts. It is disgusting enough when we hunt helpless animals in the name of sport, but it is disturbing and alarming when we begin to stalk and slay human beings. When will it all end? Our society has dragged itself to the lowest form of decadence, yet we sit idly by and wish it will never happen to us.

The madness occurring in Atlanta can happen to any city, including Tacoma. When it strikes, will we continue to sit and say "Thank God, it's not my child or family?" When our this country. fellow Americans were taken hostages in Iran, the nation was in an uproar. What has happened to the unity and togetherness we felt as a nation during that crisis? Why can't show some compassion for the families of Atlanta's murdered the love and support for our fellow Americans abroad be and missing youth.

directed toward the ones at home?

I think it is time for that outpouring of sympathy and support be rekindled, so an immediate end may come to the massacre happening in Atlanta. During the Iranian Crisis, we wore yellow ribbons, tied them to trees, fences and posts. However, I see no one wearing green ribbons, which have become a symbol of justice for the 26, slain, Black Americans in Atlanta. Are we a country of double standards or are we a country of people who care about the problems of their fellow Americans, regardless of color?

I propose we take time out to write our senators and representatives, to demand immediate action to put an end to the needless blood-shed in Atlanta. Our elected officials, including President Reagan, are supposed to be working for the good of the country and apprehending the murders of Atlanta's youth in the interest of

I challenge the students of TCC (and other readers of this paper) to take a stand for justice and the civil rights of the slain black youth of Atlanta. What is happening at this very moment affects us all. Let us

Letters

Who gets the worst of the deal?!

To the Editor:

your article Concerning "Abortion: an allowable convenience?," I couldn't agree with you more except where do you get off stating that the unborn baby "gets the worst of the deal?" You are stereotyping all abortions. Alot of times it is the woman who "gets the worst of the deal." Who are you to say that the immediate or near immediate physical pain of an embryo is greater than the extended mental anguish of the woman? It is not easy for anyone, male or female, to accept the fact that they were responsible for the death of a baby. Have you ever really thought about the reasons why a woman gets an abortion? True, too many abortions are used as a form of "birth control" but many women or girls are too young to understand what they are about to do and a great many more are pressured into it by their families or boyfriends or both. I can guarantee that many of these women regret what happened and they would like another chance to make a different decision, but it is too late so they have to live with the painful memory of what might have been, every time they see an infant or toddler. So please, don't stereotype all abortions because too many times the woman "gets the worst of the deal.'

> Sincerely, **Jackie Craig**

Pro-abortionists kidding themselves

To the editor:

I must commend you and writer Howard Harnett on the honesty and truth of the article "Abortion: an allowable convenience?" that appeared in the April 24 issue of the Challenge.

When the Supreme Court decided in 1973 that abortion is constitutional, the proabortionists hailed it as an end to poverty, child abuse, and numerous other social evils that they thought were caused by "unwanted" children. They now realize, eight years and over ten million deaths later, that poverty cannot be stopped by killing poor people and abortion only promotes child abuse by assuming the smallest and most defenseless of children to be "non-persons" and thereby not worthy of remaining alive. By the way, abuse of children allowed to survive has risen 300 percent since the legalization of abortion.

How did the Court decide personhood? They didn't, really. They admitted that they did not know when life begins, but then made it legal to kill unborn children, not even giving them the benefit of the doubt!

What exactly is birth? It is merely a change of address. At one moment the baby is in his mother's womb, and the next, he is out. What process did he go very imaginative proabortionists) to a human being? Any ethical doctor will tell you that there is no difference.

The unfortunate aspect of this issue is that people make up their minds without knowing all the facts. The Washington State House of Representatives recently passed a bill requiring doctors of patients seeking abortions to inform them of the procedures, risks, and methods of abortion. Pro-abortion groups lobbied against this bill. How can a group that claims to want to protect a woman's "right to choose;" at the same time want to keep her ignorant of what it is that she is

choosing? As members of the voting public, it is our duty to know all the facts before making a responsible decision. Many people call themselves "prochoice" without even con-sidering all the consequences of that choice. Everyday women go into abortion clinics and rid themselves of their "in-conveniences." What they don't realize is that their "in-convenience" may be sucking his thumb as his warm, quiet little world is invaded by cold steel, or that he may even begin to cry as his tiny body is torn apart by a suction machine. That may be a shocking

through that changed him from "blob of tissue" (the a euphemism invented by some

description, but unfortunately it is completely accurate.

All people really need to do is avail themselves of the facts. Just go to your local library and get a book on human em-bryology. The TCC library has some very good ones, including a filmstrip called "Life Before Birth," produced by Life magazine. If you have always assumed that abortion is OK, you will probably learn some facts which may cause you to change your mind.

> Sincerely, **Colleen Lincoln**

Challenge Staff

editor Scott Peterson asst. editor Janice Atzen copy editor **Rita Fleischmann** editorial editor Loren L. Aikins arts editor John Ellison

campus editor **Julie Forrest** photo editor Sean Hummel advertising Thom G. Racosky advisor Ila Zbaraschuk

reporters Brian C. Barker Brian D. Barker Mike Dawson Kelly Dietz George Freeman III **Deb Grey Ceresse Jeanblanc** William Jordan

Bill Stephens Sharon Turner Scott Wagner Willie Williams **Angeline Yarger**

photographers Paul Petrinovich Wayne Kooser

except during scheduled vacations and final ex-amination week by the Association Students of Tacoma Community College, Editors are responsible for all news policies. Opinions expressed herein are not necessarily those of the *Challenge* or is it necessarily the official position of Tacoma Com-Advertising does not reflect Challenge endorse-ment nor are they investigated by the paper

The Collegiate Challenge is published weekly

Advertising reflects the view of the advertisers

The Challenge encourages and welcomes letters to the editor concerning matters of campus in-terest or feedback to current Challenge articles. Address double-spaced copy to the Collegiate Challenge, Bldg. 7, Tacoma Community College, 5900 So. 12th, Tacoma, WA 98465.

Friday, May 8, 1981; Challenge

Classifieds

Guitar Lessons

Experienced guitarist offering lessons for beginners. Reasonable rates. Call Paul Alleva, at 752-9374. If no answer please leave message.

Opportunity

Help opportunity knock with a quality, professional resume. Experience in counseling and composition. Call New Horizons, 565-2357

Health

If you believe in health and would like to earn a good income, call NaturSlim at 251-0844, ask for John Miller

For Sale

1/2 acre in San Bernardino County subdivision near Victorville. Reasonable. Cash. 272-8615.

Roommate Needed

Female roomate needed to share an apartment near TCC. Call after 7 p.m., 564-6715

Are you cramped for time?

Will type term papers, resumes, etc. Call Rene, 845-2880. Reasonable/Responsible.

Free kittens and Mother cat to a good home: Tortoise-colored, very loving Mother cat dropped off in our front yard, where she delivered three kittens: shorthaired, 2 black and 1 orange tabby, now 3 wks. old. Call 272-8615 or 756-5042 and ask for Jan.

Acting Workshop

Saturdays - 2 to 5 p.m. \$20 per month. For further information call Diane Hall - 272-0108.

Food Bag Offers

"Want to learn more about good food, health & consumer co-operation?" The Food Bag Co-op is sponsoring four evenings of movies, free lectures, and food sampling. All day Saturday (May 16) there will be demonstrations and more food sampling.

Jeff Bland, a well-known author, biochemist, and nutritionist is our featured speaker on Wednesday evening (May 13, 7 p.m.). Non-members can shop with a 10% discount (limited items). Join us at 2601 6th Ave., May 13-16, evenings at 7 p.m. and all day Saturday, starting at 10:30 a.m. Call 272-8110 for more information.

MOMMY: Happy Birthday and Happy Mother's Day, Love Rita.

HOWARD: Happy Birthday-you picked a good day on which to be born. Love Mont Pelée and Mt. St. Helens.

FREE TO TCC STUDENTS TCC students in need of short-

'C is for **Communication'** seminar

businesses and eight or nine

thousand commercial

businesses competing for newspaper space. "We try to treat everyone equally," Dowd

said. But the TNT's decisions

are "based not on who you are,

but what the news is. News is

anything that interests people,

or effects people's interests,'

"The newspaper (editor) will

devote space for it in the paper

according to its significance (compared to what else is happening)," Dowd said. But he

added, "The objective of the

paper is not to publicize...but to

public service announcements

(PSA's)-the 10 or 20-second

PSA which is a live-booth announcement, the 30-second PSA

which is taped in the studio, or

the 60-second PSA, which is

filmed and usually used for

"The message is the im-portant thing," said Stahl. But

the PSA should also include the

date, name of the business, and

contact person's name, address

and phone number. If no contact

can be made with the business,

there is no chance to have the

Before approaching an editor

or other publicity personnel within the media, write a "good, clear, concise" publication. "The shorter, the better,"

Londgren advised, "Our

words are vital to com-munication." So talk or write

plainly-"Beware of jargon,"

Londgren warned. Be brief-100

to 300 words are preferred for

news releases. Don't use the

word "it;" "it's" meaning is

very vague. Write your most

important news first so the

editor can shorten the story

without damaging the content.

Use quotes in the lead

paragraph for human interest. Be concise—"The burden

should be on the writer, not the

Though students may not be interested in publicity, this

information is useful for good

writing in college papers or

use—so

don't

reader," Londgren said.

everyday

disparage it. Use it.

announcement aired.

Small said.

There are three types of

provide information."

national publicity.

Dowd explained.

by Julie Forrest Feature speaker Richard E. Londgren prepared seminar

participants for further discussions at the 'C is for Communication' seminar held at TCC on April 25. After he spoke, three other

speakers discussed information needed to successfully market publicity for a non-profit business. Dowd, city editor of the Tacoma News Tribune (TNT); Linda Stahl, public affairs director of KSTW-TV; and Dan Small, TCC's college information officer, spoke in turn.

Londgren, who has worked at Weyerhaueser Co. for 21 years, is now manager of its advertising and communication services department. He has been president of the Tacoma Advertising Club and has counselled non-profit and social businesses service on publicizing their messages. He also edits the Northwest Lutheran.



Richard Londgren

Londgren reminded everyone, "Publicity is just a tool, like art...it should be used for a purpose." Purposes in-clude public awareness, competing against other businesses in the same field, and making money.

Chances are high in getting publicity in the paper, Dowd said, but people should be realistic about what to expect of the media. The TNT covers 80 percent of Pierce County, said Dowd. There are 300 volunteer

Dance, dine, the Trekkie way

Don't forget the student sponsored Trekkie Dinner/Dance in the TCC cafeteria, May 15, from 8 to 11 p.m. There will be food — all you can eat for \$5 and dance, featuring 'Paris,' a local band. The menu will feature homemade spaghetti, tossed salad, french rolls, and wine. For more information, call Sharon at 756-5118.

ISO celebrates Heritage

by Janice Atzen

From May 8-10, at the Tacoma Mall, a "grass roots community effort" will hold exibits, booths, displays and stage performance in commemoration of Asian-Pacific American Heritage Week.

A march bar & most ?

Asian-Pacific American Heritage week began May 2 and 3 by a series of sports events at Ft. Steilicoom, with participants the from Phillipines, Guam, Korea, Vietnam, Hawaii, Samoa, Japan, Iran and India. Representatives of TCC's ISO (International students Organization) group were also there, competing in soccer and volleyball, making it to the semi-finals.

Highlights of last weekend's game included expert volleyball spiking by the Samoan team. "Koreans, Vietnamese, and

other Indo-Chinese groups were experts in soccer with their artful and skillful manuveurs," said Annie manuveurs," Fejeran, Vista volunteer at Asian-American Alliance. She also noted that Japan, the Phillipines, Hawaii and Guam have taken softball and baseball as their national sport. "Asian-Pacific American

Heritage Week also pays tribute to outstanding Asian athletes including Sammy Lee, Olympic Gold-winning high-diving champion; Roman Gabriel, well-known Los Angeles Ram quarterback; Bruce Lee, best known in martial arts; and Manu Tuisosopo, popular Seattle Seahawk football player," said Fejeran.

The sports events emphasized that "It's not just winning, but learning to share and getting to know each other better."

necessary to fill out any forms.

The behavioral sciences

department will then contact

the nominated students for

personal interviews for a Fall

Eligible applicants must show

financial need, a minimum of 30

quarter hours completed,

proven academic ability, verbal

and written communications

skills, and maturity to be

considered for this scholarship.

Deadline for nominations is

May 15, 1981.

1981 scholarship award.

Offered Scholarship

A scholarship from the behavioral sciences department, worth \$102 per quarter, is awarded each quarter and is available to any student; the student does not have to be in behavioral majoring sciences.

An interested student should contact his-her advisor or nomination may be done by contacting Dick Giroux, Chairman, Behaviorial Sciences Dept., Bldg. 19, 756-5076. It is not

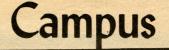
Crouse retires after a decade

Bob Crouse, TCC custodian for 10 years, has retired from his job the beginning of May. A party was given for Crouse, who worked Bldgs. 8, 10, and 12, and there he received a camera from friends. He is

very happy with his new camera, and there's enough left over for some flash bulbs.

Crouse would like to thank everyone who contributed to his unexpected retirement present.





term assistance with school work are welcome to stop by the Tutorial Center, Bldg. 8, Rm. 9. Tutors are available in many areas including math, science, English and business.

Challenge advertising 756-5042

Bookstore Hours

May 4th thru June 5th: Monday thru Thursday 8 a.m. to 4 p.m. Friday 8 a.m. to noon

NO EVENING HOURS FOR THE NEXT FIVE WEEKS

Finals week—June 8th—extended hours

Tuesday, June 9 & Wednesday, June 10 - evenings, 5:30-7:30 p.m. Thursday, June 11, 7 p.m. - 10 p.m., Commencement



Open Daily: 10:30 a.m. to 11 p.m. Sun.-Thurs. 10:30 a.m. to 12 p.m. Fri. & Sat. 4112 So. Steele St.

Other RAX locations: In Auburn at 140 15th N.E. And at Totem Lake Receive ONE FREE COKE when student I.D. Is presented at counter! (Offer Expires May 31, 1981)

Special

PTC's Continuing Ed personal, social triumph

by Mike Dawson

Four

The Purdy Treatment Center is the only prison for women felons in the state of Washington. "There are people here for everything from writing bad checks to cutting up their mothers," says one in-mate. But PTC also has a continuing education program that aims at helping people to get back into society on the right track.

At the prison, residents must have a minimum of 30 hours of scheduled activity per week, be it work and or school. TCC offers classes ranging from geology and the three R's to drafting and landscaping. Residents may work in the kitchen or in school and prison administration offices. Tacoma Boat Co. employs a few residents that have completed drafting courses. "You have to have your own life here; you have to have your own thing to keep you going, mine is school." Those are the words of inmate Pati Wilson; she has been at Purdy since September

and feels she has already turned her life around.

Wilson was arrested for armed robbery after a frightening attempt to satisfy a \$300 a day drug addiction. She was sentenced to 20 years in prison.

Pati has been accepted by the University of Washington and hopes to attend school next December via a work release. "I've always wanted to finish school" Wilson says. "Now I'm clean; now I can think right."

'You have to have your own life here, you have to have your own thing to keep you going; mine is school.' - Pati Wilson

Wilson had formerly attended Central Washington State University and was a columnist for the Challenge at TCC. When she arrived at Purdy, she began writing her frustrations on paper. This helped her relieve her tension considerably. "I was really shocked when I thought I could be here until the vear 2000," she says. "At first I thought it would be unbearable but I've established a purpose since. When you learn to accept it, it's alright. This is home now.'

She plans to teach English on the junior college level and hopes to write freelance.

Pati is just one example of how convicts are making the continuing education program work for them. Some have jobs waiting for them when they are parolled, but on the other hand some of the 90 students never reach their goals and a few wind up back in prison. But the continuing education people feel it is a personal and social triumph when a person can leave prison and be an asset to the community.



Pati Wilson

Inmates receive degrees from TCC, PTC



by Pati Wilson On Thursday, April 23, The Purdy Treatment Center for Women held their awards ceremony for winter quarter 1980-81. PTC has a ceremony

each quarter to present associate degrees to inmates who have completed the TCC classes offered at the prison. GED certificates are also awarded, along with other awards and special commendations.

Steve Kelly, PTC school program coordinator, opened the program and introduced the guests. The only recipient of a Liberal Arts degree this quarter was Audrey Ruud. GED certificates were received by Diane Shape and Helen Cruz. Their diplomas were presented to them by Tanya Brunke, Associate Dean of Continuing Education at TCC.

After the presentation, Associate Superintendent Dedrikka Britt spoke briefly. Special music was provided by Marina Chauvalid who played guitar and sang a song she had written.

Among the guests present were James Cummins, Director of Institutional Programs at Monroe Reformatory, and Dr. Osa Coffey who was the special

Education necessary for ex-offenders

"Education's Role in the Correctional Process" was the theme of the Education General Assembly held April 23 in the ineater ollowing a welcome by TCC President Dr. Larry Stevens, educational administrators and staff from the state's correctional in-stitutions met for the first time with Amos E. Reed, Acting director of the newly proposed department of adult corrections. Reed told the assembly, "dealing with people is a sacred art and science." art and science." The importance of educational opportunity in correctional facilities was stressed by Dr. Osa Coffee. Dr. Coffee heads the corrections program within the U.S. Department of Education. In her address, "Where Does Education fit into the Criminal Justice System?" she pointed out the high cost of returning exoffenders to society without adequate education and training. Education is not a "frill" item or only a right for "nice" people. Over a half

guest speaker. Dr. Coffey works for the U.S. Dept. of Education, corrections desk, in Washington

D.C., and was in Washington

state for three days to observe our institutions. On Friday,

April 24, she was scheduled to speak at TCC to the corrections

educators of this state. She said she liked Purdy Treatment Center and was particularly impressed by the drafting class.

"I like to see women entering fields such as this. And I was

happy to see that the cosmetology class had been

closed down. It lets the women

know there are more op-

portunities for them than just in

the areas of cosmetology." The program concluded with

the presentation of work co-op

certificates and special commendations. Refreshments

were served, after closing

remarks by Steve Kelly.



family would like to see on our brand new TV series"You Asked For It," starring Rich Little, premiering Fall '81. We'll send our camera crews to anyplace in the world to shoot:

- Exotic and interesting places
- Dangerous adventures and exciting action
- The bizzarre and the occult
- Odd or unusual occurrances
- Human interest stories
- Spectacular scientific achievements
- Unique show business and sports personalities
- Funny people, places and things



• Or anything else you'd like to see or know about.

Send us your letter or postcard and we'll pay you \$50 for every request we use and perhaps put you on our show. Write to: "You Asked For It" P.O. Box 710 Hollywood Ca. 90028

RICH LITTLE star of The New "You Asked For It"

The New "You Asked For It" starts Fall 1981 on **KIRO-TV** Channel 7

All responses are the property of Sandy Frank Productions, Inc. and will not be returned. In the case of duplicate ideas submitted, the one with the earliest postmark will be chosen. All decisions of Sandy Frank Productions, Inc. are final.

million people are incarcerated and 95 percent of these will be returning to society. Without these useful skills, they will return to crime. Education is not a cure-all,Dr. Coffee war-ned. It will take time and a more comprehensive approach.

Tom Bryan, personnel manager of the Seattle Times, urged administrators to tell the media about the successes of their educational programs. Too often the media only covers the problems of the system when they erupt. Frequently they are not aware of the programs which are working. TCC has had an educational program at the Purdy Women's Treatment Center, fully func-tionally for the past two years.

Hildy -- Continued from page one

when the TCC library began to operate on a much reduced staff.

the first non-professional

In addition to "Friends," Hildy served as the first vicepresident and second president of the Classified Library Employees' of Washington State (CLEWS); and she takes great pride in the fact that she was the first non-professional ever to be seated on the board of directors of the Washington Library Association, a group which had previously restricted to only professionals-those with masters degrees.

Outside of her immediate library work, Hildy is an accomplished author. She's written a number of bibliographies on blacks, Indians (Native Americans), and Japanese Americans, and does others upon request. She's written a small one on the Chinook Indians, and is currently gathering materials for one on the Indians from the

-Continued from page one

mouth of the Columbia River to the Makah Reservation. Her life long interest in the Chinese people led her to write "Straw Hats, Sandals, and Steel," a book on the Chinese in the Pacific Northwest, which was commissioned by the Washington State Bicentennial Commission. An additional annotated bibliography will be published in limited number on microfilm by Fiske University in Nashville, Tenn., and will be available to librarys and research centers.

Chinese: 'a very simple language' Hildy's interest in the Chinese people does not stop there: she's

studied Mandarin Chinese from TCC history instructor Dr. Yun Yi Ho (currently on academic leave). She continues to study on her own by reading on Chinese culture, history, and art; she's very interested in everyday life in China, social problems, and "some music." "The Chinese language is not

that difficult-it's a very

simple, systematic language," insists Hildy, "especially now with the Pinying system (of transliteration)." In addition to Chinese, Hildy is familiar with Latin and German, and can read some French as well.

Hildy participates in many community affairs: she was a church organist for more than 20 years, has been a church choir director, and has had roles in many theatrical productions throughout the community. "What I really like to do is melodramas—you know, the Dirty Harry and Little Nell type of thing." She had the lead in TCC-s production of Harvey, and has done several things for Tacoma Little Theater and Lakewood Playhouse. She even had the comic relief role for the Mormon Stake's production of Amelia; "It had a cast of over 100 including all the children, the stage hands, everyone-and I was the only Presbyterian!"

Like most everyone else, Hildy has family responsibilities. She was introduced to her husband 34 years ago by TCC Media Technician Juanita Torre. The Hildebrands have five children-twin boys and three girls: "We got dealt a full deck-a pair of jacks and three

queens. And as you know, 'what ye shall sow, so shall ye reap'-we have four grandchildrenthree girls and a boy."

and now sign language

Hildy is currently enrolled in a TCC night class in sign language. Two young girls who work in the library are from the disabled center at Mt. Tahoma; both are hearing impaired. Also, TCC is getting a handicapped center; undoubtedly they'll be using the library. "Well, there's no one else in the library that can sign, and this is something that I've been wanting to do for a number of years anyway. This is a skill that one may use almost immediately after the first lesson. Even if you can just say, 'Hello, how are you?' in sign language—just to break the ice; it doesn't make them feel quite so strange—or 'What is your name?' to get them started."

The best part of her work, according to Hildy, is in-troducing young people to the library. Students come into the library, not knowing what to expect. "They don't know all this help is available to themall this sea of resources. I gave an orientation to an English 102 class, and they had no idea of the richness of the resources

that this small library has to help them with preparing their term paper. That's what it's all about. Then if they go on to a four-year school, or out into the business world, the methods of research that are taught enables them to have a more logical approach to their work.

'library people are human' "Some students have this intense fear of libraries-from tiny children to adults they have this trepidation about using the library." Hildy has had some students stand before her desk and tremble, trying to ask her a question. "Anything that I can do to break the ice-introduce that person to the library—and let them know that library people are human and that we're not going to bite their heads off, that we're there to serve them, that's the name of the game!"

What's ahead for Hildy? "I'm just like everybody else-waiting for retirement!" Hildy is an accomplished fisherman in her spare (?) time, and she would like to do more of that. She would also like to do "all those grandma things that I haven't had the time to do." She would also enjoy doing docent work at the historical society or the library "in those areas that I can be helpful."

NASA speaker

Loudin, senior associate of a Seattle firm, a practicing therapist and author of two books on interpersonal communication. Her topic will be "Using the Full Potential of Your left-right Brain."

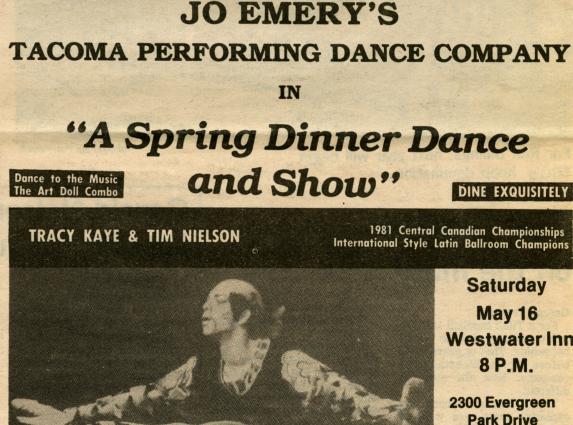
Throughout the day, round-table discussions will be presented allowing participants to learn about such topics as stress management, demystifying computers, personal financial planning, and balancing family relationships and a career and attacking mathematics anxiety.

Roundtable participants include: Daisy Stallworth, Senior Program Development Specialist, City of Tacoma; Julianna Guy, station manager, KCPQ-TV, Channel 13; Dick Hubert, President, Apple Puget Sound Program Library Exchange President; Diane Basham, TCC instructor, and marriage and family counselor; Bill Helgeson, TCC instructor and consultant for computer system planning and integration; Dr. Nanette Newell, former Lakewood resident and assistant professor of biology at Reed College in Portland, Ore., genetics engineering

researcher; Amory Peck, human resources development specialist, Employment Security Department, State of Washington; Deborah Vick, an attorney and tax consultant with Touche Ross, Inc. in Seattle; Margaret Herzog, PLU mathematics faculty member; and Clare Mezel, mental health counselor with Greater Lakes Mental Health Center.

Sponsors for the annual event are: The American Association of University Women, Tacoma Area Chamber of Commerce, Tacoma-Pierce County YWCA, South Sound Women's Network, Zonta International, TCC Associated Students and the TCC Department of Continuing Education and Community Services.

Fee for the symposium is \$10 and one college credit is available by arrangement with the TCC continuing education department. Lunch reservations are available through the TCC cafeteria. Symposium pre-registration may be completed in the Admissions Office, Bldg. 2 on the TCC campus or at the symposium, May 16, in Bldg. 3. For complete information call 756-5018.



1980 WORLD CUP **PROFESSIONAL CABARET WINNERS**

Westwater Inn

Park Drive

Olympia, Wa (Just off I-5 at Exit 104)

DON'T MISS THIS FABULOUS DISPLAY OF TALENT!

RECREATION IDE 18 hrs/wk - 6 mos. exp. w/ disabled individuals - H.S. dip. or GED - valid WSDL. 4.00/hr CASHIER	DINNER will be served at 8:00 Doors open at 7:30
20 plus hrs/wk including Sats/Suns-balance cash. 3.40/hr TYPIST 2 yrs. exptype 45 wpm - statistical typing - 10hrs/wk. 5.00/hr	\$25.00 + tax per reservation
TRAVEL AGENT 12 plus hrs/wk-6 mos. to 1 yr exp airline ticketing knwldg. 4.00/hr SHORT ORDER COOK Hrs to vary - no exp. req. but prfrd-must be bondable. 3.85-4.00/hr	Includes: • DINNER • SHOW • GENERAL DANCING
DIAL-A-JOB All Jobs listed on 24hr line Please Call: 593-2682 All Service is Free. FOR FURTHER INFORMATION PLEASE CALL: 593-2400.	Sponsored by: STEVE STOUDT JEAN MILANO DAVE WEYMOUTH

	TICKETS AVAILABLE AT:	by the major Chevelend index	TACOMA PERFORMING DANCE CO.
D	Bon Marche, Tacoma Mall Tacoma, WA (206) 475-4000	Budget Tapes & Records 214 West 4th Olympia, WA (206) 943-9181	IN Walt's Dances AND
5	Rainy Day Records Westside Center Olympia, WA. (206) 357-4755	Tigard Plaza Dance Center Tigard Plaza, Suite 115 Tigard, Oregon (503) 620-8553	My Heroes Have Always Been Cowboys
	TICKETS AVAILABLE UNTIL MAY 14, 1981	JO EMERY BALLET SCH. 7106 - 6th Avenue Tacoma, WA. (206) 564-9884 or 588-9322	AND TRACY KAYE & TIM NIELSON DEMONSTRATING
	A portion of proceeds Tacoma Performin For further infor (206) 564-9884 or	g Dance Company mation, call:	Latin American Ballroom Dancing AND THEIR Award Winning Charleston



Billings to build TCC, break 'Centralia pipeline'

by Rita Fleischmann

Six

After several successful seasons as head coach of men's basketball at Lincoln High School, Ron Billings has announced his resignation to assume the task of re-building TCC's men's basketball program. Billings is excited about the challenge, and already has several concrete ideas concerning recruitment

for the team, keeping the players on the team once they are recruited, and turning around students' attitudes towards the basketball program and sports in general.

Billings' first priority is local recruitment-keeping the Tacoma area players in Tacoma. "If you're going to compete with the Centralias that are beating Tacoma with

Tacoma area players, it's going to take some money. I talked to students right here at Lincoln just when I took the job that said, 'Well, I'd rather go to Green River or Centralia, because at least athletically...' and you're going to have to offset that, if you possibly can." Billings wants players that will perform well academically, as well as on the basketball

court. "What we're going to have to do is try to get the good student athlete—with 'he emphasis on 'student,' sc there's not the chance of losing the kid after one year." Billings stated that so many times in the past, the student comes to TCC the first year, does poor academically, and loses his financial aid so that he cannot return for a second season.

Billings remembers when TCC basketball was really "it" a few years ago: "It used to be that TCC was in the limelight because of athletics-primarily because of men's basketball. can stay at home. "It's like a pipeline to Centralia," Billings commented about Tacoma.

Billings believes that attendance at games lies in the community. "If you have Tacoma area ballplayers, then I think you'll get that younger kid that will come and see his friends play. There was a lot of interest when Centralia played Tacoma at Tacoma-a lot of kids in Tacoma came out to see their friends from Centralia play."

Billings stressed that it might take a couple of years to get his program started, and that he is

'What we're going to have to do is try to get the good student athlete - with the emphasis on 'student,' so there's not the chance of losing the kid after one year.' - Ron Billings.

They (the TCC administration) are in the process of trying to get that back again, because they realize that it's important public relations wise." Billings says he has the support of the administration, as well as support from task force recommendations. He also noted that in the past, the ASTCC senate has been supportive.

According to Billings, "We don't need that many people just enough to get people in-terested." Tacoma area players need to be convinced that TCC can offer them the same type of sports programs that Centralia Junior College and Green River Community College, and they

primarily interested in recruiting from the Tacoma -Pierce County area, the Seamount, Puget Sound, and the Narrows leagues. "If we need a real key kid, then we might bring in one guy, but it would be on a financial aid type of thing-it wouldn't be taking any money from TCC."

Next year will be a building year for us; we got started kind of late in recruiting-we lost a couple of key kids, but if we can compete, if we can offer them the same things that the others do, then I think that we can get them-there's a lot of good players out there and we've got to get them."

photo/Paul Petrinovich

For Ron Billings, next year will begin TCC's hoop domination.

Titan baseball on the move

George Freeman

For a Titan baseball team to win a game used to be a real happening. That of course was before Norm Webstad and company. Now the story is different.

The '81 Titans, a young and explosive team, are well on their way to their finest season. Their 14 wins of this season may be more victories than a Titan team has amassed in all previous years.

"TCC's program is one of the most improved in the state" according to a major league scout. Coach Webstad isn't positively sure why.

"Maybe it's our hitting," said

Troy Hanson and Steve Isom .357, Don Hitch .350 and Charles Lewis .345.

"Then again it may be our pitchers," Webstad added. Ted Walters and Pat McCleod have yet to lose. Walters has three wins and an earned run average (ERA) of 2.44 and McCleod has two wins with a ERA of only 1.15.

The Titan team has made great strides under Webstad. In his twin seasons he has led the Titans to winning baseball. He has also helped individuals receive high honors.

Rich Elkin, the team's assistant coach, was the first player from TCC to be drafted the majors when the Cleveland Indians signed him. Mike Weise, also from last year's ball club, was selected to the Allstate team as an infielder.

Gerald Nelson: Unbeaten in America's favorite racquet

by Willie C. Williams

Tennis has become one of America's favorite forms of recreation and entertainment. It is now ranked with football, baseball, and basketball as one of the major professional sports and Gerald Nelson is one of the many who have helped tennis to reach this plateau.

Nelson is the top player on TCC's men's tennis team and this is his first season here. He is undefeated in men's singles and doubles.

Nelson has been playing tennis since he was 15 years old. He is now 26. He has been ranked in the top 20 in the Pacific Northwest for the last three years. When asked to what he attributes his outstanding playing ability, Nelson replied: "One has to play tennis year 'round to be good, as players and competitors are good and I was inspired by

Jimmy Connors." Nelson normally practices two to three hours a day, but due to school he only practices six hours a week.

In spite of Nelson's playing ability, he also attributes his being unbeaten to his doubles partner, Ed Ford. He says Ford is an invaluable asset when it comes to men's doubles.

To dispell the myth that most athletes lack intellect, Nelson holds a B.A. in Forrestry from the Evergreen State College, did graduate work at the University of Washington, and is studying engineering here at TCC. He is employed by the state department of transportation in Olympia, and has been a member of the Tumwater Racquet Club for the past four years.



Webstad. The Titans have fine hitters well over .300 with Daryl Johnson leading the way hitting a solid .375 batting average. More hot hitting Titans are:

> THE ARNOLD AIR SOCIETY PRESENTS: THE 2ND ANNUAL efiance PI. DEFIANCE ,5AI.

APPLICATIONS ARE AVAILABLE: In local sports stores an

Friday, May 8, 1981; Challenge

Trillium: The man, the magazine

the Arts

by John Ellison

In a recent interview with the founder of TCC's literary magazine **Trillium** (now in its seventh year), John Wong spoke of his work with the faculty, student government and the school's artistic community.

In 1975, the magazine was founded with the assistance of Joanne McCarthy, who is currently teaching English at TCC. Since nothing like this magazine existed at the school, Wong had to create everything from actual printing to generating student interest. This he did in two quarters.

Q Why did you choose to attend TCC? A I chose to take a few courses before I enrolled at the University of Puget Sound, and at the time I

didn't have a major. I had finished some work at Purdue University in chemistry. I began at TCC while planning my transfer to UPS. I was not majoring in the arts.

How long were you at TCC?

A I was there for two quarters. I ended up in Philosophy. I took a few classes at TCC and received my BA in Philosophy at UPS.

V Did you pursue art while at TCC?

A Yes, at the time I was writing a great deal of poetry. I spent a lot of time during college writing.

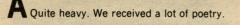
Why did you decide to create a literary magazine at TCC?

A I had looked for a magazine, a literary publication to work with and discovered TCC did not have one. So I decided they should have one.

I was interested in putting together an art and literary publication. My interest was mostly out of management and production of the publication.

Q How did you join up with Joanne McCarthy when you had a background in chemistry and an interest in philosophy?

A Because I was getting material from the English classes and recruiting faculty advisors, I came in contact with the department and Joanne graciously volunteered Were submissions to the magazine heavy when you first advertised that there would be a magazine?



Did you use many magazines put out by other colleges as models to work by?

A Yes. Joanne McCarthy was very helpful in introducing me to some of the local vanity press. I used a lot of ideas from those magazines.

Y How difficult was it to get a budget for Trillium?

A First of all, there was no budget. Trillium was a completely new idea. The newspaper had been printing poetry every once in a while, but there was no formal literary magazine.

There was some resistance getting the money simply because I couldn't come up with how many students per dollar I would be able to reach. The way the student Senate was thinking at the time was to apply cost benefit analysis to all of its programs and projects. You just can't do that with an art and literary magazine, particularly a new publicataion that's just beginning to build readership.

Is it tough getting through a budget committee with a program designed purely for student benefit and did you know when you started Trillium there would be no return profit?

A To the first question, yes it is difficult depending who is on the Senate at the time. It's difficult to build an argument when you're asking for a substantial slice of the student government pie and you can't justify the number of readers you will reach.

As for profit, it's not the nature of a vanity press to make a profit. It's a showcase, and I think it's a very important showcase for creative work.

When you put the magazine together did you feel it would benefit TCC students?

A I think measureably. It's a chance for people to showcase their work. It's a chance for students to feel more like a creative community, whether it's in the adventure of ideas or in their specific art form.



photo/Paul Petrinovich

the process of editing and so forth. It was a long and difficult task.

Personally, I had a great sense of accomplishment. I started with a major production and saw it through to the end. It taught me a great deal about deadline, about recruiting and managing people. I enjoy planting seeds.

When you left TCC did you feel there would be more issues of Trillium in the future, that it would last?

A Yes, I did, and still do.

Editorial Comment

TACOMA LITTLE THEATRE

Have you ever bought a Trillium?

by John Ellison

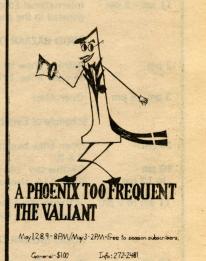
A lack of interest on the part of both students and faculty at TCC is allowing **Trillium**, the TCC literary magazine, to be pushed aside. copies of the magazine would be picked up, though there is no proof that it would help matters at all.

The 1980 budget that ap

down of less money, the 1982 magazine appears to be dead.

Of course the same people who cut the budget have graciously suggested that the faculty advisors to the magazine go out and sell ads that would appear in the publication. Three hundred dollars worth of ads? With ads costing that much money, **Trillium** would be pressed to find space for the art and literature. best creative talent appears in there.

As for the price, there isn't much else that 50 cents will buy. And that 50 cents will help to illustrate to the budget people



For those who have no idea what Trillium is, it's a yearly publication put out by the Associated Students of TCC and contains poetry, fiction, essays and art produced by TCC students and faculty. The submissions to the magazine are selected by a student board of editors and two advisory faculty members. The magazine appears in late May in the bookstore for 50 cents per copy.

Trillium is not a yearbook. Because a lot of people see it that way, it doesn't sell. People assume it should be free and if it were, perhaps a few more proved Trillium as it had exist-

ed since its conception in 1975 gave the magazine enough money to continue as it has. The 1981 magazine, in the process of production, received and reflects that gesture. But the 1982 magazine may never exist. The money usually allowed for the project has been cut by 300 dollars. Printing costs are certainly not going down.

Budget committee personel have attacked the magazine, comparing it to an item as useful as the Sears and Roebuck catalog. Some have called the magazine old hash. Is it this reasoning that will eliminate Trillium? With their handing Trillium can't support itself. Selling ads or raising the purchase price won't save the publication when students will not even look at the magazine. The primary factor is the students. Go out and buy a copy of last years Trillium (the 1981 Trillium will be out in late May of this year) and read through the material. Some of TCC's that students do buy the magazine and that perhaps it is a worthy venture for TCC to enter into each year.

But the budget has been cut, this year, 300 dollars less, which will mean that the magazine will survive in half to two thirds less its original design in 1982, if at all. Faculty members involved with the magazine can't hustle ads on their own time on top of their already filled schedules. The magazine wasn't set up that way. It was set up for collecting work and exhibiting TCC talent. This year's cut is going to kill a great idea and put TCC one step backward in its understanding of the arts.

in the ward with the to star which the

PRESENTS A FESTIVAL OF ONE - ACTS



Coming Soon - Paris

by Scott Wagner So, you don't like rock-n-roll? If you listen to Paris, you might change your mind.

Paris is a recently-formed, local band, scheduled to play Friday May 15, in the TCC cafeteria. It will be a 3-hour show, starting at 8 p.m.

Members of the group are confident about their future, as keyboardist Ken Cummings says, "I see money. We hope to get a single out next fall, then tour through Utah. There are some people in Salt Lake who like our sound." Paris has some ties with a radio station in Salt Lake. "All we need is air time and we can make it to the big leagues," says Paul Jackson, who plays lead guitar.

For the time being, Paris is playing Tacoma and Seattle area colleges and high schools. Head vocalist Bob Beaulieu points out, "We can't play clubs ... legally anyhow. A few of us are still under age." Paris has played at an under-21 night club in Seattle called Mr. Bill's and will probably be playing there various times throughout the summer.

And what does the name "Paris" have to do with rock music? Bass player Rick Lovrovich says, "We wanted a class name that fits our look. We don't want the public to think we are left-over hippies from the 60's."

Campus

What is life like playing in a band? "Sometimes it can be a real bummer, especially when we're on the road. This coming weekend we are putting on three shows in two days. The hard part is they are about 300 miles apart. Playing so many gigs in a row can really wear you out," Lovrovich says.

The thing that wears Greg Jackson out on drums and percussion (he's no relation to Paul Jackson) is the food he eats, "In an average day on the road I eat maybe two tins of tuna and a dozen or so Oreo cookies."

Another myth Jackson would like to shoot down is that one about 16 women waiting for every band member after a performance. "It just isn't true," he says. "Actually there are only 10."



Paris, (from left) Ken Cummings, Greg Jackson, Bob Beaulieu, **Rick Lovrovich**, Paul Jackson

Watch out for sugar!

by Julie Forrest

A nutrition workshop was held by nutritionist Gail Bryant of the Pierce-County Health Department at TCC on May 4.

Bryant talked about sugary foods and how to look at store food ingredients and its nutritional value. With every sugary food intake, the teeth get a "20-minute exposure to acid," Bryant said. That is what causes cavities.

Many people believe honey is a nutritious sweetener and use it instead of sugar. But this belief is a "myth," Bryant said. It has small vitamin and mineral content, and may be worse than sugar because it sticks to the teeth.

On the average, dry cereal is 50 percent sugar, Bryant said, but most cooking cereals have none. Names can be very deceiving-Quaker 100 percent Natural Cereal has 9 teaspoons sugar per cup; so does Nature Valley Granola! However, Cheerios does not have much sugar, and Roman Meal and

Shredded Wheat have none.

TV plays a big part in selling foods. The average child sees 100 commercials daily, Bryant said. And frequently, children want the food they see ad-vertised. Stores place foods,

Music auditions being held

such as candy and cereal, on shelves at kids' eye-level so they can easily see and reach the food.

There are a lot of foods that are processed with sugar, but are not sweet: potato chips, salad dressing, catsup, hot sauce, crackers and canned food, to name a few.

So with all the sugar in food, how can a person lose weight? One way is to be calorie-conscious. A person who needs 2000 calories daily should subtract 500 calories a day, Bryant says, to lose one pound in a week. Staying on this diet will help, but getting below a 1200-calorie intake is harmful to adults, because they begin to lose nutritional values as well, Bryant warned.

Many people are not overweight, but get the sugar blues. They rush off to school or work after a donut and sugary cup of coffee, and feel fine for an hour or so. But then they begin to feel tired or depressed when the sugar has passed through their body, since there were no nutritive values in their breakfast to sustain them.

Another problem with being tired is a lack of iron. The absorption of iron depends on the nutritive condition of the body. If your body is deficient...it will absorb more," Bryant said.

But some iron is easier to absorb than others. Heme iron, ound in red blood, is most

allowance of a nutrient, such as Vitamin A, the body does not absorb all of it, Bryant said. So a person may not be overworked and undernourished. He (or she) may just be lacking a certain vitamin or mineral. So be conscious of vitamins and minerals, not just "nutritious" food. Being a student, it helps to be healthy.

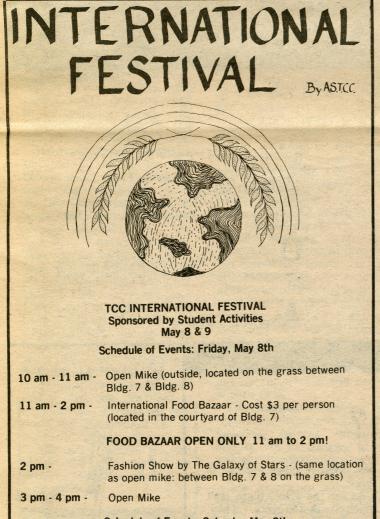
Eight

Concert Choir invited to CWU

The TCC Concert Choir has been invited to Central Washington University, May 16 and 17, to a festival honoring Dr. Wayne Hertz, reknowned N.W. music educator.

The festival combines choirs TCC, from Wenatchee, Yakima Community College and CWU Central singers for a combination choral per-formance and solo choral selections by each choir.

May 16 includes rehearsals and a night concert of solo choirs. The morning of May 17, the TCC Concert Choir will sing anthems as a guest choir at the First Episcopal Church at 10 a.m., after which will be afternoon rehearsals and a 3 p.m. concert of the combined choirs performing R. Thompson's Peaceable Kingdom.



Schedule of Events: Saturday May 9th

10 am

Open Mike begins (outside located between Bldg

10 am -	7 & 8)
10 am - to 12 pm	Cynthia Orr, Storytelling "workshop" - (located in Bldg. 11A, also known as the student lounge)
11 am to 2 pm -	International Food Bazaar - Cost \$3 per per person (located in the courtyard of Bldg. 7)
	FOOD BAZAAR OPEN ONLY 11 am to 2 pm!
12 pm - to 1 pm	Fashion Show by The Galaxy of Stars (located Bldg. 7 & 8)
1 pm - 2 pm - 3 pm -	Open Mike (outside, between Bldg. 7 & 8) Cynthia Orr - Storytelling Performance "Wisdom of Idiots" (Bldg. 11A)
3 pm to 4 pm -	Closing of Festival - International "Get-together" - Bldg. 7
2 pm - 3 pm -	Cynthia Orr - Storytelling Performance "Wisdom of 1 Idiots" (Bldg, 11A)
3 pm to 4 pm -	Closing of Festival - International "Get-together" - Bldg. 7

Music department auditions are now being held for various departments: The Clef Dwellers, TCC's show choir; TCC Jazz Emsemble instrumental; TCC String Quartet; and TCC Chamber Orchestra. Audition dates are May 8 (4-6 p.m.), May 9 (10 a.m.-noon), May 22 (4-6 p.m.) and May 23 (10 a.m.-noon) in Bldg. 3. Auditionees should have a tune of their own selection to sing or play for the audition. Send in a postcard found on bulletin kiosks on car r call 756-5060 ar e Nelson or Dave

easily absorbed. Iron from dark green, leafy vegetables, whole grains and legumes are less easily absorbed. So it may help to take iron supplements.

On store food labels, the ingredients and the recommended daily allowance (RDA) is shown. Look at the ingredients; they are listed in greatest to smallest amounts. Sugar is at the top of the list. There are also other sugars to look for that may given later in the list too, such as corn syrup, dextrose, sucrose, maltose, molasses and raw turbinado.

Although the RDA may say the food has a 100 percent

